

Autumn in northern and eastern China experiences warm weather but temperatures definitely get cooler towards the end of the year. By mid-October there are occasional days at freezing temperatures. The Yangtze and southern regions have milder temperatures for longer but can have damp, cool days. The Tibetan plateau experiences a greater range of temperatures than the other regions of China. No matter what time of year, or how warm the average temperature is, sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. The sun is also much stronger at high altitude so you will get sunburnt much more quickly. Weather patterns throughout the world are changing which have resulted in varying weather conditions. For instance in late 2009 and February 2010 some of the major cities in China saw heavy snow falls. We suggest that prior to your departure you check the current weather forecast. If you have internet access, go to <http://worldweather.wmo.int> and click on CHINA then the relevant city you will be visiting.

Consider your packing carefully. You will need to bring clothing to suitable for sun exposure and mild temperatures, as well as water/windproof clothing for the possible freezing conditions. Generally, dark coloured, drip-dry clothes are recommended. Loose fitting, lightweight cotton materials are the most comfortable for humid and warm conditions, layers of warmer clothes for cold conditions and a warm water/windproof jacket. The dress code throughout the tour is casual however, it is important that all passengers dress conservatively. Smart casual clothes are highly recommended for evening banquets and shows.

Refer to [Pre-Departure Information – China & Tibet](#) about how to dress appropriately for this culture and advice about choosing your luggage.

These are averages!	October			November		
	Temp °C min/max	Humidity	Rain mm	Temp °C min/max	Humidity	Rain mm
BEIJING	7/19	MED	19	-0.4/10.1	MED	6
XIAN	9/19	MED	66	2/12	MED	26
CHONGQING	16/21	HIGH	96	11/15	HIGH	53
CHENGDU	14.5/20	HIGH	39	9/15	HIGH	17
LHASA	1/16	HIGH	10	-4/11	HIGH	1.7

*Here is an example of a packing list for this time of year:*

- main luggage**
- 'daypack'** - a smaller bag to carry with you during the day
- luggage padlocks**
- money belt** to carry passport, cash, travellers' cheques, credit cards, airline tickets, etc
- trousers** (or long skirts for women)
- shirts or long-sleeved tops** of light cotton material
- walking shoes and socks** – it is important to have sturdy and comfortable shoes for sightseeing every day
- sun protection** – hat, sunscreen and lip balm
- personal medical kit** – refer to [Pre-Departure Information – China & Tibet](#)
- antibacterial wipes** – wipes such as 'Wet Ones' to clean hands before eating
- tracksuit/similar outfit** of soft material is recommended for the overnight train journeys
- Small towel or face cloth** is also useful for overnight train journeys
- a water/windproof jacket**
- light jumpers and thermals** are great for layering, **gloves and scarf**
- a 'modesty shawl'** or sarong to wear in Muslim or conservative areas (for women)
- torch, conversion plug and spare batteries** – batteries available to buy in China tend to be unreliable
- Scarf or bandana** – useful to protect your face against dusty winds at high altitude
- spare glasses** – it is difficult to get any prescription lenses repaired or replaced in China
- toilet paper** – not all sightseeing public toilets will provide this
- snacks** - tea/coffee bags, milk powder or sachets, instant soups or noodles, drinking chocolate, muesli, energy or snack bars, vegemite or anything else you can't live without!

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This packing list has been compiled from suggestions by our previous passengers and our staff in China – it is a guide only.

Wendy Wu Tours recommends you check recent weather conditions before your departure.

For updated pre-departure information, news about China and more – go to our website at [www.wendywutours.com.au](http://www.wendywutours.com.au)

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