



**WENDY WU TOURS**

# Suggested Packing List HIMALAYAN KINGDOMS

March, April and May

North-eastern India and southern Bhutan have a sub tropical climate and this time of year is their equivalent to spring before the monsoon season. The lower altitude coastal plains experience warm and humid weather with cooler evenings. The higher altitude hill stations of Sikkim and mountainous areas of Bhutan are also at their most pleasant, although temperatures are significantly lower and there are occasional heavy rains. Remember that at higher altitude, no matter the time of year; sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. The sun is also much stronger so you can be sunburnt more quickly.

Generally, dark coloured, drip-dry clothes are recommended. Loose fitting, lightweight cotton materials are the most comfortable for humid and warm conditions, layers of warmer clothes for cold conditions and a warm water/windproof jacket. The dress code throughout the tour is casual however, it is important that all passengers dress conservatively. Smart casual clothes are highly recommended for evening banquets and shows.

Refer to Your Travel Guide's TRAVEL WITH CONSIDERATION section about appropriate dress in this culture, ACCOMMODATION about laundry facilities and LUGGAGE about choosing your luggage.

These are averages!	MAR			APR			MAY		
	Temp °C min/max	Humidity	Rainfall mm	Temp °C min/max	Humidity	Rainfall mm	Temp °C min/max	Humidity	Rainfall mm
KOLKATA [Calcutta]	20 / 34	HIGH	30	24 / 36	HIGH	50	26 / 36	HIGH	135
DARJEELING	8 / 15	MED	52	11 / 18	MED	109	13 / 19	HIGH	187
GANGTOK	9 / 19	LOW	142	12 / 22	LOW	222	14 / 22	MED	493
THIMPU	4 / 16	LOW	18	7 / 20	LOW	22	13 / 23	LOW	45
WANGDUEPHODRANG	10 / 22	LOW	21	13 / 25	LOW	52	17 / 28	MED	60

*Here is an example of a packing list for this time of year:*

- main luggage**
- 'daypack'** - a smaller bag to carry during the day
- luggage padlocks**
- money belt** to carry passport, cash, travellers' cheques, credit cards, airline tickets, etc
- sun protection** – hat, sunscreen and lip balm
- personal medical kit** – refer to Your Travel Guide
- antibacterial wipes** – wipes such as 'Wet Ones' to clean hands before eating
- walking shoes and socks** – bring some shoes that are sturdy, comfortable and easy to slip on and off as you will need to take off your shoes frequently while sightseeing. Bring a **pair of thick, old socks** to carry in your daypack, which you can wear to protect your feet from any rough or hot ground
- a 'modesty shawl'** or sarong to wear in conservative areas (for women)
- electricity conversion plug, spare batteries for camera and/or electrical devices, spare film and/or memory card** – those available in India to be poor quality, sun damaged or fake. It is far easier to rely on genuine batteries, film and other devices bought in Australia. If you have a rechargeable camera battery, you should also bring a spare just in case
- spare glasses** – it is difficult to get any prescription lenses repaired or replaced in India
- trousers/shorts (or skirts for women)** that reach below the knee
- a pair of jeans or full length trousers**
- long-sleeved shirts/tops** of light cotton material
- short-sleeved shirts/t-shirts**
- light jumpers or thermals** are great for layering, **gloves and scarf**
- a light waterproof jacket/poncho/umbrella** in case of rain in humid weather
- a warm water/windproof jacket**
- a torch** and supply of reliable batteries – for darkened monasteries, tented camps, etc
- scarf or bandana** – useful to protect your face against dusty winds at high altitude
- earplugs** to help you get to sleep if there dogs barking in Bhutan
- small bath towel** – just in case remote accommodations don't have them

This packing list has been compiled from suggestions by our previous passengers and our staff in India and Bhutan – it is a guide only.

Wendy Wu Tours recommends you check recent weather conditions before your departure.

For updated pre-departure information, news about India, Bhutan and more – go to our website at [www.wendywutours.com.au](http://www.wendywutours.com.au)



**WENDY WU TOURS**

# Suggested Packing List

## HIMALAYAN KINGDOMS

September, October and November

North-eastern India and southern Bhutan have a sub tropical climate and this time of year is their equivalent to autumn after the monsoon season. The lower altitude coastal plains experience warm and humid weather with cooler evenings. The higher altitude hill stations of Sikkim and mountainous areas of Bhutan are also at their most pleasant, although temperatures are significantly lower and there are occasional heavy rains. Remember that at higher altitude, no matter the time of year; sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. The sun is also much stronger so you can be sunburnt more quickly.

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	Temp °C min/max	Humidity	Rainfall mm	Temp °C min/max	Humidity	Rainfall mm	Temp °C min/max	Humidity	Rainfall mm
KOLKATA [Calcutta]	26 / 32	VERY HIGH	253	24 / 31	HIGH	134	18 / 29	HIGH	29
DARJEELING	15 / 20	HIGH	419	11 / 19	HIGH	116	7 / 15	MED	14
GANGTOK	16 / 23	HIGH	476	12 / 22	LOW	152	9 / 19	LOW	35
THIMPU	15 / 23	HIGH	86	10 / 22	MED	20	5 / 18	LOW	5
WANGDUEPHODRANG	19 / 27	MED	100	15 / 26	LOW	62	11 / 22	LOW	13

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