





Suggested Packing List - India, Nepal & Bhutan

We recommend that you check the weather forecast prior to your departure so that you can pack accordingly.

The best times to visit India are at the beginning and end of the year in the beginning and end of the cool season. Daytime temperatures are still quite high, but evenings are dryer and cooler. If your tour visits mountains or hill stations, temperatures and humidity levels will be significantly lower so you will need to take warmer clothes with you. The major cities in India are becoming increasingly westernised in their clothing and attitudes, however in the smaller towns and villages people still dress a little more traditionally and conservatively.

If you are visiting Ladakh, Little Tibet:

The best months to visit are **June, July, September, October and November**. These times of year experience the most favourable weather in Ladakh, when there is minimal rainfall and the best road conditions possible. However, no matter the time of year, or how warm it is, sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. The sun is also much stronger at high altitude so you can be sunburnt more quickly.

These months are also the start and end of the hot season in Delhi and Amritsar so temperatures and humidity levels are higher. (See weather temperatures for Delhi, Amritsar, Dharamsala, Leh and Manali)

If you are visiting the Himalayan Kingdoms:

North-eastern India and southern Bhutan have a sub-tropical climate. During the months of March, April and May it is their equivalent to spring before the monsoon season and during the months of September, October and November it is their equivalent to autumn after the monsoon season – during these months it is the coolest and driest time of year. The lower altitude coastal plains experience warm and humid weather with cooler evenings. The higher altitude hill stations of Sikkim and mountainous areas of Bhutan are also at their most pleasant, although temperatures are significantly lower and there are occasional heavy rains. Remember that at high altitude, no matter the time of year; sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. The sun is also much stronger so you can be sunburnt more quickly. (See weather temperatures for Kolkata, Darjeeling, Gangtok, Thimpu and Wangdue Phodrang). The monsoon usually arrives in mid-June, with light rain falling mainly in the afternoons and evenings.

Consider your packing carefully. Generally, casual clothes are recommended. Loose fitting, lightweight cotton materials are the most comfortable for humid weather, while layers of warmer clothes are advised for cooler evenings. A waterproof jacket will be required for the wetter conditions in April. The dress code throughout the tour is casual; however, it is important that all passengers dress conservatively. Smart casual clothes are suitable for evening banquets and shows, but are not compulsory.

Refer to your <u>Travel Guide/Fact Sheet</u> about how to dress appropriately for this culture and advice about choosing your luggage. Please note, due to restrictions on your internal flights, your luggage allowance is **15kg for checked luggage** and 5 kg for hand luggage.

Example packing list:

- ✓ Your travel documents and passport including a photocopy of your passport in case it is lost or stolen whilst you are travelling. Keep one photocopy at home and take another photocopy on your trip with you.
- ✓ Main luggage and 'day bag' a smaller bag to carry with you during the day.
- ✓ Luggage padlocks.

Average	February						
temperatures	Temp °C Humidity Ra						
	min/max		mm				
DELHI	10 / 24	HIGH	20				
AGRA	8 / 26	MED	18				
JODPHUR	12 / 28	LOW	5				
KHAJURAHO	11 / 28	MED	28				
VARANASI	11 / 27	MED	8				
MUMBAI	18 / 31	MED	1				
	25 / 31						
KOCHI [Cochin] KOVALAM /		MED	20				
TRIVANDRUM	23 / 31	HIGH	20				
-	7/20	MED	10				
OOTY [highlands] CHENNAI	7/20	MED	10 10				
[Madras]	21 / 31	HIGH	10				
•	6 / 17	LOW	10				
KATHMANDU	6 / 17		10				
Average	T °C	March	D :				
temperatures	Temp °C	Humidity	Rain				
	min/max		mm				
DELHI	15 / 30	HIGH	10				
AGRA	16 / 32	LOW	9				
JODPHUR	17 / 33	LOW	3				
KHAJURAHO	15 / 34	MED	8				
VARANASI	17 / 33	HIGH	3				
MUMBAI	21 / 33	MED	0				
KOCHI [Cochin]	26 / 31	HIGH	40				
KOVALAM /	25 / 32	HIGH	40				
	25 / 32	пібн	40				
TRIVANDRUM OOTY [highlands]	0/22	MED	25				
	9 / 22	MED	25				
CHENNAI	23 / 33	HIGH	10				
[Madras]	10 / 21	1611	20				
KATHMANDU	10 / 21	LOW	30				
KOLKATA	21 / 34	HIGH	33				
[Calcutta]	6/11	1450	45				
DARJEELING	6/14	MED	45				
GANGTOK	9/18	LOW	122				
THIMPU	4/16	LOW	23				
WANGDUE	10 / 23	LOW	21				
PHODRANG							
Average		April					
temperatures	Temp °C min/max	Humidity	Rain				
	max max		mm				
DELHI	21 / 36	MED	10				
AGRA	22 / 38	LOW	6				
JODPHUR	23 / 38	HIGH	3				
KHAJURAHO	22 / 40	MED	5				
MADANIAGI	22 / 39	HIGH	4				
VARANASI	22 / 33						
MUMBAI	24 / 33	HIGH	0				
MUMBAI							
	24 / 33 26 / 31	HIGH	120				
MUMBAI KOCHI [Cochin]	24 / 33						
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM	24 / 33 26 / 31 26 / 32	HIGH VERY HIGH	120 110				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands]	24 / 33 26 / 31 26 / 32 11 / 22	HIGH VERY HIGH MED	120 110 75				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI	24 / 33 26 / 31 26 / 32	HIGH VERY HIGH	120 110				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras]	24 / 33 26 / 31 26 / 32 11 / 22 26 / 35	HIGH VERY HIGH MED HIGH	120 110 75 10				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU	24/33 26/31 26/32 11/22 26/35 13/25	HIGH VERY HIGH MED HIGH	120 110 75 10				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU KOLKATA	24 / 33 26 / 31 26 / 32 11 / 22 26 / 35	HIGH VERY HIGH MED HIGH	120 110 75 10				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU KOLKATA [Calcutta]	24/33 26/31 26/32 11/22 26/35 13/25 25/36	HIGH VERY HIGH MED HIGH MED HIGH	120 110 75 10 30 51				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU KOLKATA [Calcutta] DARJEELING	24/33 26/31 26/32 11/22 26/35 13/25 25/36	HIGH VERY HIGH MED HIGH MED MED MED MED	120 110 75 10 30 51				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU KOLKATA [Calcutta] DARJEELING GANGTOK	24/33 26/31 26/32 11/22 26/35 13/25 25/36 9/17 12/21	HIGH VERY HIGH MED HIGH MED MED MED MED MED MED	120 110 75 10 30 51 104 270				
MUMBAI KOCHI [Cochin] KOVALAM / TRIVANDRUM OOTY [highlands] CHENNAI [Madras] KATHMANDU KOLKATA [Calcutta] DARJEELING	24/33 26/31 26/32 11/22 26/35 13/25 25/36	HIGH VERY HIGH MED HIGH MED MED MED MED	120 110 75 10 30 51				







Average	May							
temperatures	Temp °C Humidity Rain							
temperatures	min/max	Trainiarty	mm					
	,							
DELHI	26 / 40	MED	10					
AGRA	26 / 42	LOW	11					
JODPHUR	27 / 41	MED	10					
KHAJURAHO	27 / 42	MED	9					
VARANASI	26 / 41	HIGH	10					
MUMBAI	27 / 33	HIGH	21					
KOCHI [Cochin]	26 / 31	HIGH	310					
KOVALAM /	25 / 31	VERY	200					
TRIVANDRUM		HIGH						
OOTY [highlands]	11 / 22	HIGH	148					
CHENNAI	28 / 37	HIGH	40					
[Madras]								
KATHMANDU	17 / 26	HIGH	100					
KOLKATA	26 / 36	HIGH	126					
[Calcutta]								
DARJEELING	12 / 19	HIGH	182					
GANGTOK	14 / 22	HIGH	527					
THIMPU	13 / 23	LOW	122					
WANGDUE	17 / 29	MED	60					
PHODRANG								
Average	June							
temperatures	Temp °C	Humidity	Rain					
	min/max		mm					
DELHI	28 / 40	MED	60					
AMRITSAR	26 / 41	LOW	32					
DHARAMSALA	22 / 31	MED	100					
LEH	6/21	LOW	4					
MANALI	12 / 27	2 / 27 LOW						
Average		July						
temperatures	Temp °C	Humidity	Rain					
	min/max		mm					
DELLU	27 / 25	VESY	200					
DELHI	27 / 35	VERY	200					
ANADITCAD	26 / 27	HIGH	116					
AMRITSAR	26 / 37	HIGH	116					
DHARAMSALA	20 / 27	HIGH	810					
LEH	10 / 24	LOW	10					
MANALI	15 / 26	LOW	217					

- ✓ Money belt to carry passport, cash, credit cards, airline tickets, etc.
- ✓ Comfortable trousers & shorts (or skirts for women).
- ✓ Shirts or long-sleeved tops of light cotton material.
- ✓ Walking shoes, sandals and socks it is important to have sturdy and comfortable shoes for sightseeing every day.
- ✓ A water/windproof jacket and small umbrella.
- ✓ Sun protection hat, sunscreen, sunglasses and lip balm.
- ✓ Personal medical kit please refer to your *Travel Guide*.
- ✓ Antibacterial wipes and or gel to clean hands before eating.
- ✓ Some clothing covering the knees and shoulders for visits to religious sites. Women may find a 'modesty shawl' or sarong useful.
- ✓ Old pair of socks to wear when visiting temples.
- ✓ Small torch, conversion plug and spare batteries batteries available to buy locally tend to be unreliable.
- ✓ Scarf or bandana to protect your face against dusty winds in high altitude areas.
- ✓ Spare glasses/contact lenses it is difficult to get any prescription lenses repaired locally.
- ✓ Toilet paper not all sightseeing public toilets will provide this.
- ✓ Snacks tea bags/coffee, milk powder or sachets, muesli bars, instant soups or noodles, or anything else you can't live without!
- ✓ Camera and spare film/memory card film available locally tends to be bad quality or sun damaged.
- ✓ If travelling to Ladakh 'Sleep sheet' or compact and lightweight sleeping bag – at remote accommodations linen is provided but possibly not up to Australian standard.
- ✓ Tracksuit/similar outfit of soft material is recommended for overnight train journeys as well as a small bath towel.

Average	September		October		November		December					
temperatures	Temp °C	Humidity	Rain	Temp °C	Humidity	Rain	Temp °C	Humidity	Rain	Temp °C	Humidit	Rain
	min/max		mm	min/max		mm	min/max		mm	min/max	У	mm
DELHI	25 / 34	VERY	120	19 / 33	HIGH	310	13 / 28	HIGH	1	23 / 8	VERY	10
		HIGH									HIGH	
AGRA	25 / 34	MED	130	19 / 34	MED	25	12 / 29	MED	4	24 / 8	MED	6
JODPHUR	24 / 35	HIGH	57	19 / 36	MED	6	15 / 31	MED	3	27 / 10	LOW	2
KHAJURAHO	24 / 33	HIGH	188	19 / 34	MED	37	13 / 30	MED	8	26 / 9	-	5
VARANASI	25 / 33	HIGH	247	21 / 33	MED	35	14 / 29	MED	11	25 / 10	-	7
MUMBAI	24 / 30	VERY	325	23 / 33	HIGH	81	20 / 33	MED	113	32 / 18	MED	4
		HIGH										
KOCHI [Cochin]	25 / 28	VERY	240	25 / 29	VERY	310	25 / 30	VERY	160	30 / 23	HIGH	40
		HIGH			HIGH			HIGH				
KOVALAM /	23 / 29	VERY	130	23 / 29	VERY	260	23 / 29	VERY	170	30 / 23	HIGH	60
TRIVANDRUM		HIGH			HIGH			HIGH				
OOTY [highlands]	11 / 18	HIGH	135	10 / 19	HIGH	190	9 / 19	MED	140	20 / 7	-	53
CHENNAI	25 / 34	HIGH	120	24 / 32	VERY	280	23 / 29	VERY	330	28 / 21	VERY	130
[Madras]					HIGH			HIGH			HIGH	
KATHMANDU	19 / 25	HIGH	180	15 / 23	VERY	50	9 / 20	VERY	8	16/5	VERY	10
					HIGH			HIGH			HIGH	
AMRITSAR	23 / 36	HIGH	50	15 / 34	MED	54	8 / 28	MED	10	22 / 5	HIGH	10
DHARAMSALA	19 / 26	MED	375	15 / 25	LOW	50	11 / 20	LOW	20	17 / 7		55
LEH	5/21	LOW	12	-1 / 14	LOW	7	-6/8	LOW	10	1/-10	LOW	10
MANALI	11 / 25	LOW	112	5 / 22	LOW	38	1/18	LOW	32	14 / 0	LOW	56
KOLKATA	26 / 32	VERY	277	24/32	HIGH	138	19/29	HIGH	24	26 / 14	HIGH	6
[Calcutta]		HIGH										
DARJEELING	13 / 19	HIGH	414	10 / 18	HIGH	121	6 / 15	MED	12	13 / 3	-	5
GANGTOK	16 / 22	HIGH	463	12 / 21	LOW	177	9 / 18	LOW	41	14 / 6	-	21
THIMPU	15 / 23	HIGH	155	10 / 22	MED	38	5 / 18	LOW	8	15 / -1	LOW	3
WANGDUE	19 / 27	MED	100	15 / 26	LOW	62	10 / 22	LOW	13	19 / 6	-	-
PHODRANG												