Suggested Packing List Mongolia



Mongolia is one of the most landlocked countries in the world, as well as being one of the highest. Because of this, its climate can be described as 'extreme continental', with hot summers and long sub-arctic winters. The summer travel season begins at the end of May and extends until early October, with the most popular time being in mid-July which is when the world famous Naadam Festival is held. The average temperature in the summer months is 16 degrees Celsius whilst in winter it is -17 degrees Celsius. However, even during the summer months, the wind chill factor can make it feel very cold.

If you have internet access, go to <u>http://worldweather.wmo.int</u> and click on MONGOLIA then the relevant city/area you will be visiting.

Generally, dark coloured, drip-dry clothes are recommended. Loose fitting, lightweight cotton materials are the most comfortable for humid and warm conditions, layers of warmer clothes for cold conditions and a warm water/windproof jacket for possible freezing conditions. The dress code throughout the tour is casual.

Refer to your Fact Sheet about how to dress appropriately for this culture and advice about choosing your luggage.

Here is an example of a suitable packing list:

- main luggage it is a good idea to take a soft bag for ease of travelling
- **'daypack'** a smaller bag to carry during the day
- □ luggage padlocks
- **money belt** to carry passport, cash, credit cards, airline tickets, etc.
- personal medical kit refer to your Fact Sheet
- antibacterial wipes wipes such as 'Wet Ones' or antibacterial wash to clean hands before eating
- □ electricity conversion plug
- □ spare glasses it is difficult to get any prescription lenses repaired or replaced
- □ trousers/or long skirts for women
- □ long-sleeved shirts/tops of light cotton material
- walking shoes and socks it is important to have sturdy and comfortable shoes for sightseeing every day
- □ sun protection hat, sunscreen, sunglasses and lip balm
- □ rain/wind jacket
- □ light jumpers or thermals these are great for layering, warm socks, gloves, a beanie and a scarf
- **a torch** and supply of reliable batteries
- snacks tea/coffee bags, milk powder or sachets, instant soups or noodles, drinking chocolate, muesli, energy snacks, vegemite or anything else you can't live without!
- **Toilet paper** very handy!