



## China Trailblazer Dossier

### Immerse Yourself Tour | 21 Days | Physical Level 4

Beijing – Gubei Water Town - Xian - Yangtze River Cruise - Chengdu - Guilin - Yangshuo - Shanghai

Take a journey like no other; be it from the back of a bicycle, on a hike through the serene countryside or a walk through the buzzing city streets, this journey gives you the opportunity to see all the classical sights as well as a different side of this beautiful country.

- Have lunch with a local family in Beijing
- Hike the Great Wall of China
- Cycle the Ancient city walls of Xian
- Get up close to the Giant Pandas
- Explore the stunning Longji Rice Terraces
- Relax with a cruise on the Yangtze River
- Discover vibrant Shanghai



### China Trailblazer tour inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- Meals as stated on your itinerary
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort (if your group is 10 or more passengers) and Local Guides
- Visa fees for Australian passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

*The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, meals not stated in the itinerary, insurance of any kind, customary tipping and early check in or late check out. These are all payable locally.*

### Immerse Yourself – Active Tour:

Designed for those who wish to be further immersed in the authentic charm of Asia; tours in our Immerse Yourself range include more cultural and active experiences. You will be accompanied by our dedicated and professional National Escorts and local guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience. These tours include:

- Cycling and walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

### Physical Level 4:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights. 'China Trailblazer' is rated as a physical level 4 tour. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances. Walking or other activities such as cycling will be at a gentle pace and will involve straightforward terrain.

- On the Great Wall of China, you will trek over rough, uneven and steep ground for 4-5 hours on the Jinshanling section of the wall
- You will need to be able to cycle a bicycle for approximately 1 hour in Xian
- In Beijing, Xian, Pingle Ancient Town and Shanghai there will be long periods of walking whilst sightseeing
- In Longji, the ground is loose underfoot and steep, you will trek here for 4-5 hours

Of course, our National Escorts and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary. If you require any more information about the pace of the tours, please contact our reservations team who will be happy to answer your questions.

### Country Profile: China

China's civilisation is the oldest in the world and has a history dating back over 5,000 years. With 56 ethnic groups, 22 provinces and eight major dialects, China has a rich and varied culture and way of life. It is home to a wealth of tourist sights and cultural relics, which entice our guests to return again and again to this exciting destination.

### Joining Your Tour

The tour is 21 days in duration including international flights. Please note depending on flight schedules some passengers may arrive/depart on day 2.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on Day 1 in Beijing and end the tour on Day 20 in Shanghai. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

### Itinerary Changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances, we will make the best possible arrangements maintaining the integrity of your trip.

- The Forbidden City is closed on Mondays, due to maintenance. If it is not open on the day our group is due to visit, Beijing touring will be rearranged by your National Escort/Local Guide accordingly.
- Yangtze River. Please note that all sections of the itinerary for the Yangtze River Cruise are especially subject to change. The movement of each vessel along the Yangtze is regulated by the Government's Yangtze River Authority (YRA). The river's rapid flow, the narrowness of the gorges and the recent increase in numbers of passengers means that the timetables are under some pressure. The YRA allocates times for access to mooring points, embarkation and disembarkation at docks and passage through the gorges. This means that the captain of each cruise ship is unable to confirm a final itinerary until shortly before departure (usually 24 hours prior). This can affect both the time and location where you embark and disembark your cruise ship. Your National Escort/Local Guide will explain any such changes to you as soon as they are informed by the cruise operator.
- An additional night has been added in Guilin to replace one night in Yangshou, to improve tour flow.
- On Day 11 the tour will no longer travel to Ciqikou.
- Sun and Moon Pagoda and Ronghu Lake moved to Day 18.

## Itinerary – China Trailblazer

### Day 1: Beijing

On arrival in Beijing Capital International Airport, you will be met in the arrival hall by your local guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer approximately 1 hour to your hotel. The rest of the day is at leisure. A tour introduction will be held in the hotel either this evening or the next. Food and drinks will not be served at this meeting, it is simply an opportunity for your group to meet and learn more about travelling in China.



#### Destination Information

**Beijing** – Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China, and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

### Day 2: Beijing

Meals included: Breakfast, Lunch, Dinner

Start your day visiting Yandaixiejie, where you'll have some free time to wander the hutongs. Next, visit the Temple of Heaven where you can watch the locals taking part in dancing, Tai Chi and card playing. This afternoon, wander around the beautiful grounds of the Summer Palace, former holiday home of the Qing emperors. Whilst here, climb magnificent Longevity Hill for spectacular views over the palace's Kunming Lake. Today's sightseeing is a full day, predominately on foot. Make a photo stop at the iconic Bird's Nest Stadium, home of the 2008 Beijing Olympics. The time at the Olympic Village will not include entry to any of the Olympic venues.



#### Destination Information

**Temple of Heaven** – Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, the Temple of Heaven is absolutely unique. It is one of the most perfect examples of Ming architecture, created as a place of worship for the Emperors, who would ask for prosperity, longevity and good harvest for the people. Walking through the park we will see the many groups of local people that gather here every day to sing folk songs, practice Tai-Chi and sword dancing, play chess or just come to sit and chat.

**Summer Palace** – The former holiday retreat of the Qing Emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of 'Mountain' and 'Water', seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

**Hutongs** – The Mongol rulers of Beijing established this style of housing in the 13<sup>th</sup> century as tenancy for the growing population of the city. Hutongs were designed to reflect the Chinese system of Feng Shui with 4 hutongs joining together to make a courtyard in the middle, known as Siheyuan.



### Day 3: Beijing – Gubei Watertown

Meals included: Breakfast, Lunch, Dinner

This morning, walk across Tiananmen Square into the magnificent Forbidden City. In the afternoon, drive 3 hours to the Simatai section of the Great Wall. On arrival, ascend Simatai Great Wall by cable car for spectacular sunset views. Stay overnight at Gubei Watertown.



*Please note: The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched around so that the Forbidden City is visited on an alternative day.*

*Further note: You will need to pack a smaller overnight bag for your trip to Gubei Watertown. Your main luggage will be left in safe storage at the hotel in Beijing and picked up on your return.*

#### Destination Information

**Tiananmen Square** – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

**Forbidden City** – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

**Great Wall of China** – Originally built under the first Emperor of China, Qin Shi Huang, the Great Wall of China is the country's most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

### Day 4: Beijing

Meals included: Breakfast, Lunch

Rise early to transfer to the Jinshanling section of the Great Wall. Jinshanling is much less frequented by tourists than other parts of the Wall. This once-in-a-lifetime trek on the Jinshanling section of the Great Wall will last 4-5 hours, depending on the speed and capability of the group. You will need to be able to complete the whole trek as the route does not have any pick-up points mid-way. The walk features some extremely steep steps of different heights so it can be tricky to maintain a pace or routine. There are also many walkways where the wall has fallen away giving way to sheer drops which require extra care whilst walking. Underfoot, the pathway is rocky and largely unmaintained; it is strongly advised that you wear sturdy footwear with ankle support if needed. After trekking through dramatic landscapes and rugged terrain, drive 3 hours back to Beijing, where you will have the evening at leisure.



### Destination Information

**Jinshanling Great Wall** – Located north east of Beijing, the Jinshanling Section of the Great Wall snakes through stunning mountain scenery and offers panoramic views over the neighbouring countryside. This Ming Dynasty section of the Great Wall offers one of the most breathtaking walks.

### Day 5: Beijing - Xian

Meals included: Breakfast, Lunch

Today, fly 2 hours to Xian. On arrival, explore the Muslim Quarter, Xian's Islamic centre, where there are a myriad of small food stalls selling ample mouth-watering dishes. Enjoy an evening at leisure possibly soaking up the atmosphere at lively Defu Lane.



### Destination Information

**Xian** – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fares, Xian is a must-see destination.

**Muslim Quarter** – The Muslim Quarter is the hub of Xian's Islamic community and is home to many stalls selling a myriad of snack foods, a trove of silks and fabrics, and delightful oriental knick-knacks.

### Day 6: Xian

Meals included: Breakfast, Lunch, Dinner

Today, view the formidable ranks of terracotta soldiers and horses, lined up in ranks to protect the first emperor of China, Qin Shi Huang. The Museum of the Terracotta Warriors and Horses is located around a 1 hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own cost. There are no electric carts available for the return from the museum exit to the bus park. Within the museum area the warriors can be seen in three different 'pits', which are active archaeological digs. The site is large and, towards the summer months, can be hot outside. Sightseeing here involves approximately 2 ½ hours on foot. Next, visit the Xian Art Ceramics and Lacquer workshop to see smaller models of the warriors being made before returning to the city for a cycle ride around the 14th century Xian city walls which enclose the old city. You will need to be able to cycle for approximately 1 hour. This evening, enjoy a traditional dumpling dinner.



Please note: If you wish to undertake a bike ride on the Ancient City Wall, we strongly recommend wearing a helmet.

### Destination Information

**Terracotta Warriors** – One of the most significant archaeological discoveries of the 20<sup>th</sup> century, this unearthed terracotta army is comprised of over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers and designed by Emperor Qin Shi Huang to defend himself in the afterlife.

**Xian Art Ceramics and Lacquer Workshop** – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Workshop; even purchase your own portable soldier.

**Ancient city walls** – Dating back to the Ming Dynasty in the 14<sup>th</sup> century, the Xian ancient city wall is one of the best preserved urban fortifications in China. The wall's ideal spot and layout gives visitors a bird's eye view over this fantastic city. Follow the locals' example and take a bike to get an ever more spectacular experience.

### Day 7: Xian – Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Today, fly just over 1 hour to Wuhan from where you will transfer a further 6-7 hours by coach to Yichang docks, located downstream from the Three Gorges Dam. Board the ship and check into your cabin, home for the next four nights.

*Due to limited flight availability between Xian and Wuhan, the check-in time at the ship will be later than normal, around 10pm. Please also note that the flight schedule can be unreliable, so last-minute changes to the flight routing and itinerary may occur. Your National Escort/Local Guide will advise of any changes.*



*Please note that the Yangtze River cruise section of your itinerary will not be confirmed by the cruise operators until after you commence your tour as it is subject to local river conditions and water levels. Your local guide will do their utmost to keep you informed of any changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. Shore excursions are subject to change depending on local conditions. A detailed itinerary will be handed out on the vessel each day.*

*Further note: If you do not wish to take part in a shore excursion but you still wish to disembark the cruise ship, there is a mandatory port tax which must be paid by each customer. The port tax amount is approx. USD20-USD30 dollars per person however this amount can vary and for security reasons, it is not always possible to disembark at all ports of call.*

### Destination Information

**Yangtze River** – One of the world's great and legendary waterways, this 6,300km river has its origins high up in the snow-covered mountain of Tanggula in the southwestern Qinghai Tibet Plateau and runs into the ocean in Shanghai. It is estimated that the banks of this river are home to almost a third of China's population.

### Day 8: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Visit the Three Gorges Dam, the largest hydroelectric dam in the world. Disembark the ship and drive approximately 20 minutes through the surrounding areas (the coach is not permitted to stop for photos) to the viewing area above the ship locks where you can truly appreciate the scale of this hydroelectric project. There is a small museum and a lookout point here. The sightseeing will involve around 1 hour on foot. You will then continue upstream on your ship.



#### Destination Information

**Three Gorges Dam** – Commenced in 1994 and completed in 2009, the Three Gorges Dam is the largest water conservancy project ever undertaken. The Dam is located near Sandouping, which is in the middle of the Xiling Gorge, the longest of the Three Gorges. The Three Gorges Dam is 2,335m long, 185m high, 18m wide on the top and 130m wide at the bottom. The dam has raised the river to a level of 175m above sea level, creating a 600km long reservoir. The building of this huge dam was for the purpose of flood control, electricity, navigation, and irrigation.

### Day 9: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Prepare for breathtaking vistas as the ship passes through Wu and Qutang gorges. Switching to smaller vessels, take a relaxing trip on the Goddess Stream or the Shennong Stream (which one you visit is dependent on local conditions) cruising through the beautiful and narrow gorges. Many protected species make the stunning peaks their home, including monkeys, mountain goats, deer and wild boar.



#### Destination Information

**Goddess Stream** – Goddess Stream, also known as 'Shennü Xi' in Chinese, flows from the southern bank of the Yangtze opposite Goddess Peak.

**Shennong Stream** – This crystal-clear stream flows from north to south through stunning deep gorges finally merging with the Yangtze to the east of the mouth of Wu Gorge.

### Day 10: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Today, visit the Shibaozhai Temple or the Ghost City of Fengdu (which site you visit is dependent on local conditions). River conditions permitting, the other may also be offered as an optional excursion at an additional cost payable locally.

Visit the Shibaozhai Temple, an 18th century architectural marvel. This small temple was built at the top of a nine-storey pavilion clinging to the sheer south bank near Qutang Gorge. Disembark from the ship to the dock close to the pavilion's entrance. Sightseeing here involves climbing the nine storeys inside the building.

Or



Visit Fengdu, known as the Ghost City and located on Ming Mountain. Fengdu is home to complexes of shrines, temples and monasteries dedicated to the Chinese belief of the afterlife. After disembarking from the boat, you will be taken in vehicles half way up the mountain and continue to the top on foot or by an open-air escalator.

#### **Destination Information**

**Shibaozhai Temple** – Shibaozhai Temple is a nine-storey temple, named after the hill on which it stands. Dating back to the 18th century, it was built during the Xianfeng Emperor's reign and is an example of Buddhist architecture. The temple is said to have been constructed without the use of nails.

**Fengdu** – The city's architecture combines the cultures of Taoism, Confucianism and Buddhism with the mysticism of ghosts. With history dating back for nearly two thousand years, the Ghost City became separated from the city of Fengdu due to the rising water level during the building of the Three Gorges Dam. Highlights include the Bridge of Helplessness, Ghost Torturing Pass and Tinzi Palace, all of which, according to Chinese belief, the dead must pass through and be tested before moving onto the next life.

#### **Day 11: Yangtze River Cruise – Chengdu**

Meals included: Breakfast, Lunch, Dinner

Check out of your cabin this morning in Chongqing and transfer to the train station. Take the bullet train for 2 and a half hours to Chengdu, capital of Sichuan province, where you will stay for the next three nights

#### **Destination Information**

**Chongqing** – A city perched on the steep hills overlooking the confluence of the Jialing and the Yangtze Rivers, Chongqing is the chief industrial centre of south west China, producing approximately one fifth of Sichuan's industrial output. Chongqing has been reshaped by the Three Gorges Dam Project, which now allows larger sea-going vessels to sail all the way upriver to China's most famous waterfront mountain city.

**Ciqikou** – Known colloquially as 'Little Chongqing' and the 'Porcelain Port', Ciqikou dates back to the Ming Dynasty and has maintained its original appearance. Lined with shops selling delicious snacks, Ming-style trinkets and Chinese curios, Ciqikou is a fun way to spend a morning and is a must-see in Chongqing.

**Chengdu** – China's symbolic western capital and the residence of the country's most lovable black and white bear, Chengdu has an abundance to offer. With a fast-paced economy which is dragging China's west into the 21st century, it is no wonder that Chengdu's appeal is growing year on year. As the gateway into Sichuan Province's large collection of sights, as well as Chengdu being its own trove of historical and cultural treasures, Chengdu is a must-visit on any trip to China.

#### **Day 12: Chengdu**

Meals included: Breakfast, Lunch, Dinner

Drive 2 hours to the ancient town of Pingle, dating back to the Han Dynasty, and wander the rickety old streets. Take a walk across the magnificent Jinji Suspended Rope Bridge for vistas of the bamboo forest below before returning to Chengdu.

#### **Destination Information**

**Pingle Ancient Town** – Regarded as one of the best ancient towns in Sichuan Province, Pingle Ancient Town dates back to the Han Dynasty and was a stopping point on legendary Silk Road.

### Day 13: Chengdu

Meals included: Breakfast, Lunch, Dinner

Visit one of the finest panda conservation centres, located in the forested Sichuanese countryside north of Chengdu. Dujiangyan offers refuge to Giant Pandas with the ultimate aim to reintroduce them into the wild. The centre offers one of the most authentic, spacious and natural settings in the country. Later, explore the slopes of Mt Qingcheng, one of China's most sacred Taoist Mountains. Ascend by cable car to the higher slopes and take a walk around Yuecheng Lake. Drive back to Chengdu for an overnight stay.



#### Destination Information

**Dujiangyan** – Located 72km northwest of Chengdu and less than a 1-hour drive to Mt. Qingcheng, Dujiangyan is well renowned for its irrigation system that provides most of the water supply to Chengdu and neighbouring towns.

**Mt. Qingcheng** – Located 65km west of Chengdu, Mt Qingcheng is an important sacred Taoist mountain. It is home to a trove of temples, beautiful trails lined with sweet-scented fruit and spectacular views over the Sichuan countryside.

### Day 14: Chengdu – Guilin

Meals included: Breakfast, Lunch

Rise early this morning for your 1 ½ flight to Guilin. Enjoy the rest of the day at leisure.



#### Destination Information

**Guilin** – Guilin is one of China's most stunning and panoramic cities and was founded during the reign of the Qin Dynasty. It is renowned for the unique karst mountain beauty that encloses the city. Guilin developed as a trading town due to the building of the Ling Canal which links the important Pearl and Yangtze River systems.

### Day 15: Longji Rice Terraces

Meals included: Breakfast, Lunch

Drive 2 hours to the village of Ping'An and take a full day tour around the Longji Rice Terraces. Trekking will be approximately 4-5 hours today, depending on the capability of the group. The ground here is uneven and the trek will include steep climbs. Return to Guilin this evening.



### Destination Information

**Longji Rice Terrace** – Longji is home to some of the most famous and beautiful rice terraces in China. The name 'Longji' literally translates as 'Dragon's Backbone' and is called so because the rice terraces resemble the scales on a dragon's back.

### Day 16: Guilin - Yangshuo

Meals included: Breakfast, Lunch, Dinner

Take a relaxed 4-hour cruise along the Li River to the charming village of Yangshuo where you will spend 2 nights. Around every river bend is a view to take your breath away as jagged peaks loom over rural scenes of lush greenery, grazing buffalos and local fishermen. These are small cruise boats usually holding approximately 100 passengers; with an enclosed dining area on the lower deck and an open viewing area on the upper deck. As it is so popular, there are generally many boats at the docks – please be reassured that the cruise itself will be scenic and relaxing as the boats cruise past unspoilt countryside. Usually the boats depart at 9am from the dock located a 1 hour drive from your hotel. However, when the river level is low they depart from further downstream which would mean a longer drive and an earlier check-out from your hotel. Disembarking from the cruise, your Local Guide will walk with you to your hotel, approximately a 15-minute walk from the river. There are electric carts offered by private vendors which can be organised at your own cost.



### Destination Information

**Li River Cruise** – Pass tranquil farming and fishing scenes and picturesque villages as you cruise down the Li River. The main attraction is the stunning limestone karsts that tower above the river creating a magical landscape of mountains and water. The unique and natural beauty of this region has for centuries been an inspiration to Chinese artists and poets alike.

**Yangshuo** – Yangshuo is home to some of the best scenery in the world. This quaint town is renowned for its breathtaking vistas and peaceful country life. Surrounded by stark karst peaks and attractively located on the Li River, Yangshuo, alongside Guilin, prides itself in being the most sought after beauty spots in China.

### Day 17: Yangshuo - Guilin

Meals included: Breakfast, Lunch

This morning, take part in a traditional Tai Chi class learning the skills behind this ancient and spiritual exercise. Enjoy the rest of the day at leisure. There are many activities to take part in including cycling, rafting and walking (arranged locally and at extra cost), before transferring around 1 hour back to Guilin.



## Day 18: Guilin - Shanghai

Meals included: Breakfast, Lunch

Enjoy a leisurely walk around Ronghu Lake and visit the Sun & Moon Pagodas for views over downtown Guilin before taking a tour of the South China Pearl Factory where you will have the opportunity to buy these precious stones. Transfer to Guilin airport and board your 2-and-a-half-hour flight to the cosmopolitan city of Shanghai. This evening, cruise down the Huangpu River to see the neon lights of Pudong.



### Destination Information

**South China Pearl Factory** – Gain a fascinating insight into the pearling industry of southern China at the South China Pearl Factory, where you also have the opportunity to purchase some of these elegant jewels.

**Ronghu Lake** – One of two lakes originating from the Tang Dynasty when they made up part of the city moat. As Guilin expanded in all directions the moat became a lake within the city area.

**Sun and Moon Pagodas** – Known as the Gold and Silver Pagodas because of their colours at night, the sun and moon pagodas sit on top of the Chinese Fir Lake but are connected underwater by a glass tunnel.

**Shanghai** – Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the European and oriental.

**Huangpu River** – The Huangpu River flows through the centre of Shanghai and separates the city into Pudong, meaning 'east of the Huangpu' and Puxi, 'west of the Huangpu'. Cruising down the river, you will see the contrast of the historical Bund architecture on one side of the river with the modern Pudong skyline on the other side. At night, the banks of the Huangpu light up, turning Shanghai into a neon wonder.

## Day 19: Shanghai

Meals included: Breakfast, Lunch, Dinner

This morning, take a breakfast tour around some of Shanghai's most exciting districts, tasting local delicacies, including pancakes and fried bread sticks. Afterwards, wander the pleasant Yu Gardens and the bustling Old Town before visiting the informative Silk Factory. Take a stroll on the colonial Bund and enjoy a farewell Shanghainese meal.



### Destination Information

**Yu Gardens** – The Yu Gardens is seen as one of the most perfect examples of Chinese garden style. Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, goldfish-filled ponds and stunning, tranquil pavilions.



**Destination Information**

**Silk Factory** – The Silk Factory is an educational journey through the production of silk, one of China's most famous and luxurious materials. Learn about the use of silkworms and silk moths in its production; the manufacturing process; as well as silk's journey along the Silk Road which brought this product across Asia and Europe.

**The Bund** – Recognised as Shanghai's former 'Wall Street', the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund's architecture has inherited much western influence and is a stark contrast to the Pudong skyline, sitting across the Huangpu River.

**Days 20-21: Depart Shanghai****Meals included: Breakfast**

Any time before your flight is at leisure. You will be transferred from your hotel to the airport, according to the departure time of your international flight arriving home the same or following day.

Late check-out is not included in our China group tours. If you wish to book a late check-out for your final day in China, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.



## China Trailblazer Travel Information

### Visas

Entry visas are required by all visitors to China and Wendy Wu Tours' Visa Department can assist you with the process of obtaining a visa. We will supply you with all paperwork and submit the visa application on your behalf. Visas for China are valid for 90 days from the date of issue and allow you to stay in the country for up to 30 days. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Visa application forms and all relevant documentation are due in our office 60 days prior to departure; if received after this date urgent visa processing fees will apply. Passports will be returned with your final documentation four weeks prior to your group tour's scheduled departure. If you require your passport to be returned earlier, a \$15AUD courier fee will apply.

Please note that if you intend to arrive more than 24 hours before your tour commences or intend to stay in China after your tour has ended and you are NOT staying in a hotel you will need to register with the local police station. If you are staying in a hotel, registration is done on your behalf as part of the check-in process.

### Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

Wendy Wu Tours will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

### Evenings at Leisure:

To give you more flexibility and choice when travelling on selected tours in our Immerse Yourself range; we have carefully balanced special highlight meals with evenings at leisure so that you can explore the many culinary delights that China has to offer. Alternatively, you can use this time to enjoy the facilities of your hotel. Your National Escort will be happy to provide you with advice about good places to eat, and assist in the booking of transportation to get you there (at your own expense).

### Eating in China

Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home. We welcome people on our tours with a wide variety of tastes and as such try to present an array of food to suit everyone in the group. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants on our group tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on

the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things. When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional 'family style' on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the table top. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. 'Family style' means that there is a pair of serving chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your National Escort will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available.

Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

### Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs. Please note that double bed requests can be made at time of booking but can't be guaranteed.

### Transport

**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is comparatively bumpy but our drivers will do their utmost to lessen the impact.

**Planes:** Internal flights are based on economy class, with reputable airlines. Pre-seat flight allocation is not available.

**Cruise ships:** On this tour you will take a 4-night cruise up the Yangtze River. Your cabin on your Yangtze River cruise ship will have a private bathroom and balcony. Please note that the cruise ship and all shore excursions arranged by the cruise are on a shared basis.

### Development in China

Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

### Chinese public holidays

If you are travelling within the below Chinese Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded. Chinese New Year is on 25<sup>th</sup> January 2020 and 12<sup>th</sup> of February 2021. Golden Week public holidays fall annually between 1<sup>st</sup> – 3<sup>rd</sup> May and 1<sup>st</sup> – 7<sup>th</sup> October.

### Souvenirs

We want to be able to give you an opportunity to buy souvenirs; so in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths! We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

### Group Size

Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort and local guides. There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

### Tipping Policy

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is in RMB and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf. Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.



## Packing list and Climate

Please refer to our website or brochure for detailed temperature charts.

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on [www.weather.com](http://www.weather.com)

## Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

## Exchanging Cash

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Beijing and Shanghai. US Dollars are easily exchanged throughout China and other currencies such as Australian Dollars can generally be exchanged in hotels and airports provided notes are new and undamaged.

## Personal Expenses & Optional Tours

We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

**Personal Expense** - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$350AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

**Optional Tours** - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated. Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

## Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

### Vaccinations and Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au)

### Before You Leave

We strongly recommend registering your travel plans with [www.smartraveller.gov.au](http://www.smartraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

### After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

### Travelling on an Active Paced Tour

We hope you are looking forward to what we are sure will be a trip of a lifetime. Before you embark on this adventure, we ask you to consider the points listed below that relate to our active paced tours. This will ensure you understand what is involved with an active paced tour and therefore help you decide if your chosen tour is right for you.

This is to ensure that your tour runs as smoothly as possible for you and your fellow tour members.

Please consider the following aspects of active paced tours prior to confirming your arrangements;

- ☐ While we believe that age is no barrier, please give special consideration to the fact that medical assistance and public infrastructure can be limited in these areas.
- ☐ There will be long periods of physical activity, including walking, climbing of stairs, in/out of boats. Tour participants who will travel with a cane/walking stick may come across difficulties. It is our experience that using a cane/walking stick in these areas where there are rough and uneven surfaces, stairs to climb and high altitudes, becomes difficult.
- ☐ Only limited meal options will be available. People with special dietary requirements should expect difficulties on these tours. Please understand that depending on the trip you are taking, you may be given very little or no meat.
- ☐ Your tour may include basic accommodation facilities including home stays, guest houses, truck stops and tented accommodation. This may mean, no or limited hot water, and no private bathroom facilities.
- ☐ There will be long periods of driving on often unsealed, rural and bumpy roads in vehicles ranging from tour coaches to local jeeps and canter vehicles.
- ☐ Altitude affects people in many different ways and a certain level of fitness is required in order to limit the effects. Please discuss how to manage altitude sickness with a health care professional.
- ☐ Overnight trains only have basic bedding in four berth compartments with limited or no ladder facilities to climb to the top bunk. You may be sharing with other tour members or locals.
- ☐ Some tours may have sightseeing en route to the next destination. Therefore participation is required or you will need to remain with the coach until the rest of the group has finished touring.

National Escorts/ Local Guides will endeavor to provide rest stops in your itinerary where possible. Please be advised that some days may have a more physical programme than others.

If you are comfortable with the above mentioned aspects of travelling on an active paced tour, we look forward to welcoming you on what is sure to be a unique and memorable experience.

However, if you have any hesitations please contact your valued travel agent or our reservations department to discuss the tour further or explore alternative options.

**Last updated 03/10/19**