



## A Week in Japan Dossier

Classic Tour | 9 Days | Physical Level 1

Tokyo – Hakone – Kyoto – Osaka

Take a week to explore the top highlights of this futuristic and eccentric country. Start in Tokyo, then travel to Hakone and the iconic Mount Fuji; explore Kyoto's traditional streets and temples. Finish in vibrant Osaka. If you're hungry to see Japan but don't have much time, this tour is perfect for you!

- Discover Tokyo's temples and vibrant city streets
- Admire breath-taking Mount Fuji
- Experience the speedy bullet train
- Explore Japan's history in Kyoto
- Meet Nara's friendly deer



### A Week in Japan tour inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals (From dinner on day 2 to breakfast on the last day)
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

*The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, early check in or late checkout and other items not specified on the itinerary.*

### Classic Tours:

These tours are designed for those who wish to see the iconic sites and magnificent treasures of Japan on an excellent value group tour travelling with like-minded people. The tours are on a fully-inclusive basis so you will travel with the assurance that all your arrangements are taken care of. You will be accompanied by our dedicated and professional National Escort and local guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience.

### Physical Level 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'A Week in Japan' is rated as a physical level 1 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

- On several days, there will be sightseeing on foot for extended periods of time, often involving steps or uneven ground.
- You will be required to get on and off the boat in Tokyo Bay without assistance.

Of course, our National Escort will always endeavour to provide the highest level of service; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

### Country Profile: Japan

Japan is a fascinating country situated in northeast Asia. It is comprised of more than 4,000 islands - the main four being Hokkaido, Honshu, Kyushu and Shikoku. The Japanese name for Japan is 'Nippon' or 'Nihon' meaning 'sun origin' and is often translated as 'Land of the Rising Sun'. It is a country of contrasts; engaging a combination of futuristic cities, ancient culture and diverse scenery. Japan is famous for its relatively short Cherry Blossom season.

### Joining Your Tour

The tour is 9 days in duration including international flights. Please note due to flight schedules passengers may depart/arrive on day 2.

Travellers booked on 'Land Only, the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations.

Join the tour on Day two in Tokyo and end the tour on Day eight in Osaka. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

### Itinerary Changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we will make the best possible arrangements maintaining the integrity of your trip.

2019 changes:

- Drive by Imperial Palace Plaza instead of stopping, leaving more leisure time at the hotel before dinner.
- On the evening of day 2, there will be a Japanese dinner cruise, instead of a western style cruise.
- Japanese cultural experience is now learning calligraphy, instead of origami.

## Itinerary – A Week in Japan

### Days 1-2: Tokyo

Fly overnight to Tokyo, the capital of Japan. On arrival, you will be met by an English-speaking representative and transfer approximately 1.5 hours to your hotel.

*Please note: Early check in is not included. If your flight arrives in the morning and you wish to arrange this, please speak to your reservations consultant. Transfers will differ depending on group size, but you may share a coach with other passengers who are not part of a Wendy Wu Tour. If you are on a shared bus transfer, you may have to walk for a few minutes to get to your hotel.*



#### Destination Information

**Tokyo** – One of the world's most cutting-edge capital cities, Tokyo is a city of contrasts, famous for its neon-lit landscape, towering skyscrapers, peaceful shrines and lovingly tended gardens. It was the political and cultural centre of Japan, before it became the official capital in 1867 when the Meiji Emperor moved it.

### Day 3: Tokyo

Tokyo is the ultimate 24-hour city, but look behind its frantic, high-tech frontage and you'll find plenty of tranquil backstreets and old temples to explore; today take a tour by coach of this fascinating city. Head to the 1<sup>st</sup> observatory of the Tokyo Skytree for panoramic views over the city before taking a wander through the district of Asakusa for an opportunity to pick up some souvenirs on Nakamise Shopping street and visit Sensoji Temple. Drive by the Imperial Palace Plaza and then stroll through tranquil Hamarikyu Gardens.

You will be on your feet for 4-5 hours during your touring in Tokyo. Return to your hotel where your guide will let you know what time to meet for this evening's dinner cruise. Transfer from the hotel to your boat and take a leisurely 1-hour Japanese dinner cruise on Tokyo Bay for some excellent city vistas. You will need to get on and off your boat this evening without assistance.



#### Destination Information

**Tokyo Skytree** – The tallest structure in Japan and the tallest tower in the world, Tokyo Skytree is predominantly a television and radio broadcast tower and is earthquake resistant.

**Sensoji Temple** – Sensoji Temple is an ancient Buddhist Temple and the oldest in Tokyo. The temple was originally founded in the 7th century. The temple adorns an image of the Buddhist Goddess Kannon, who was said to have been rescued by two fishermen from the Sumida River in Tokyo.

**Imperial Palace Plaza** – The Imperial Palace Plaza is the main residence of the Emperor of Japan. Built on the original site of Edo Castle, the Plaza is made up of a palace, museum and large park.

**Hamarikyu Gardens** – Hamarikyu Gardens are a beautiful example of Japanese garden style and sits at the mouth of the Sumida River.

### Day 4: Tokyo – Mount Fuji – Hakone

Journey 2 hours through the foothills of the iconic Mount Fuji to the mountain's base. The region is spectacular with the calm waters of the five lakes, formed by past volcanic eruptions, reflecting Fuji's picture-perfect cone. Head up Fuji's 5th Station for spectacular mountain vistas, please note it is only possible to reach the 5th station if weather permits. If the 5th Station is closed, the Fuji San World Heritage Centre (formerly Fuji Visitor Centre) will be visited instead. Continue to tranquil Lake Ashi. Take a cruise across the lake before taking the Komagatake cable car for spectacular views of Mount Fuji and the lake below. Transfer to Hakone where you will stay overnight.



*Please note: You will need to back a smaller overnight bag for tonight as your main luggage will be transferred this morning directly to your hotel in Kyoto.*

#### Destination Information

**Mount Fuji** – At 3,776m, Mount Fuji is the highest of Japan's mountains and an iconic symbol of the country. Mount Fuji is notoriously shy and is often enveloped by clouds.

**Hakone** – Situated next to picturesque Lake Ashi, Hakone is a pleasant town, popular with weary Tokyoites looking for a break from the city and a great overnight stop after visiting Mount Fuji.

### Day 5: Hakone – Kyoto

This morning, transfer to Odawara Station, a journey of approximately 1 hour, to board your 2-hour Hikari bullet train to Kyoto. An enchanting city, Kyoto was capital for a thousand years; today, it is the legacy of ancient Japan, full of tranquil temples, silk-clad geisha and sublime gardens. After lunch at a local restaurant, visit the famous Fushimi Inari Shrine with its thousands of vermillion torii gates. Check in to your hotel and enjoy dinner at a local restaurant.



#### Destination Information

**Kyoto** – Kyoto was the ancient capital of Japan for approximately 1,000 years until 1867 when it was moved to Tokyo. Many national treasures can be found in Kyoto and in nearby Nara, including old shrines and temples, screen paintings, beautiful gardens, and statues of Buddha.

**Fushimi Inari Shrine (Taisha)** – An important Shinto shrine in southern Kyoto, Fushimi Inari is most famous for its thousands of vermillion torii gates which form a network of tunnels around the main shrine buildings. The shrine itself is dedicated to Inari, the Shinto god of rice. There are many fox statues in the grounds of the shrine as foxes are thought to be Inari's messengers.

## Day 6: Kyoto

Today involves a full day of sightseeing, with a lot of time spent on foot at busy temples and in public areas. Begin your explorations of Kyoto with a visit to the Ryoanji Temple before heading to the Kinkakuji Temple, also known as the Golden Pavilion due to its gold-plated exterior. After lunch at a local restaurant, learn the traditional Japanese handicraft of calligraphy and enjoy the art of a tea ceremony. Dinner tonight will be at a local restaurant within walking distance of your hotel.



### Destination Information

**Ryoanji Temple** – Ryoanji Temple is a Zen temple which is renowned for its garden which features a dry, sand landscape with large rocks and smooth pebbles.

**Kinkakuji Temple (Golden Pavilion)** – Kinkakuji Temple is a Buddhist temple and an excellent example of Japanese garden design. The structure is a brilliant golden hue colour and is very minimalistic.

## Day 7: Kyoto - Nara - Osaka

Transfer by coach to Japan's former imperial capital Nara, a journey of approximately 1 hour. Visit Todaiji Temple, the world's largest wooden structure and home to Japan's largest Buddha. Also visit Isui-en Gardens, known for its natural ponds – sightseeing here will be about 3 hours on foot. Continue to Osaka by coach, approximately an hour's drive. On arrival, enjoy lunch in the vibrant Dotonburi District, a restaurant mecca, where you can sample delicious local delicacies. This afternoon, visit Osaka Castle before enjoying your final dinner in Japan.



### Destination Information

**Nara** – Home to 8 UNESCO World Heritage Sites, Nara is a rewarding destination and a great spot for Japanese culture.

**Todaiji Temple** – A UNESCO World Heritage Site, Todaiji Temple is one of the Seven Great Temples of Japan and is home to the world's largest bronze statue, Daibutsu.

**Osaka** – Osaka is Japan's third largest city. What Osaka lacks in sightseeing locations, it makes up for with its flamboyance, fun loving people and amazing food.

**Osaka Castle** – Osaka Castle is one of Japan's most famous castles known for sweeping views of the city from its hilltop perch. Construction began in 1583 by Toyotomi Hideyoshi, who intended that the castle to become the centre of a new, unified Japan under his rule.

## Days 8-9: Depart Osaka

This morning is free at leisure before you transfer to Osaka airport for your return flight home.

*Please note: Only breakfast is included today. Late check-out is not included in our A Week in Japan tour. If you wish to book a late check-out for your final day in Osaka, please contact our reservations department who can confirm the additional price and make this arrangement for you, subject to availability at the hotel.*



*Transfers: In the event that your flight departs outside of the majority group departure time, you will be transferred to the airport by a shared coach (not with other Wendy Wu Tours passengers). If you are on a shared coach transfer, you may have to walk for a few minutes to get to the coach.*

*Please inform our reservations team of any allergies and/or special dietary requirements at time of booking.*

## A Week in Japan Travel Information

### Visas

Passports must be valid for six months beyond the length of stay. Visas are not required for Australian passport holders for entry into Japan for stays of up to 90 days.

### Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

### Eating in Japan

Japanese cuisine is delicious, colourful and healthy. Meals are usually served with a bowl of rice and a bowl of miso soup and consist usually of fish, pickled vegetables and meat. Japan's other main staple is noodles, most famous being Udon and Soba. All meals (excluding drinks) are included in our fully inclusive group tours from the groups' arrival until the day of departure. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout Japan. Food is an important element of Japanese culture. It is a time for families and friends to come together and much of family life revolves around the dinner table. Most food is eaten with chopsticks so best get practicing as cutlery is not always available at restaurants.

Breakfast will mostly be buffet style but may be a set-menu. Lunches are mostly pre-set options as is custom in many local restaurants. Dinner is usually buffet-style, featuring a wide selection of high quality Japanese and Western dishes, but may occasionally be a set-menu. We usually find this style of dining suits the wide and varied tastes of our customers on tour. These are also pre-booked in advance prior to your arrival by your guides. This will provide greater flexibility and allow you to sample a broad range of local cuisines and dishes. All beverages will be at your own expense and are readily available. Please note: if you have any dietary requirements, you must inform us before your tour starts, and please be aware that restaurants may not always be able to accommodate these. Gluten-free food may not be as readily available as in Australia.

On some days where lots of sights are covered, dinner times may be early and your tour group may head directly to the restaurant after sightseeing without stopping at your hotel to freshen up.

### Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. In the Fuji area, hotels tend to be more traditional in style and culture. In this area, you may be asked to take your shoes off at the door and store them in a secure locker – this is very traditional Japanese culture. Please note double bed requests can be made at time of booking but can't be guaranteed.

Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and Japan.

Please note that in Japan, hotel rooms and bathrooms are renowned for being small. Standard single rooms are usually smaller than a standard double or twin room, contain one small double bed (or one single bed), and are designed for one person to use. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Hotels in Japan often do not have porters and you will be required to carry your own luggage. If you experience any difficulty, please speak to your National Escort/local guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

## Transport

**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in Japan are extremely well maintained and are comparatively smooth compared with the rest of Asia.

**Bullet trains:** Second class reserved seats are booked for our groups on bullet trains; there will be toilet facilities on board. Due to the limited space on bullet trains, a separate luggage transfer service will be arranged for all suitcases (1 case per person). You will need to pack a separate overnight bag to carry on the train as your suitcase will not arrive until the following day after a bullet train journey. Your guide will indicate when you will need to prepare for this throughout your tour.

**Air:** Internal flights are based on economy class with reputable airlines. Pre-flight seat allocation is not available on international and internal flight sectors.

## Development in Japan

Japan is a developed country and as such matches the west in modernity and technological advances. Japan is an extremely safe country and takes great responsibility in maintaining high safety standards.

## Cultural Difference

Japanese society and culture is built on intricate social etiquette and customs. As foreigners, we are not expected to be knowledgeable about all etiquette, but it will make your time in Japan more enjoyable if you are respectful of local customs. Some examples of scenarios you may encounter include removing your shoes and hats when entering a temple or house (some restaurants as well). You may be supplied with slippers at some places, but please come prepared with plenty of spare socks, and shoes that are easy to take off for the fairly regular occasions when they must be removed. Your National Escort will advise you of some of these other customs at the beginning of your tour.

## Public Holidays in Japan

If you are travelling within the below Japan Public Holidays please note that celebrations can last a couple of days and during these times some businesses will be closed. Coach, air and train travel may also be affected. Tourist attractions will be open; but may be crowded. Showa Day is on 29<sup>th</sup> April, Constitution Memorial Day is on May 3<sup>rd</sup> and Emperor's Birthday is on 23<sup>rd</sup> December every year.

## Souvenirs

We want to be able to give you an opportunity to buy souvenirs, so we include some stops at museums or exhibitions which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest.

We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

### Group Size

Most of our groups consist of 10 travellers or more and will be accompanied by a national escort. There will usually be no more than 28 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.

### Tipping Policy

Although tipping in Japan is not customary, if you feel you have received an excellent service, please feel free to tip your guide at your discretion.

### Packing list and Climate

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on [www.weather.com](http://www.weather.com)

### Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

### Exchanging Cash

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Tokyo. US Dollars and Australian Dollars can be exchanged at Narita Airport and in some hotels, provided the Australian currency is new and undamaged. We suggest exchanging your money before travelling to smaller towns, as exchange facilities can be very limited. Your National Escort will remind you to do this before departure.

### Personal Expenses & Optional Tours

**Personal Expense** - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$250AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

**Optional Tours** - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated.

Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

### Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

### Vaccinations and Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au)

### Before You Leave

We strongly recommend registering your travel plans with [www.smartraveller.gov.au](http://www.smartraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

### After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

**Last updated 28/03/19**