



China Encounters Dossier

Classic Tour | 23 Days | Physical Level 3

Beijing - Chengde - Xian - Yangtze River Cruise - Chengdu - Zhongdian -
Lijiang - Dali - Kunming

Encounter all of the magnificent sights that make China a truly spectacular destination. Journey from the iconic Great Wall and Warriors to the less discovered mountain vistas of Yunnan province on this epic cross country adventure.

- Explore the Great Wall of China
- Experience the spectacular Terracotta Warriors
- Take a relaxing cruise on Yangtze River
- Get up close to the Giant Pandas
- Discover spiritual Zhongdian
- Enjoy the panoramas of the Jade Dragon Snow Mountain
- Marvel at the fascinating Stone Forest



China Encounters tour inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort (if your group is 10 or more passengers) and Local Guides
- Visa fees for Australian passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

Classic Tours:

See the classic sights in the company of expert guides so you can really understand the history and culture of the destination. On our classic tours we take care of everything, leaving you to sit back and enjoy the experience to the full. The tours are fully inclusive with all meals and a comprehensive touring programme.

Physical Level 3:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'China Encounters' is rated as a **physical level 3** tour. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances. Walking or other activities such as cycling will be at a gentle pace and will involve straightforward terrain.

- There will be sightseeing on foot for both short and extended periods of time.
- On the Great Wall of China in Beijing some of the walking will be at an incline.
- On the Yangtze River Cruise and on Erhai Lake in Dali you will be required to get on and off the boats without assistance.
- You will be at a higher altitude in Jade Dragon Snow Mountain and in Zhongdian. All passengers should rest and stay well hydrated to acclimatise to the higher altitude.

Of course, our National Escort and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

Country Profile: China

China's civilisation is the oldest in the world and has a history dating back over 5,000 years. With 56 ethnic groups, 22 provinces and eight major dialects, China has a rich and varied culture and way of life. It is home to a wealth of tourist sights and cultural relics, which entice our guests to return again and again to this exciting destination.

Altitude

This itinerary visits areas of high altitude. If you have an existing respiratory, vascular or coronary condition, we recommend checking with your doctor before undertaking this itinerary. The following parts of the itinerary have high altitude:

1. Jade Snow Dragon Mountain near Lijiang. Sightseeing is at Yunshaping (Cloud Fir Meadow) which has an altitude of approximately 3,200m. Please note that the town of Lijiang, where you will be staying overnight is not at high altitude.
2. The town of Zhongdian has an altitude of 3,200m.

AMS (Acute Mountain Sickness) occurs in some people when they travel to altitudes over 3,000m. Mild symptoms of AMS include dizziness, fatigue, nausea or loss of appetite, breathlessness or headache. These usually develop over the first 36 hours at altitude and not immediately on arrival. AMS symptoms are experienced by people of varying ages and levels of fitness, and usually the symptoms will subside after a day or so. If symptoms worsen, you should seek medical advice and descend in altitude immediately. It is recommended to drink more water, non-alcoholic and noncaffeinated drinks and avoid exertion after arriving in altitude over 3,000m.

Making sure you are well hydrated (by drinking lots of water and refraining from alcohol/caffeine) before and during the tour, as well as exercising to improve your aerobic fitness before you leave, are generally considered to be excellent ways to prevent or alleviate the severity of mild AMS. If you smoke, your doctor will probably also advise you to stop several weeks before your tour. Take this Tour Dossier with you to your appointment to explain the altitude at which you will be travelling. Information on AMS can also be found at http://www.travelvax.com.au/resource_files/Travel-Tips---Altitude-Sickness.pdf

Joining Your Tour

The tour is 23 days in duration including international flights. Please note due to flight schedules passengers may arrive/depart on Day 2.

Travellers booked on Land Only, the price includes visa fees and your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on Day 1 in Beijing and end the tour on Day 22 in Shanghai. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

Itinerary Changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we will make the best possible arrangements maintaining the integrity of your trip.

- From November to March the Tang Dynasty music and dance performance is not available on all evenings. If it is not operating on the evening your group is due to attend, a suitable alternative will be arranged by your National Escort/Local Guide.
- The Forbidden City is closed on Mondays, due to maintenance. If it is not open on the day our group is due to visit, Beijing touring will be rearranged by your National Escort/Local Guide accordingly
- Yangtze River. Please note that all sections of the itinerary for the Yangtze River Cruise are especially subject to change. The movement of each vessel along the Yangtze is regulated by the Government's Yangtze River Authority (YRA). The river's rapid flow, the narrowness of the gorges and the recent increase in numbers of passengers means that the timetables are under some pressure. The YRA

allocates times for access to mooring points, embarkation and disembarkation at docks and passage through the gorges. This means that the captain of each cruise ship is unable to confirm a final itinerary until shortly before departure (usually 24 hours prior). This can affect both the time and location where you embark and disembark your cruise ship. Your National Escort/Local Guide will explain any such changes to you as soon as they are informed by the cruise operator.

2019 changes:

- Day 12: We have Removed the Ciqikou Ancient Town easing the pace of touring on this day.
- Day 13: We added Wide and Narrow Alley in Chengdu.
- Day 20: The Dali to Kunming section is now a bullet train instead of a coach transfer.

Itinerary – China Encounters

Day 1: Beijing

On arrival in Beijing Capital International Airport, be met in the arrival hall by your local guide and/or National Escort from Wendy Wu tours. Together with all other group members who may be arriving at a similar time, you will transfer to your hotel. The transfer will take approximately 1 hour. The rest of your day is at leisure.



Destination Information

Beijing – Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

Day 2: Beijing

Walk across the lengths of Tiananmen Square and into the magnificent Forbidden City. Sightseeing here will involve around 3-4 hours on foot. Later, soak up the harmonious ambience of the Temple of Heaven for about 1 hour where you can watch, or take part, in an outdoor dance group. This evening, dine on delicious Peking duck – a favourite of the Chinese emperors before watching a thrilling Chinese acrobatic show.



The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched around so that the Forbidden City is visited on an alternative day.

Destination Information

Tiananmen Square – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

Forbidden City – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

Temple of Heaven – Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, The Temple of Heaven is absolutely unique. It is one of the most perfect examples of Ming architecture. The Temple of Heaven was created as a place of worship for the Emperors, who would ask for prosperity, longevity and good harvest for the people. Walking through the park we will see the many groups of local people that gather here every day to sing folk songs, practice Tai-Chi and sword dancing, play chess or just come to sit and chat.

Peking duck – A favourite of the Emperor's court and the upper-class elite during the Qing Dynasty (1644-1911), Peking duck quickly spread throughout Chinese society to become a national favourite and a symbol of China.

Chinese Acrobatics – Chinese acrobatics incorporates many forms of dramatic art, including acrobatics, contortionism, juggling and plate spinning.

Day 3: Beijing - Chengde

This morning, visit the Summer Palace and the Jade Factory before traveling by coach to Chengde, the former summer getaway of the Manchu (Qing) emperors. This journey usually takes around 4 and a half hours.



Destination Information

Summer Palace – The former holiday retreat of the Qing emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of 'Mountain' and 'Water', seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

Jade Factory – Learn about one of China's most symbolic and important materials: jade, at this comprehensive factory. Learn how to spot real jade, watch artisans at work carving this precious stone, and even buy a piece to take home yourself.

Chengde – Located north of Beijing, Chengde long played an important role in the Manchu emperor's history, firstly, as a hunting ground and then as a summer retreat. Chengde is home to some beautiful architecture, inspired by many different sources around China - the Fleeing the Summer Retreat architecture, for example, is said to resemble that of the Forbidden City in Beijing.

Day 4: Chengde

Visit the stunning Imperial Mountain Villas, the Tibetan-inspired Puning Temple and the more modest but equally beautiful Puyou Temple. You will spend approximately 5-6 hours sightseeing today.



Destination Information

Imperial Mountain Villas – The Imperial Mountain Villas are set in a huge park and are surrounded by a 10km long wall. The Manchu emperors encouraged it to be built in re-creation of the Tibetan palaces in Lhasa, due to the Manchu's spiritual connection to Tibetan Buddhism.

Puning Temple – Built as a memorial to the victory of Emperor Qianlong over Mongol tribes in western China, the Puning Temple is modelled on a Tibetan Buddhist monastery and is home to inscriptions by the Qianlong Emperor in four languages: Chinese, Manchu, Mongol and Tibetan.

Puyou Temple – Built in 1760, the Puyou Temple was built as a place to study Buddhist scripture.

Day 5: Chengde – Beijing

Today, drive back to Beijing via the Jinshanling section of the magnificent Great Wall of China. Jinshanling is less frequented by tourists than other parts of the Wall. The stark, yet magnificent surroundings allow you to put yourself in the shoes of those who walked this incredible edifice hundreds of years ago. Once your group has been given an introduction to the Great Wall's unique history you will have free time to explore at your own pace.



Destination Information

Great Wall of China – Originally built under the first Emperor of China, Qin Shi Huang, The Great Wall of China is the country's most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

Day 6: Beijing – Xian

This morning, take the bullet train to Xian. Your train will be in a second-class soft seater and takes 4-5 hours. In Xian, enjoy some time at leisure and in the evening, dine on scrumptious Shui Jiao dumplings followed by a performance of Tang Dynasty dancing.



Destination Information

Xian – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fare, Xian is a must-see destination.

Day 7: Xian

Spend the morning viewing the enigmatic ranks of the life-sized Terracotta Warriors. The Museum of the Terracotta Warriors and Horses is located around a 1-hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own cost. There is no electric cart available for the return from the museum exit to the bus park. Within the museum area the warriors can be seen in three different 'pits', which are active archaeological digs. The site is large and will take about 2 and a half hours to explore. Visit the Xian Art Ceramics and Lacquer Exhibition Workshop to see smaller models of the warriors being made. Stroll on the beautifully preserved 14th century city walls that enclose Xian's old town. The local guide will give you time to explore the ancient city walls at your own pace. There are options here to hire a bicycle or an electric cart to drive along the length of the wall. These are offered by private vendors and can be organised at your own expense. Later, wander through the atmospheric alleys of the Muslim Quarter.



Please note: If you wish to undertake a bike ride on the Ancient City Wall, we strongly recommend wearing a helmet.

Destination Information

Terracotta Warriors – One of the most significant archaeological discoveries of the 20th century, this unearthed terracotta army holds over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers and designed by Emperor Qin Shi Huang to defend himself in the afterlife.

Xian Art Ceramics and Lacquer Exhibition Workshop – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Exhibition Workshop; even purchase your own portable soldier.

Ancient City Walls – Dating back to the Ming Dynasty in the 14th century, the Xian ancient city wall is one of the best preserved urban fortifications in China. The wall's ideal spot and layout gives visitors a bird's eye view over this fantastic city. Follow the locals' example and hire a bike to get an even better experience.

Muslim Quarter – The Muslim Quarter is the hub of Xian's Islamic community and is home to many stalls selling a myriad of snack foods, a trove of silks and fabrics, and delightful oriental knick-knacks.

Day 8: Xian – Wuhan – Yangtze River Cruise

Take a morning train from Xian to Wuhan, which takes around 4 hours. On arrival, transfer a further 6 hours through the countryside to the docks near Yichang which is located downstream from the Three Gorges Dam. Here you will board the Cruise ship which will take you on an amazing journey up China's Yangtze River on a 4-night cruise.



Please note the Yangtze River cruise section of your itinerary will not be confirmed by the cruise operators until after you commence your tour as it is subject to local river conditions and water levels. Your local guide will do their utmost to keep you informed of any changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. Shore excursions are subject to change depending on local conditions. A detailed itinerary will be handed out on the vessel each day.

If you do not wish to take part in a shore excursion but you still wish to disembark the cruise ship, there is a mandatory port tax which must be paid by each customer. The port tax amount is approx. USD20-USD30 per person; however, this amount can vary and for security reasons, it is not always possible to disembark at all ports of call.

Please be aware that there are a number of steps involved in embarking and disembarking your Yangtze River Cruise Ship, particularly during low tide. If you think this may be an issue, please inform us in advance.

You may be offered cabin upgrades locally which may include some of the amenity package services. Please note that the amenity package benefits start on the second day of the cruise

Destination Information

Yangtze River – One of the world's great and legendary waterways, this 6,300km river has its origins high up in the snow-covered mountain of Tanggula, in the southwestern Qinghai Tibet Plateau, and runs into the ocean in Shanghai. It is estimated that the banks of this river are home to almost a third of China's population.

Day 9: Yangtze River Cruise

Visit the Three Gorges Dam, the largest hydroelectric dam in the world. Disembark the ship and drive approximately 20 minutes, passing through the surrounding areas (the coach is not permitted to stop for photos). Stop at the viewing area above the ship locks to truly appreciate the scale of this hydroelectric project. There is a small museum and a lookout. The sightseeing will involve around 1 hour on foot. Return to the ship and sail through Xiling Gorge, the longest and deepest of the three gorges.



Destination Information

Three Gorges Dam – Commenced in 1994 and completed in 2009, the Three Gorges Dam is the largest water conservancy project ever undertaken. The Dam is located near Sandouping, which is in the middle of the Xiling Gorge, the longest of the Three Gorges. The dam is 2,335m long, 185m high, 18m wide on the top and 130m wide at the bottom. The dam has raised the river to a level of 175m above sea level, creating a 600km long reservoir. The building of this huge dam was for flood control, electricity, navigation, and irrigation.

Day 10: Yangtze River Cruise

Transfer to smaller vessels for a relaxing excursion through the Shennong Stream gorges, which are narrower than the Three Gorges, but very impressive. Later, as the cruise ship continues upstream, prepare for breathtaking vistas as you pass through Wu gorge and Qutang gorges. Wu gorge is known for its quiet beauty, forest-covered mountains, and sheer cliffs, while Qutang Gorge is the shortest, narrowest, and most dramatic gorge.

Depending on local river conditions, you may travel along the gorges of Goddess Stream instead of Shennong Stream.



Destination Information

Shennong Stream – Shennong Stream flows from north to south through stunning deep gorges finally merging with the Yangtze to the east of the mouth of Wu Gorge. The landscape on both banks of this crystal-clear stream is unique and tranquil.

Day 11: Yangtze River Cruise

Today, visit the Shibaozhai Temple, an 18th century architectural marvel. This small temple was built at the top of a nine-storey pavilion clinging to the sheer south bank near Qutang Gorge. Disembark from the ship to the dock close to the pavilion's entrance. Sightseeing here involves climbing the nine storeys inside the building. You will be off the ship for 2 hours.

Depending on river conditions you may visit the Jade Emperor Scenic Area near Fengdu instead of the Shibaozhai Temple.



Destination Information

Shibaozhai Temple – Shibaozhai temple is a nine-storey temple, named after the hill on which it stands. Dating back to the 18th century, it was built during the Xianfeng Emperor's reign and is an example of Buddhist architecture. The temple is said to have been constructed without the use of nails.

Day 12: Yangtze River Cruise – Chengdu

Disembark from your Yangtze River cruise vessel in Chongqing and drive 4-5 hours to Chengdu, the capital of Sichuan Province, and check in to your hotel.



Destination Information

Chongqing – A city perched on the steep hills overlooking the confluence of the Jialing and the Yangtze Rivers, Chongqing is the chief industrial centre of south west China, producing approximately one fifth of Sichuan's industrial output. Chongqing has been reshaped by the Three Gorges Dam Project, which now allows larger sea-going vessels to sail all the way upriver to China's most famous waterfront mountain city.

Day 13: Chengdu

Today you will visit China's most famous resident, the Giant Panda. Visit the Panda Conservation Centre where you can learn about China's celebrated bear. See these lovable creatures in surroundings that mirror their natural habitat. It is not guaranteed that you will be able to see the feeding of the younger pandas, as this only happens at the start and end of each day. Sightseeing here involves at least 1 ½ hours of walking. There are electric carts offered by private vendors that can be organised at your expense. Later, you will visit Matchmaker's Corner in People's Park where parents search for worthy suitors for their children and wonder through the Wide and Narrow Alleys district of Chengdu.



Destination Information

Panda Conservation Centre – With over 80 pandas holding residence, the Chengdu Panda Research Base is equipped with the latest technology and research materials to gain a further understanding in how we can protect the panda and maintain, if not increase, its numbers. The park is set up to resemble the mountain and forest regions in north Sichuan, the original home of the Giant Panda, with extensive bamboo trees and large green spaces. Red Pandas, the Giant Panda's lovable cousin, and flamboyant peacocks too roam the park, making for an interesting mix.

People's Park – People's Park is a pleasant respite from urban Chengdu. Here you can see beautiful golden koi, locals dancing and practicing tai chi, and most interesting of all, Matchmaker's Corner, where parents search for suitable boyfriends or girlfriends for their children.

Day 14: Chengdu - Zhongdian

Today you will fly to the monastery town of Zhongdian, also known as Shangri-La. Your flight is approximately 1 and a half hours.

Please note, Zhongdian is at an altitude of 3,200M. All passengers should rest and stay well hydrated to acclimatise to the higher altitude.

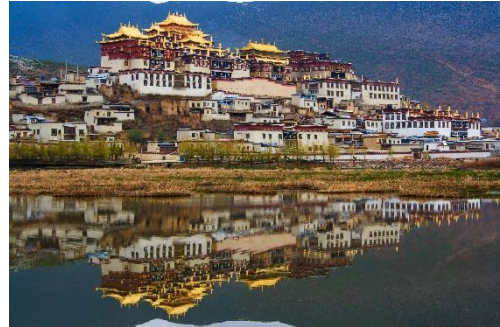


Destination Information

Zhongdian – Seen as the joining point between Yunnan and Tibet, Zhongdian is a beautiful Tibetan town home to rugged scenery and remote temples. Known in Tibetan as Gyalthang, the town is said to be the location of the author James Hilton's fictional land of Shangri-La.

Day 15: Zhongdian

Today you will visit the Songzanlin Monastery, one of the most significant centres of Tibetan Buddhism outside of Tibet. There are steep steps to climb at the monastery. Continue on to a Tibetan village where you will pay a visit to a local family and learn how to make Tibetan Butter Tea. Later, visit Zhongdian's Old Town where you will see authentic Tibetan dwellings, prayer halls and pagodas. End your day with a trip to the Dafo Temple.

**Destination Information**

Songzanlin Monastery – This 17th century monastery is the largest of its kind in Yunnan. The Songzanlin Monastery is sometimes referred to as the 'Little Potala Palace' due to its resemblance to its bigger counterpart in Lhasa. The Monastery is coated in beautiful golden roofs and is a fusion of Tibetan and Han Chinese architecture.

Tibetan village – Gain an insight into how the local people live, maybe taste some local snacks and see the traditional Tibetan architecture.

Zhongdian Old Town – Though unfortunately two thirds of the town was burnt down in January 2014, the remaining section has managed to maintain its original quaint charm which makes Zhongdian so alluring. See the perfect blend of Tibetan and Han cultures, architecture and people in this charming little town.

Day 16: Zhongdian - Lijiang

Drive approximately 2 hours (depending on the number of photo stops) to the northern bank of the Tiger Leaping Gorge, said to be the deepest gorge in the world. You will stop for a short while at the steps above the famous Tiger Leaping Rock. You can choose to walk down the steps to the water or have some free time while other group members do this. There are usually sedan chairs offered by local vendors, which can be organised at your own expense. Lunch today will be a simple meal as the choice of restaurants in this area is limited. Continue on another 2 hours to Lijiang, a quaint and traditional Yunnan town where you will wander through the atmospheric Old Quarter.



Destination Information

Tiger Leaping Gorge – Tiger Leaping Gorge is believed to be one of the deepest and most dramatic gorges in the world, measuring at 16km. Hiking along Tiger Leaping Gorge has become incredibly popular, as those who do can view its roaring stream, cascading waterfalls and magnificent scale – great for those who crave an adventure.

Lijiang – A beautiful tapestry of cobbled streets, rickety wooden buildings and sultry streams, Lijiang is a vision of idyllic wonder; a great place to just take a stroll and soak up the atmosphere.

Day 17: Lijiang

A magnificent mountain massif, the Jade Dragon Snow Mountain incorporates several peaks, the tallest of which is 5,500m. Visiting Jade Dragon Snow Mountain is very popular with travellers in the area, so to avoid the large crowds of people queuing at the same time, the local Government's tourist authority allocates times to each group. The bus will drive to the base of the mountain where you can then take a 10-minute chairlift to explore one of the beautiful high meadows and enjoy the amazing vistas. From the chairlift there is a wooden pathway to the meadow; this walking route takes approximately 20 minutes. Descend by chairlift to re-board the bus. You may reach a maximum altitude of 3250metres during your time on Jade Dragon Snow Mountain. Later, visit Baisha Old Town to view the fascinating murals, painted during the early Ming Dynasty, and the Mu Family Embroidery School. Sightseeing at Baisha Old Town is leisurely. There are ruthless souvenir sellers near the bus park so be firm to avoid any hassle.



Please note this section of the itinerary is subject to change at late notice. Your local guide will keep you informed of any changes as they are made aware of them.

Destination Information

Jade Dragon Snow Mountain – Jade Dragon Snow Mountain is known for its mysterious ambience and snow-covered peaks and is considered the Holy Mountain amongst the Naxi ethnic group and other ethnic minorities in Lijiang. Popular for hiking, mountaineering, botanising and skiing, Jade Dragon Snow Mountain attracts thousands of visitors every year who enjoy exploring its lofty peaks.

Baisha Old Town and Frescoes – Once the capital of the Naxi minority group, the Baisha Old Town is home to typical Naxi architecture and a great place to see the Naxi people going about their daily lives. The Baisha Frescoes date back to the early Ming Dynasty and are made up of 44 pieces. Most of the paintings depict religious stories from Taoism and Buddhism.

Mu Family Embroidery School – Watch as locals make intricate pieces of embroidery and take advantage to buy a piece yourself.

Day 18: Lijiang - Dali

Visit the Black Dragon Pool where you can enjoy spectacular vistas of the Jade Dragon Snow Mountain. Drive 4 hours to Dali and on arrival explore the lively Foreigner's Street.



Destination Information

Black Dragon Pool – Constructed in 1737 during the reign of the Qing Dynasty, the Black Dragon Pool is a popular pond in Lijiang which offers stunning vistas and walking opportunities. From this area, visitors can enjoy beautiful panoramas of the Jade Dragon Snow Mountain, the tallest mountain in the area. It is said that there is a black dragon living within the pond's waters, hence the name.

Dali – Sandwiched between the Jade Green Mountains and serene Erhu Lake, Dali is naturally striking in its setting. Mainly a base for the Bai people, Dali has played an important role in the history of south China and was once a post on the old Burma Road.

Foreigners Street – Popular with the foreign backpack community, Dali's Foreigners Street is lined with market stalls selling items from the Bai people, beautiful fabrics and delicious 'small eats' snacks.

Day 19: Dali

Explore Dali's quaint old quarter and head over to Xizhou Village to explore the local wares at the market and the iconic Yen Family house. Sightseeing around the Dali Ancient Quarter and surrounding countryside is relaxed, involving around 3 hours on foot. Later, take a cruise on tranquil Erhai Lake - you will be required to get on and off the boat here without assistance. Lastly, visit the Golden Flower Tie Dye shop.



Destination Information

Xizhou Village – The Xizhou Village was once a military stronghold and flourished during the Ming Dynasty. Surrounded by rice paddies and shadowed by Cangshan Mountain, Xizhou is not only famous historically, but is a great place to shop and browse for Bai minority people wares and delicious fares.

Yen Family House – Previously owned by a famous local merchant, Yen Family House is now a museum of a traditional Bai ethnic house well-known for its wood carvings, stone sculptures and clay statues.

Erhai Lake – The centrepiece of Dali, Erhai Lake is a beautiful oasis of striking blue waters, temple islands and cormorant fishermen. Erhai literally means 'ear sea' and is named so due to the ear shape of the lake. A cruise on the lake is the best way to fully appreciate the natural beauty of the area.

Day 20: Dali - Kunming

This morning, enjoy light sightseeing at the ancient Three Pagodas, and later transfer approximately 5-6 hours to Kunming where you will dine this evening on the delicious local delicacy, Across the Bridge Noodles.



Destination Information

Three Pagodas – Presented in a perfect triangle, the Three Pagodas date back to the 9th century and were built under the Nanzhao State. Made of brick and white mud, the Pagodas are known for their resilience, having survived many natural disasters, including earthquakes.

Kunming – Nicknamed China's 'Spring City' due to its temperate weather, Kunming is the capital of Yunnan Province. Kunming has long played an important city for trade due to its significant location on the borders of Southeast Asia.

Across the Bridge Noodles – Across the Bridge Noodles are a type of rice noodle soup from Yunnan Province served in a broth style. It is usually accompanied by meat, bean curd and vegetables.

Day 21: Kunming

Drive 1 and a half hours to the Stone Forest and spend the morning exploring the unusual limestone rock formations of the Kunming Stone Forest. Sightseeing here involves up to 2 ½ hours walking along cobblestone paths to view the maze of rock pinnacles, lake and ponds. After lunch, drive back to Kunming and later, see the impressive 'Dynamic Yunnan' show.



Destination Information

Kunming Stone Forest – Located 120km south east of Kunming, the Stone Forest consists of thousands of narrow, fantastically shaped pillars of rock, scattered over an area of more than 80 hectares. The park is designed so that you can follow a walkway through the formations of water pools and grey pinnacles, the tallest of which is over 30m high. See if you can find the following formations for yourself – Everlasting Fungus, Baby Buffalo, Moon Grazing Rhino, Sword Pond and Baby Elephant.

Days 22-23: Depart Kunming

Enjoy any time before your departure at leisure. You will be transferred to the airport according to your flight departure time to return to Australia arriving home the same or following day.

Late check-out is not included in our China group tours. If you wish to book a late check-out for your final day in China, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.

China Encounters Travel Information

Visas

Entry visas are required by all visitors to China and Wendy Wu Tours' Visa Department can assist you with the process of obtaining a visa. We will supply you with all paperwork and submit the visa application on your behalf. Visas for China are valid for 90 days from the date of issue and allow you to stay in the country for up to 30 days. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Visa application forms and all relevant documentation are due in our office 60 days prior to departure; if received after this date urgent visa processing fees will apply. Passports will be returned with your final documentation four weeks prior to your group tour's scheduled departure. If you require your passport to be returned earlier, a \$15AUD courier fee will apply.

Please note that if you intend to arrive more than 24 hours before your tour commences or intend to stay in China after your tour has ended and you are NOT staying in a hotel you will need to register with the local police station. If you are staying in a hotel, registration is done on your behalf as part of the check-in process.

Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

Wendy Wu Tours will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

Eating in China

Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home. We welcome people on our tours with a wide variety of tastes and as such try to present an array of food to suit everyone in the group. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China. All meals (excluding drinks) are included in our fully inclusive group tours from dinner on the day of the groups' arrival until breakfast on the groups' day of departure.

Dishes served in restaurants on our group tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional 'family style' on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the table top. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. 'Family style' means that there is a pair of serving

chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your National Escort will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available.

Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs. Please note that double bed requests can be made at time of booking but can't be guaranteed.

Transport

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is comparatively bumpy but our drivers will do their utmost to lessen the impact.

Planes: Internal flights are based on economy class, with reputable airlines. Pre-seat flight allocation is not available.

Cruise ships: On this tour you will take a 4-night cruise up the Yangtze River. Your cabin on your Yangtze River cruise ship will have a private bathroom and balcony. Please note that the cruise ship and all shore excursions arranged by the cruise are on a shared basis.

Trains: On this tour, you will take a high-speed train journey. You will travel in second-class soft seats with air conditioning. For train journeys you must ensure that you pack liquids, aerosols and gels/lotions in your hand luggage as per recent regulations. The National Escort will inform you of specific details prior to boarding. The train companies have implemented a policy which does not allow passengers to carry inflammable liquids including aerosols, styling gel, compressed air or insecticides; any explosives, magnetised material, knives, scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage).

Development in China

Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

Chinese public holidays

If you are travelling within the below Chinese Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded. Chinese New Year is on 25th January 2020 and on 12th February 2021. Golden Week public holidays fall annually between 1st – 3rd May and 1st – 7th October.

Souvenirs

We want to be able to give you an opportunity to buy souvenirs; so in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths! We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

Group Size

Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort and local guides. There will usually be no more than 28 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

Tipping Policy

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is

stated on each Group Tour page will be advised again on your final documentation. Tipping is in RMB and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf. Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

Packing list and Climate

Please refer to our website or brochure for detailed temperature charts.

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on www.weather.com

Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

Exchanging Cash

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Beijing and Shanghai. US Dollars are easily exchanged throughout China and other currencies such as Australian Dollars can generally be exchanged in hotels and airports provided notes are new and undamaged. We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

Personal Expenses & Optional Tours

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$250AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated. Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient

beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

Vaccinations and Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au

Before You Leave

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Last updated 25/09/19

Travelling on an Active Paced Tour

We hope you are looking forward to what we are sure will be a trip of a lifetime. Before you embark on this adventure, we ask you to consider the points listed below that relate to our active paced tours. This will ensure you understand what is involved with an active paced tour and therefore help you decide if your chosen tour is right for you.

This is to ensure that your tour runs as smoothly as possible for you and your fellow tour members.

Please consider the following aspects of active paced tours prior to confirming your arrangements;

- ☐ While we believe that age is no barrier, please give special consideration to the fact that medical assistance and public infrastructure can be limited in these areas.
- ☐ There will be long periods of physical activity, including walking, climbing of stairs, in/out of boats. Tour participants who will travel with a cane/walking stick may come across difficulties. It is our experience that using a cane/walking stick in these areas where there are rough and uneven surfaces, stairs to climb and high altitudes, becomes difficult.
- ☐ Only limited meal options will be available. People with special dietary requirements should expect difficulties on these tours. Please understand that depending on the trip you are taking, you may be given very little or no meat.
- ☐ Your tour may include basic accommodation facilities including home stays, guest houses, truck stops and tented accommodation. This may mean, no or limited hot water, and no private bathroom facilities.
- ☐ There will be long periods of driving on often unsealed, rural and bumpy roads in vehicles ranging from tour coaches to local jeeps and canter vehicles.
- ☐ Altitude affects people in many different ways and a certain level of fitness is required in order to limit the effects. Please discuss how to manage altitude sickness with a health care professional.
- ☐ Overnight trains only have basic bedding in four berth compartments with limited or no ladder facilities to climb to the top bunk. You may be sharing with other tour members or locals.
- ☐ Some tours may have sightseeing en route to the next destination. Therefore participation is required or you will need to remain with the coach until the rest of the group has finished touring.

National Escorts/ Local Guides will endeavor to provide rest stops in your itinerary where possible. Please be advised that some days may have a more physical programme than others.

If you are comfortable with the above-mentioned aspects of travelling on an active paced tour, we look forward to welcoming you on what is sure to be a unique and memorable experience.

However, if you have any hesitations please contact your valued travel agent or our reservations department to discuss the tour further or explore alternative options.