



Colombia Discovery

Active Immerse Yourself Tour | 17 Days | Physical Level 3

Bogota – Cali – Armenia – Medellin – Santa Maria – Cartagena

Colombia is South America's rising star, a charismatic country full of passion! Explore its treasures, from coffee and colonial splendour to Caribbean beaches and all that's in between on this exciting tour.

- Visit the unique Salt Cathedral
- Learn to Salsa dance
- Tour a coffee hacienda with tasting
- Hike the Caribbean coast of Tayrona Park
- Delight in colonial Cartagena
- Relax on the beautiful beaches Isla del Encanto



Colombia Discovery inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- Accommodation as stated
- Meals as stated
- Touring with guides and entrance fees
- All transportation and transfers
- English speaking Local Guides

The only thing you may have to pay for are personal expenditure e.g. meals, drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late checkout and other items not specified on the itinerary.

South America Active Immerse Yourself Tours:

Active tours combine the key sights with more energetic pursuits such as hiking and cycling. This allows us to explore more and discover the destination in greater depth. These tours are designed to provide a wide range of activities to ensure a varied and culturally immersive experience. These tours include:

- Cycling or walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

Physical Level 3:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights. 'Colombia Discovery' is rated 3 on the physical level scale. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances.

- There will be several days of sightseeing on foot for a period of time and in some cases for an extended period of time.
- A part of this tour is at altitude - Cocora sits at 2,400 metres above sea level - activity at these altitudes will be at an easy pace.

Of course, our Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

Joining Your Tour

The tour is 17 days in duration including international flights. Travellers booked on 'Land Only, the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on Day 1 in Bogota and end the tour on Day 15 in Cartagena. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

Itinerary – Colombia Discovery

Days 1: Fly Australia to Bogota

Meals included: Dinner

Fly to Colombia's vibrant capital Bogota, arriving the same day due to crossing the International Date Line en route. You will be met at the airport and transferred approximately an hour and half to your hotel. Enjoy the rest of the afternoon at leisure, before a welcome dinner this evening.

Destination Information

Bogota - Colombia's beating heart, Bogota has an engaging and vibrant capital. The cultural epicentre is La Candelaria, home to museums, galleries, historic old homes, churches and convents; nearly all of Bogota's traditional attractions are based here.

Day 2: Explore Bogota

Meals included: Breakfast, Lunch

Explore the sights of the city, starting in the historic centre at the Plaza de Bolivar where you can wander some of the surrounding streets to admire the impressive colonial architecture. Take a look at some of the most important buildings in the city before marveling at the exhibitions of the Gold Museum. After, ascend Monserrate, the symbol of the city, for excellent views and to visit the 17th century church at its peak. Within is a sacred shrine dedicated to El Senor Caido (the Fallen Lord). Your afternoon will be at leisure. Today's sightseeing will be approximately 5 hours.



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Monserrate –Monserrate is the hill that looms over Bogota and has been considered sacred since pre-Colombian times.

Day 3: Bogota to Cali

Meals included: Breakfast, Lunch, Dinner

This morning you will be transferred approximately 2 hours through La Sabana de Bogota to the town of Zipaquirá. Tour one of Colombia's most unusual attractions; the Salt Cathedral of Zipaquirá. Built 200 metres below ground in a salt mine and beautifully illuminated, this cavernous space is considered an outstanding example of modern Colombian architecture. This afternoon transfer to the airport for your flight to Cali, the hub of Colombia's salsa

Destination Information

Cali – Rich in Afro-Colombian heritage, Cali is where Colombia's diversity and peacefulness is the most apparent.

dancing scene. The flight is approximately an hour and 15 minutes, and on arrival you will be transferred an hour to your hotel.

Day 4: Salsa Dancing in Cali

Meals included: Breakfast, Dinner

Cali has a rich Afro-Colombian heritage and, as a city, exudes a lively, passionate atmosphere. Begin the day exploring, visiting the Sebastian de Belalcazar monument and the quirky El Gateo del Rio park, before admiring the baroque cathedral and colonial stucco La Merced church. Also visit Plaza de Caycedo, the Gobernación and others. Your tour of Cali will last approximately 4 hours. This afternoon, get your dancing shoes on for an exciting 2 hour salsa class, where you'll learn the basic moves of this classic Latin American dance.

Destination Information

Sebastian de Belalcazar monument – A monument to the city's founder, the statue overlooks the city of Cali.

Salsa – The salsa style in this region has become very popular worldwide and Cali is now known as the capital of Salsa as the World Festival of Salsa takes place here every year.

Day 5: Cali to Armenia

Meals included: Breakfast, Lunch, Dinner

Depart Cali this morning and drive for around 4 hours into Colombia's lush coffee region, to a hacienda for a half day coffee tour. With a welcome cup of java in hand, learn all about growing and processing of coffee. Enjoy an introductory talk, exercises in tasting and smelling coffee, and a tour of the factory. At the end of the tour, you'll not only have a greater appreciation for coffee but also a farewell brew to sip on. Later transfer approximately 1 hour to your hotel to check in for a 2 night stay.

Destination Information

Armenia - Was named the 'miracle city' for its high growth and urban development in a brief period. It is a familiar city surrounded by beautiful landscapes and interesting museums.

Day 6: Corcora Valley

Meals included: Breakfast, Lunch, Dinner

Travel 1 hour to the quaint agricultural town of Filandia; the tower viewpoint gives spectacular views over the surrounding countryside. Drive in Jeep Willys for approximately 30 minutes into the beautiful landscapes of Corcora Valley. An eco-guide will introduce you to the Cocora Natural Reserve and lead you through the cloud forest, full of a diverse range of flora and fauna – keep an eye out for palma de cera, Colombia's national tree. Opt for additional activities or just wander freely until lunch. Later, transfer to the quaint town of Salento, where you will have a walking tour to see the typical paisa architecture and visit the workshops of craftsmen and artisans. This day is at altitude of 2400 metres.



Destination Information

Cocora Valley – Located in the central cordillera of the Andean mountain, the valley is part of the Los Nevados National Park and is famous for its wax palms.

Day 7: Armenia to Medellin

Meals included: Breakfast, Lunch

Today drive to the hillside city of Medellin, the 6 hour journey will be broken up with a stop at La Romelia Farm, set in a magnificent natural landscape. Enjoy a guided tour of the nurseries of orchids, tropical plants (some carnivorous!) while spotting many colourful birds. Enjoy a traditional local snack back at the main house before continuing on to Medellin. Please note today will be a long day of driving.

Destination Information

Medellin – Nicknamed the city of eternal spring due to its year-round spring like climate, Medellin is the capital of the Antioquia province.

Day 8: Sightseeing in Medellin

Meals included: Breakfast, Dinner

Set in a valley and backed by mountains, Colombia's second largest city is a leafy, progressive and creative metropolis. Have a full day tour here starting at the Zen-inspired Bare Foot Park, and admiring the sculptures of Colombian artist Fernando Botero. Visit the Metropolitan Cathedral before heading to Nutibara to see a reconstruction of a pueblito paisa. Enjoy Parque de los Deseos and the Botanical Gardens, before embarking on a fascinating walking tour of some of the city's street art. Today's touring will last approximately 5 hours.

Day 9: Explore Medellin

Meals included: Breakfast, Lunch

Today will be a full day of touring; venture out of the city, about an hour and 40 minutes drive, to explore the surrounding region. Pass through the town of Marinilla, where you'll find colonial buildings and a fervent religious tradition; to La Piedra de El Peñol. The around 700-step climb to the top is optional, but those who do it will be rewarded with views across a huge reservoir created by a hydroelectric dam built in the 1970s. Continue to the town of Guatapé, where you'll wander the streets lined with vividly coloured buildings.

**Destination Information**

La Piedra de El Peñol - A towering rock monolith, La Piedra de El Peñol was once worshipped by the local indigenous community.

Day 10: Medellin to Santa Marta

Meals included: Breakfast

Transfer about an hour and a half to the airport and fly to the Caribbean Sea-side city of Santa Marta. Transfer from the airport to your hotel for the rest of the day at leisure.

Destination Information

Santa Marta - In the foothills of the Sierra Nevada mountains, whose peaks can be seen from the beach, Santa Marta was founded in 1525, making it one of South America's oldest cities.

Day 11: Tayrona National Park

Meals included: Breakfast, Lunch

Drive approximately 1 hour from your hotel to start an hour-long walk along the exotic coastline of the Parque Nacional Natural Tayrona to Arrecifes. Continue the walk, and find yourself on stretches of golden sand, amongst lush rainforest and passing natural pools to reach Cabo San Juan Del Guia, a beach where you can take a refreshing dip. The total duration of the walking is 3 hours approximately and today's excursion will be a full day.



Destination Information

Tayrona National Park – From the foothills of the Sierra Nevada de Santa Marta to the Caribbean coast, the national park is packed with rainforest and rich biodiversity.

Day 12: Santa Marta to Cartagena

Meals included: Breakfast, Dinner

Travel 5 hours by road to the Caribbean port city of Cartagena, where the afternoon will be at leisure.

Destination Information

Cartagena - Declared part of the UNESCO World Heritage in 1984, Cartagena encapsulates all the charm of Spanish colonial architecture, the republic period, and today.

Day 13: Discover Cartagena

Meals included: Breakfast, Lunch, Dinner

Cartagena is Colombia's most popular destination. Vibrant and colourful, located on the Caribbean coast and home to a beautifully preserved UNSECO World Heritage-listed old town, it's easy to see why! This morning, venture to the neighbourhoods of Bocagrande and Manga. Wander the cobbled alleys of the old town visiting the House Museum of San Pedro Claver, and see the Castillo de San Felipe. Transfer back to your hotel for the afternoon at leisure. Today's touring will last around 4 hours.



Destination Information

Museum of San Pedro Claver – The museum houses information about San Pedro Claver, who was an advocate for the fair treatment of slaves in the 17th century, and archaeological finds from the area.

Day 14: Rosario Islands

Meals included: Breakfast, Lunch

Spend a dreamy full day on Isla Del Encanto, one of the islands that make up the coral archipelago of Rosario. Transfer by speedboat for approximately an hour and 15 minutes and relax on the beautiful beach or, for the more active, kayak or snorkel (at your own expense), to explore the beauty further. This evening, back in Cartagena, enjoy a farewell dinner.



Destination Information

Isla Del Encanto - Part of the Corales del Rosario National Park, Isla Del Encanto is a small slice of paradise off the coast of Cartagena.

Days 15 - 17: Depart Cartagena

Meals included: Breakfast

Today you will transfer 30 minutes to the airport for your flight back to Australia, arriving home in 2 days due to crossing the International Date Line.

Colombia Discovery Travel Information

Visas

Australian passport holders currently do not require a visa to enter Colombia. Your passport needs to be valid for at least six months beyond your intended return date to Australia. Wendy Wu Tours does not provide a visa service for Worldwide tours. To stay up to date with the latest visa requirements, visit www.smartraveller.gov.au.

Insurance

It is a condition of booking with us that you take out suitable travel insurance. You must provide us with the name of your insurer, policy number and their 24-hour emergency contact number when you book with us or as soon as possible thereafter. These details will be available to your local guides should they be required. Wendy Wu Tours will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

Altitude

On this tour you will be spending one day at altitude – in the Cocora Valley up to 2,400 metres. At this altitude, Altitude Sickness is a risk. Symptoms may include dizziness, fatigue, nausea and shortness of breath. It is recommended that travellers utilize their first day in high-altitude destinations to acclimate. To help you acclimatise we have designed our tours to be at a slower pace with more convenience stops and more free time, during the first few days. Staying hydrated, eating light meals and following a very light schedule will all help. We recommend that any symptoms that are unusual should be brought to the attention of your guide. Your guide will be extremely well-trained in dealing with its effects – taking it easy and taking some time to acclimatise are the best ways to prevent and combat it. Serious cases, meaning that you must descend immediately, are rare. We have adapted the itinerary to make sure that your time at these heights is as relaxed and easy as possible.

There are no specific factors, such as age or fitness, that can cause you to suffer from. Altitude Sickness can affect anyone at any time and symptoms may vary. There is medication - that can help treat and prevent symptoms. Consult a doctor before taking any of these medications, before engaging in strenuous activity at high altitude and regarding any necessary vaccinations in plenty of time before travelling.

Eating in Colombia

Colombian cuisine is extremely diverse and will vary depending on the region you're in. In some places you'll find delicacies like cooked ants or guinea pigs, whilst in others, Colombians would never consider eating this. Most Colombian dishes feature a lot of meat, so it is not always easy for vegetarians. Along the coast, you'll find a great variety of seafood like fish and lobster, prepared with coconut milk sauces. Breakfast is quite important in Colombia and will consist of plenty of juices made from all the fresh fruit available throughout Colombia – there are so many varieties that you most likely haven't heard of many yourself! A typical main meal is ajiaco, a chicken soup with a special herb guasca, partnered with arepa, a bread made from cornmeal, the traditional side dish to any meal.

Whilst we strongly recommend trying as many local dishes as possible, Colombia also has a wide range of international foods available.

Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from business hotels to rainforest lodges. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality may exist between the UK and South America. All group tour hotels have private bathroom facilities and air conditioning where needed. If you experience any difficulty, please speak to your Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

Clothing

On this tour, you will be travelling through various regions of Colombia with quite diverse climates especially in the Coffee Region – In Colombia you will experience all four seasons in one trip. An average moderate temperate in Bogota, Humid and often damp in the Coffee region to the tropical climate in Cartagena. It is recommended to bring lots of layers including the following: T Shirts made of breathable materials, hiking pants, with the option to turn into a short pant (rain pants optional), a fleece jacket for colder parts and the evenings and a waterproof Jacket as shell layer or a light rain jacket, a scarf and hat, warm socks. The climate in Cartagena is tropical, humid and warm we recommend to, wear light weight breathable clothing. A small back pack that fits into your main hand luggage to carry your daily essentials.

Transport

Coaches: Coaches with air conditioning are used on our group tours for city short excursions to the countryside and longer transfers between destinations. Roads in South America have generally been improved over recent years, but please be aware traffic and/or weather conditions may extend driving times. There may be sections of road where the surface may be comparatively bumpy but our drivers will do their utmost to lessen the impact.

Planes: Internal flights are based on economy class, with reputable airlines.

Souvenirs

There are plenty of interesting bits and pieces to buy as souvenirs in Colombia, such as indigenous textiles, handicrafts and artworks, coffee and chocolate, carved wood and products made of alpaca wool, such as gloves, scarves and socks. There will be some opportunities during your tour to pick up souvenirs.

Group Size

Most of our groups consist of 10 travellers or more, there will usually be no more than 28 travellers in each group.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.

Tipping Policy

Local tipping is customary in South & Central America. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much. For your convenience, with years of experience in providing the best customer service, Wendy Wu Tours operates a kitty system on your Group Tour so your Local Guide will look after this aspect of the trip for you. This ensures the amounts paid are reasonable for you and still fair to the local people. The suggested total amount is specified for each Group Tour and will be advised again on your final documentation. Tipping is paid in USD or other local currencies if specified. Any additional tipping you feel is appropriate is welcomed at your discretion.

After your booking

Once you have booked with Wendy Wu Tours, you will receive an email with your confirmation invoice, along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Itinerary changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

Before you leave

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au.

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

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