



## Dreams of Nature Dossier

Immerse Yourself Tour | 23 Days | Physical Level 4

Guilin - Yangshuo - Zhangjiajie - Yangtze River Cruise - Wulong -  
Chongqing - Chengdu - Emeishan

This scenic tour is ideal for those looking to explore lesser known parts of China and get closer to nature. Indulge your senses with China's most spectacular, mysterious and dramatic natural highlights.

- Explore the fascinating rice terraces
- View Zhangjiajie's pinnacles
- Relax with a cruise on Yangtze River
- Walk in the spectacular Three Natural Bridges National Park
- Find peace in Buddhist Emeishan
- Come face to face with the loveable Giant Pandas



#### Dreams of Nature Inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- Meals as stated on the itinerary
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort (if your group is 10 or more passengers) and Local Guides
- Visa fees for Australian passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

*The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.*

#### Immerse Yourself - Go Beyond Tours:

Venture off the beaten track to explore fascinating destinations away from the tourist trail. You will discover the local culture in depth and see sights rarely witnessed by other travellers. These tours take you away from the comforts of home but will reward you with the experiences of a lifetime. These tours include:

- Cycling and walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

#### Physical Level 4:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights

'Dreams of Nature' is rated as a **physical level 4** tour. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances.

- There will be long periods of walking whilst sightseeing, often on steep or uneven ground, especially in the Wulong National Geology Park
- You will be walking down several hundred steps at Longshuixia Fissures
- You will be required to get on and off the boat in Leshan and on Lake Baofeng without assistance

Of course, our National Escorts and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary. If you require any more information about the pace of the tours, please contact our reservations team who will be happy to answer your questions.

#### Altitude:

This itinerary visits areas of high altitude. If you have an existing respiratory, vascular or coronary condition, we recommend checking with your doctor before undertaking this itinerary. The following parts of the itinerary have high altitude:

1. Mt Emei – Sightseeing is at 3,077m [10,095ft].

AMS (Acute Mountain Sickness) occurs in some people when they travel to altitudes over 3,000m. Mild symptoms of AMS include dizziness, fatigue, nausea or loss of appetite, breathlessness or headache. These usually develop over the first 36 hours at altitude and not immediately on arrival. AMS symptoms are experienced by people of varying ages and levels of fitness, and usually the symptoms will subside after a day or so. If symptoms worsen, you should seek medical advice and descend in altitude immediately. It is recommended to drink more water, non-alcoholic and noncaffeinated drinks and avoid exertion after arriving in altitude over 3,000m.

Making sure you are well hydrated (by drinking lots of water and refraining from alcohol/caffeine) before and during the tour, as well as exercising to improve your aerobic fitness before you leave, are generally considered to be excellent ways to prevent or alleviate the severity of mild AMS. If you smoke, your doctor will probably also advise you to stop several weeks before your tour. If you have an existing respiratory, vascular or coronary condition, we recommend checking with your doctor before undertaking this tour. Take this Tour Dossier with you to your appointment to explain the altitude at which you will be travelling. Information on AMS can also be found at [http://www.travelvax.com.au/resource\\_files/Travel-Tips---Altitude-Sickness.pdf](http://www.travelvax.com.au/resource_files/Travel-Tips---Altitude-Sickness.pdf)

### Country Profile: China

China's civilisation is the oldest in the world and has a history dating back over 5,000 years. With 56 ethnic groups, 22 provinces and eight major dialects, China has a rich and varied culture and way of life. It is home to a wealth of tourist sights and cultural relics, which entice our guests to return again and again to this exciting destination.

### Joining Your Tour

The tour is 23 days in duration including international flights. Depending on flight schedules some passengers may arrive/depart on day 2.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on Day 2 in Guilin and end the tour on Day 22 in Chengdu. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

### Itinerary Changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances, we will make the best possible arrangements maintaining the integrity of your trip.

- Yangtze River. Please note that all sections of the itinerary for the Yangtze River Cruise are especially subject to change. The movement of each vessel along the Yangtze is regulated by the Government's Yangtze River Authority (YRA). The river's rapid flow, the narrowness of the gorges and the recent increase in numbers of passengers means that the timetables are under some pressure. The YRA allocates times for access to mooring points, embarkation and disembarkation at docks and passage through the gorges. This means that the captain of each cruise ship is unable to confirm a final itinerary until shortly before departure (usually 24 hours prior). This can affect both the time and location where you embark and disembark your cruise ship. Your National Escort/Local Guide will explain any such changes to you as soon as they are informed by the cruise operator.



## Itinerary – Dreams of Nature

### Day 1-2: Guilin

Fly overnight to Guilin, one of southern China's most beautiful cities. On arrival in Guilin on day 2, you will be met in the arrival hall by your local guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer to your hotel. The rest of the day is at leisure. A tour introduction will be held in the hotel either this evening or the next. Food and drinks will not be served at this meeting, it is simply an opportunity for your group to meet and learn more about travelling in China.



#### Destination Information

**Guilin** – Guilin is one of China's most stunning and panoramic cities and was founded during the reign of the Qin Dynasty. It is renowned for the unique karst mountain beauty that encloses the city. Guilin developed as a trading town due to the building of the Ling Canal which links the important Pearl and Yangtze River systems.

### Day 3: Guilin - Yangshuo

Meals included: Breakfast, Lunch, Dinner

Take a relaxed 4-hour cruise along the Li River to the charming village of Yangshuo where you will spend 2 nights. Around every river bend is a view to take your breath away as jagged peaks loom over rural scenes of lush greenery, grazing buffalos and local fishermen. These are small cruise boats usually holding approximately 100 passengers; with an enclosed dining area on the lower deck and an open viewing area on the upper deck. As it is so popular, there are generally many boats at the docks – please be reassured that the cruise itself will be scenic and relaxing as the boats cruise past un-spoilt countryside. Usually the boats depart at 9am from the dock located a 1-hour drive from your hotel. However, when the river level is low they depart from further downstream which would mean a longer drive and an earlier check out from your hotel. Disembarking from the cruise, your Local Guide will walk with you to your hotel, approximately a 15-minute walk from the river. There are electric carts offered by private vendors which can be organised at your own cost. Take a walk in the idyllic countryside of Yangshuo this afternoon. There is also an optional hike to Moon Hill, offering beautiful views.



#### Destination information

**Li River Cruise** – Joining the twin beauty spots of Guilin and Yangshuo, the Li River offers a leisurely tour through some of the area's most stunning and dramatic scenery. Pass karst mountain landscapes and unhurried cormorant fishermen as you chug along on your river cruise ship.

**Yangshuo** – Yangshuo is home to some of the best scenery in the world. This quaint town is renowned for its breathtaking vistas and peaceful country life. Surrounded by stark karst peaks and attractively located on the Li River, Yangshuo, alongside Guilin, prides itself in being the most sought-after beauty spot in China.

#### Day 4: Yangshuo

Meals included: Breakfast, Lunch

This morning, take part in a traditional Tai Chi class, learning the skills behind this ancient and spiritual exercise. Enjoy the rest of the day at leisure. There are many optional activities to take part in, including walking, cycling and bamboo river rafting (arranged locally and at extra cost). In the evening, you have the option of enjoying the magical 'Liu Sanjie' show (at an additional cost).



#### Day 5: Yangshuo - Guilin

Meals included: Breakfast, Lunch, Dinner

Return to Guilin by road, a drive of around 1 ½ hours. Spend the afternoon exploring the Reed Flute Caves, admiring the stunning colours of the stalagmites and stalactites. You will take a short walk through the caves, sometimes along damp paths and stairs. It usually takes about 1 hour to complete the route and it is very cool inside. Later, visit the Pearl Factory and learn about the South China pearling industry.



##### Destination Information

**Reed Flute Cave** – Named so because of the clumps of slender reed once commonly found at the entrance to the caves which was also used to make flutes, the Reed Flute Caves houses a grotto of multi-coloured stalactites and stalagmites.

**South China Pearl Factory** – Gain a fascinating insight into the pearling industry of southern China at the South China Pearl Factory, where you have the opportunity to purchase some of these elegant silver jewels.

#### Day 6: Longji Rice Terraces

Meals included: Breakfast, Lunch

Travel to the iconic Longji Rice Terraces and head out for a 2-3 hour walk through the traditional rural landscapes. There are several viewpoints boasting picture-postcard views of the extensive rice terraces. You will be provided with a packed lunch today. Later, drive 2 hours back to Guilin and spend the remainder of the day at leisure.



##### Destination Information

**Longji Rice Terrace** – Longji is home to some of the most famous and beautiful rice terraces in China. The name 'Longji' literally translates as 'Dragon's Backbone' and is called so because the rice terraces resemble the scales on a dragon's back.

### Day 7: Guilin - Zhangjiajie

Meals included: Breakfast, Lunch, Dinner

This morning, take the bullet train for 3 ½ hours to Changsha and continue your journey by road for approximately 4 hours to Zhangjiajie.



#### Destination Information

**Zhangjiajie** – A scenic area of over 3,000 sandstone pillars, rising from misty folds of subtropical forest and cloaked in vibrant green vegetation, Zhangjiajie's striking beauty is unforgettable.

### Day 8: Zhangjiajie

Meals included: Breakfast, Lunch, Dinner

Today, enjoy a full day of exploring in Zhangjiajie National Park. You will start at the entrance to the national park and make your way around the karst scenery. Explore the colourful stalagmites and stalactites of the Huanglong Cave (the Huanglong Cave can be slippery in places so please be careful). Head to the Jinbian Stream and Ten-Mile Natural Gallery, where you can take the two-way sightseeing train. You will be walking for approximately 4-5 hours in the National Park today.



#### Destination Information

**Huanglong Cave** – The Huanglong Cave is a karst cave stretching over 120 acres in area. Inside the cave there are waterfalls, rivers, pools and lakes.

**Jinbian Stream** – Called Golden Whip Stream after the 380m high Golden Whip Rock, Jinbian Stream is famous for its pristine water, lush mountains, steep cliffs and serene valley. Exotic plants and rare animals co-exist, and the valley in which it lies is known as one of the most beautiful valleys in the world.

**Ten-Mile Natural Gallery** – Ten Mile Natural Gallery is a 5.8km long valley with picturesque scenery. Peaks on both sides of the valley form natural sculptures – like a natural art gallery.

### Day 9: Zhangjiajie

Meals included: Breakfast, Lunch, Dinner

This morning, cruise 1-2 hours on Lake Baofeng, a peaceful expanse of water amongst picturesque karst scenery. Cruise out on a sampan to enjoy water vistas and mountain scenery (you will need to get on and off your small boat on Lake Baofeng). This afternoon, continue exploring Zhangjiajie for around 2-3 hours on foot, seeing Yuanjiajie Avatar Mountain (take the Bailong elevator up) and Emperor Mountain (take the cable car down).





### Destination Information

**Lake Baofeng** – Located up in the mountains, Lake Baofeng is an abundance of fresh water, accompanied by stunning waterfalls.

### Day 10: Zhangjiajie – Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Take the train for 5 hours to Yichang. On arrival, transfer 1 hour to your Yangtze River Cruise ship, home for the next 4 nights.

*Please note: The Yangtze River cruise section of your itinerary will not be confirmed by the cruise operators until after you commence your tour as it is subject to local river conditions and water levels. Your Local Guide will do their utmost to keep you informed of any changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. Shore excursions are subject to change depending on local conditions. A detailed itinerary will be handed out on the vessel each day.*



*If you do not wish to take part in a shore excursion but you still wish to disembark the cruise ship, there is a mandatory port tax which must be paid by each customer. The port tax amount is approx. USD20-USD30 per person; however, this amount can vary and for security reasons, it is not always possible to disembark at all ports of call.*

*You may be offered cabin upgrades locally which may include some of the amenity package services. Please note that the amenity package benefits start on the second day of the cruise.*

### Destination Information

**Yangtze River** – One of the world's great and legendary waterways, this 6,300km river has its origins high up in the snow-covered mountains of Tanggula, in the southwestern Qinghai Tibet Plateau, and runs into the ocean in Shanghai. It is estimated that the banks of this river are home to almost a third of China's population.

### Day 11: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Visit the Three Gorges Dam, the largest hydroelectric dam in the world. Disembark the ship and drive around 20 minutes (the coach is not permitted to stop for photos) to the viewing area above the ship locks where you will be able to truly appreciate the scale of this hydroelectric project. There is also a small museum here and a lookout point. The sightseeing will involve around 1 hour on foot. Return to the ship and sail through Xiling Gorge, the longest and deepest of the three gorges.



### Destination Information

**Three Gorges Dam** – Commenced in 1994 and completed in 2009, the Three Gorges Dam is the largest water conservancy project ever undertaken. The Dam is located near Sandouping, which is in the middle of the Xiling Gorge, the longest of the Three Gorges, and is 2,335m long, 185m high, 18m wide on the top and 130m wide at the bottom. The dam has raised the river to a level of 175m above sea level, creating a 600km long reservoir. The building of this huge dam was for flood control, electricity, navigation, and irrigation.

### Day 12: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Transfer to smaller vessels for a relaxing excursion through the Shennong Stream gorges, which are narrower than the Three Gorges, but very impressive. Later, as the cruise ship continues upstream, prepare for breathtaking vistas as you pass through Wu gorge and Qutang gorges. Wu gorge is known for its quiet beauty, forest-covered mountains, and sheer cliffs, while Qutang Gorge is the shortest, narrowest, and most dramatic gorge.



*Depending on local river conditions, you may travel along the gorges of Goddess Stream instead of Shennong Stream.*

#### Destination Information

**Shennong Stream** – Shennong Stream flows from north to south through stunning deep gorges finally merging with the Yangtze to the east of the mouth of Wu Gorge. The landscape on both banks of this crystal-clear stream is unique and tranquil.

### Day 13: Yangtze River Cruise

Meals included: Breakfast, Lunch, Dinner

Today, visit the Shibaozhai Temple, an 18th century architectural marvel. This small temple was built at the top of a nine-storey pavilion clinging to the sheer south bank near Qutang Gorge. Disembark from the ship to the dock close to the pavilion's entrance. Sightseeing here involves climbing the nine storeys inside the building. You will be off the ship for 2 hours.



*Depending on river conditions, an alternate excursion may be substituted to the Jade Emperor Scenic Area near Fengdu, instead of Shibaozhai Temple.*

#### Destination Information

**Shibaozhai Temple** – Shibaozhai Temple is a nine-storey temple, named after the hill on which it stands. Dating back to the 18th century, it was built during the Xianfeng Emperor's reign and is an example of Buddhist architecture. The temple is said to have been constructed without the use of nails.

### Day 14: Yangtze River – Heishan Valley - Wulong

Meals included: Breakfast, Lunch, Dinner

Check out of your cabin this morning and disembark in Chongqing. You will be transferred by coach to Wulong Karst National Geology Park, a journey of approximately 3 hours. Stop en route at Heishan (Black Mountain) Valley, a scenic area enveloped by mysterious fog that is home to deep valleys, lush green forests, majestic waterfalls, rivers and streams, caves, and wildlife. Take time to explore the highlights of the valley before continuing to Wulong.



*Walking today will be approximately 2-3 hours on some uneven and slippery terrain which require extra care whilst walking. It is strongly advised that you wear sturdy footwear with ankle support if needed.*



### Destination Information

**Heishan Valley** – Also known as Black Mountain Valley or Wansheng Heishan Valley, this scenic area is home to abundant wildlife and natural wonders, covered in fog and mist that gives it an other-worldly atmosphere. Covering an area of 103sq kilometres with 97% forest coverage, the primitive natural ecological environment in the valley is well-preserved. Highlights include Carp River Gorge, Fish Leaping Gorge and Fish-Like Waterfall.

**Wulong Karst National Geology Park** – Part of the South China Karst and a UNESCO World Heritage Site, Wulong Karst National Geology Park is situated at the lower reaches of Wujiang River and is divided into three karst systems containing the Three Natural Bridges, the Houping Tiankeng (Houping Giant Doline) and Furong Cave. Its remote location has ensured that the park is relatively unspoilt and retains its original, natural features of karst landforms.

### Day 15: Three Natural Bridges & Longshuixia

Meals included: Breakfast, Lunch, Dinner

Today, visit Three Natural Bridges National Park, a rare geological wonder consisting of three natural karst bridges: Tianlong Bridge, Qinglong Bridge and Heilong Bridge. Continue to Longshuixia Fissure, a narrow fault line that has been carved out by the river. The gorge is 5km long and 500m deep. You will need to climb down a few hundred steps, then travel further down by elevator. From here, start the one-way walk to the exit which takes around 2-3 hours, depending on the pace. Along the road you will need to climb down many steps, but most of the walk will be flat.



*Walking today will be approximately 4-5 hours on some uneven and slippery terrain which require extra care whilst walking. It is strongly advised that you wear sturdy footwear with ankle support if needed.*

### Destination Information

**Three Natural Bridges National Park** – Situated in a 1.2km long gorge, the three bridges are natural karst stone arch bridges with an average height of 200m and an average span of 200m, making them the largest natural bridge cluster in Asia. Tianlong Bridge spans 450m and has two arches from north to south – the southern arch is also called Mihun Cave while the northern arch is a passage. Qinglong Bridge spans over 400m and Heilong Bridge has a deep long arch passage.

**Longshuixia Fissures Gorge** – Longshuixia Fissures is a stunning gorge with sheer cliffs, waterfalls and streams. At 5km in length, 500m in depth, and only a few metres in width in places, a journey through the gorge will be truly awe-inspiring.

## Day 16: Wulong – Chongqing

Meals included: Breakfast, Lunch, Dinner

Today, you will explore Wulong Karst National Geology Park – an area of stunning natural scenery with towering limestone karsts, deep gorges caves and natural bridges. One of the highlights is Furong Cave, which is a karst cave located on the banks of Furong River. In the afternoon, travel 3 hours by coach to Chongqing.

*Walking today will be approximately 4-5 hours on some uneven and slippery terrain which require extra care whilst walking It is strongly advised that you wear sturdy footwear with ankle support if needed*



### Destination Information

**Furong Cave** – Discovered in 1993, the Furong Karst Cave is one of the three largest caves in the world. Extending almost 2,400 metres, it is one of the few natural karst caves in China and listed on the UNESCO World Heritage list.

## Day 17: Chongqing - Chengdu

Meals included: Breakfast, Lunch

This morning, visit charming Ciqikou and stroll down the narrow streets to admire the historical and traditional architecture before meeting the loveable Giant Pandas at Chongqing Zoo's Panda House. Later, transfer by coach to the vibrant city of Chengdu, a journey of approximately 4 ½ hours.



### Destination Information

**Ciqikou** – Known colloquially as 'Little Chongqing' and the 'Porcelain Port', Ciqikou dates back to the Ming Dynasty and has maintained its original appearance. Lined with shops selling delicious snacks, Ming-style trinkets and Chinese curios, Ciqikou is a fun way to spend a morning and is a must-see in Chongqing.

**Chongqing Zoo** – Home to a variety of animals, the Panda House at the zoo is a great place for the introduction to China's iconic Giant Pandas.

**Chengdu** – China's symbolic western capital and the residence of the country's most lovable black and white bear, Chengdu has an abundance to offer. With a fast-paced economy that is dragging China's west into the 21st century, it is no wonder that Chengdu's appeal is growing year on year. As the gateway into Sichuan Province's large collection of sights, as well as Chengdu being its own trove of historical and cultural treasures, Chengdu is a must-visit on any trip to China.

## Day 18: Chengdu - Emeishan

Meals included: Breakfast, Lunch, Dinner

Drive 2 ½ hours south of Chengdu to Leshan, where you will see the world's largest stone-carved Buddhist monument - the Leshan Grand Buddha. On arrival at the Grand Buddha there is a 10-minute walk up to the entrance of the park. From here there are 250 steps to ascend and a similar amount to descend to the feet of the Buddha; a time of approximately 2 ½ hours. The steps are extremely steep and can be very slippery in wet weather. There are handrails, but the utmost care is still required. You must be physically capable if you decide to take part. Once you have started the walk to the feet of the Buddha you are committed as the steps are very narrow and strictly one-way only. If you do not wish to do walk up the steps, there are many other attractions to visit within the park including temples, pavilions and caves. You will also take a short boat ride in front of the statue to grasp the size of this structure. Continue 1 hour to Emeishan to check in for your 2-night stay.



### Destination Information

**Leshan Grand Buddha** – The Leshan Buddha was built in the 9th century under the direction of Haitong, a monk who felt the presence of Buddha would help calm the waters below so that shipping vessels could make their journey safely. Amazingly, once the structure was completed, the waters below did calm, some say due to the Buddha's presence, others to the large amount of rock removed in order to carve the Buddha, which resulted in a current change in the waters. The Buddha remains watching over the waters below.

## Day 19: Emeishan

Meals included: Breakfast, Lunch, Dinner

Spend a full day exploring spiritual Emeishan (Mt Emei). There are many pathways to allow exploration of the steep cliffs, lofty peaks and towering trees.



### Destination Information

**Emeishan** – One of the Four Sacred Buddhist Mountains of China, Emeishan is located in Sichuan Province and has been a UNESCO World Heritage Site since 1996. Emeishan is home to the first Buddhist temple to be built in China, dating back to the 1st century.



## Day 20: Emeishan – Chengdu

Meals included: Breakfast, Lunch

Drive 2 hours to Pingle Ancient Town. Dating back to the Han Dynasty, Pingle was a stopping point on the Tea Horse Road. Take time to walk through its maze of teahouse-lined streets before seeing the forest from above on Jinji Suspended Rope Bridge. Drive back to Chengdu.



### Destination Information

**Pingle Ancient Town** – Regarded as one of the best ancient towns in Sichuan Province, Pingle Ancient Town dates back to the Han Dynasty and was a stopping point on legendary Silk Road.

## Day 21: Chengdu

Meals included: Breakfast, Dinner

Today you will visit China's most famous resident, the Giant Panda. Visit the Panda Conservation Centre where you can learn about China's celebrated bear. See these lovable creatures in surroundings that mirror their natural habitat. It is not guaranteed that you will be able to see the feeding of the younger pandas, as this only happens at the start and end of each day. Sightseeing involves approximately 1 ½ hours on foot and there are electric carts offered by private vendors that can be organised at your own cost. Visit People's Park to see the famous Matchmaker's Corner where parents look for suitable suitors for their children. In the evening, dine on typical Sichuanese cuisine.



### Destination Information

**Panda Conservation Centre** – With over 80 pandas holding residence, the Chengdu Panda Research Base is equipped with the latest technology and research materials to gain a further understanding in how we can protect the panda and maintain, if not increase, its numbers. The park is set up to resemble the mountain and forest regions in north Sichuan, the original home of the Giant Panda, with extensive bamboo trees and large green spaces. Red Pandas, the Giant Panda's lovable cousin, and flamboyant peacocks too roam the park, making for an interesting mix.

**People's Park** – People's Park is a pleasant respite from urban Chengdu. Here you can see beautiful golden koi, locals dancing and practicing Tai Chi.

**Sichuanese Meal** – Sichuanese cuisine is famous for its use of Sichuan pepper and chillies. These spices from the area are known for their 'mala' (numb and spicy) flavours, which seem to cool and heat your mouth at the same time.

**Days 22-23: Depart Chengdu**

Meals included: Breakfast

Any time before your flight is at leisure. After check-out, transfer to the airport for your onward flight arriving home the same or following day.

Late check-out is not included in our China group tours. If you wish to book a late check-out for your final day in China, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.



## Dreams of Nature Travel Information

### Visas

Entry visas are required by all visitors to China and Wendy Wu Tours' Visa Department can assist you with the process of obtaining a visa. We will supply you with all paperwork and submit the visa application on your behalf. Visas for China are valid for 90 days from the date of issue and allow you to stay in the country for up to 30 days. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Visa application forms and all relevant documentation are due in our office 60 days prior to departure; if received after this date urgent visa processing fees will apply. Passports will be returned with your final documentation four weeks prior to your group tour's scheduled departure. If you require your passport to be returned earlier, a \$15AUD courier fee will apply.

Please note that if you intend to arrive more than 24 hours before your tour commences or intend to stay in China after your tour has ended and you are NOT staying in a hotel you will need to register with the local police station. If you are staying in a hotel, registration is done on your behalf as part of the check-in process.

### Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

Wendy Wu Tours will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

### Evenings at Leisure

To give you more flexibility and choice when travelling on selected tours in our Immerse Yourself range; we have carefully balanced special highlight meals with evenings at leisure so that you can explore the many culinary delights that China has to offer. Alternatively, you can use this time to enjoy the facilities of your hotel. Your National Escort will be happy to provide you with advice about good places to eat, and assist in the booking of transportation to get you there (at your own expense).

### Eating in China

Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home. We welcome people on our tours with a wide variety of tastes and as such try to present an array of food to suit everyone in the group. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants on our group tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on



the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional 'family style' on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the table top. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. 'Family style' means that there is a pair of serving chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your National Escort will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available.

Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

### Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs. Please note that double bed requests can be made at time of booking but can't be guaranteed.

### Transport

**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Main and inner-city roads in China have a reputation for being very congested. For this reason, it may not always be possible to return to your hotel after sightseeing to freshen up before going to the restaurant for dinner. Roads in China have generally been improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road - not just one or two kilometres as you may be used to. For this reason, the timings listed in the sections below are approximations only.

*Please note that seatbelts are not compulsory by law in China and therefore the Chinese people largely choose not to wear them. For this reason, some vehicles may not be fitted with seatbelts or they may be hidden underneath protective seat covers. It is recommended that where seatbelts are available customers must use them and remain seated at all times while the vehicle is moving. If you have any concerns, please notify your National Escort/Local Guides.*

**Air:** Internal flights are based on economy class, with reputable airlines. Pre-flight seat allocation is not available on international and internal flight sectors.

**Cruise ships:** On this tour you will take a four night cruise up the Yangtze River. Your cabin on your Yangtze River cruise ship will have a private bathroom and balcony. Please note that the cruise ship and all shore excursions arranged by the cruise are on a shared basis.

**Bullet Trains:** On this tour, you will take a bullet train from Guilin to Changsha. You will travel in second-class soft seat class with air conditioning. *On high speed trains, the train companies have implemented a policy which does not allow passengers to carry inflammable liquids including aerosols, styling gel, compressed air or insecticides; any explosives, magnetised material, knives, scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage).*

### Development in China

Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

### Chinese public holidays

If you are travelling within the below Chinese Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded. Chinese New Year is on 25<sup>th</sup> January 2020 and on 12<sup>th</sup> February 2021. Golden Week public holidays fall annually between 1<sup>st</sup> – 3<sup>rd</sup> May and 1<sup>st</sup> – 7<sup>th</sup> October.

### Souvenirs

We want to be able to give you an opportunity to buy souvenirs; so in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths! We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

### Group Size

Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort and local guides. There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

### Tipping Policy

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is in RMB and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf. Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

### Packing list and Climate

Please refer to our website or brochure for detailed temperature charts.

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on [www.weather.com](http://www.weather.com)

### Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

### Exchanging Cash

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of major cities. US Dollars are easily exchanged throughout China and other currencies such as Australian Dollars can generally be exchanged in hotels and airports provided notes are new and undamaged. We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

### Personal Expenses & Optional Tours

**Personal Expense** - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$350AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

**Optional Tours** - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated. Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.



### Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

### Vaccinations and Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au)

### Before You Leave

We strongly recommend registering your travel plans with [www.smarttraveller.gov.au](http://www.smarttraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

### After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

### Travelling on an Active Paced Tour

We hope you are looking forward to what we are sure will be a trip of a lifetime. Before you embark on this adventure, we ask you to consider the points listed below that relate to our active paced tours. This will ensure you understand what is involved with an active paced tour and therefore help you decide if your chosen tour is right for you.

This is to ensure that your tour runs as smoothly as possible for you and your fellow tour members.

Please consider the following aspects of active paced tours prior to confirming your arrangements;

- ☐ While we believe that age is no barrier, please give special consideration to the fact that medical assistance and public infrastructure can be limited in these areas.
- ☐ There will be long periods of physical activity, including walking, climbing of stairs, in/out of boats. Tour participants who will travel with a cane/walking stick may come across difficulties. It is our experience that using a cane/walking stick in these areas where there are rough and uneven surfaces, stairs to climb and high altitudes, becomes difficult.
- ☐ Only limited meal options will be available. People with special dietary requirements should expect difficulties on these tours. Please understand that depending on the trip you are taking, you may be given very little or no meat.
- ☐ Your tour may include basic accommodation facilities including home stays, guest houses, truck stops and tented accommodation. This may mean, no or limited hot water, and no private bathroom facilities.
- ☐ There will be long periods of driving on often unsealed, rural and bumpy roads in vehicles ranging from tour coaches to local jeeps and canter vehicles.
- ☐ Altitude affects people in many different ways and a certain level of fitness is required in order to limit the effects. Please discuss how to manage altitude sickness with a health care professional.
- ☐ Overnight trains only have basic bedding in four berth compartments with limited or no ladder facilities to climb to the top bunk. You may be sharing with other tour members or locals.
- ☐ Some tours may have sightseeing en route to the next destination. Therefore, participation is required or you will need to remain with the coach until the rest of the group has finished touring.

National Escorts/ Local Guides will endeavor to provide rest stops in your itinerary where possible. Please be advised that some days may have a more physical programme than others.

If you are comfortable with the above mentioned aspects of travelling on an active paced tour, we look forward to welcoming you on what is sure to be a unique and memorable experience.

However, if you have any hesitations please contact your valued travel agent or our reservations department to discuss the tour further or explore alternative options.

**Last updated 29/03/19**