



Journey Through Japan

Classic Tour | 15 Days | Physical Level 1

Sapporo – Hakodate – Aomori – Tsunagi – Sendai –
Tokyo – Hakone – Kyoto – Osaka

Along with the must-see sites on the island of Honshu and a day trip to Nikko, this is a tour of varying landscapes as it journeys south from Hokkaido uncovering the charming cities of Sapporo, Otaru and Hakodate.

- Discover the northern island of Hokkaido
- Spend the night in a ryokan and bathe in the warm waters of an onsen
- Explore the culture-filled town of Nikko
- Admire breath-taking Mount Fuji
- Explore Japan's history in Kyoto
- Visit a sake brewery



Journey Through Japan tour inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals (From dinner on day 1 to breakfast on the last day)
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, early check in or late checkout and other items not specified on the itinerary.

Classic Tours:

See the classic sights in the company of expert guides so you can really understand the history and culture of the destination. On our classic tours we take care of everything, leaving you to sit back and enjoy the experience to the full. The tours are fully inclusive with all meals and a comprehensive touring program.

Physical Level 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Journey Through Japan' is rated as a **physical level 1** tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

- On several days, there will be sightseeing on foot for extended periods of time, often involving steps or uneven ground.
- You will be required to get on and off various boats without assistance.

Of course, our National Escort will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

Country Profile: Japan

Japan is a fascinating country situated in northeast Asia. It is comprised of more than 4,000 islands - the main four being Hokkaido, Honshu, Kyushu and Shikoku. The Japanese name for Japan is 'Nippon' or 'Nihon' meaning 'sun origin' and is often translated as 'Land of the Rising Sun'. It is a country of contrasts; engaging a combination of futuristic cities, ancient culture and diverse scenery. Japan is famous for its relatively short Cherry Blossom season.

Joining Your Tour

The tour is 15 days in duration including international flights. Please note that due to flight schedules passengers may depart/arrive on day 2.

Travelers booked on 'Land Only', the price includes your arrival/ departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations.

Join the tour on Day 2 in Sapporo and end the tour on Day 14 in Osaka. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

Itinerary Changes

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

Itinerary – Journey through Japan

Days 1-2: Fly overnight to Sapporo

Fly overnight to Sapporo, capital of the northern Japanese island of Hokkaido. On arrival, you will be met by an English-speaking representative and transfer approximately 1 hour to your hotel.

Please note: Early check in is not included. If your flight arrives in the morning and you wish to arrange this, please speak to your Reservations Consultant. Transfers will differ depending on group size, but you may share a coach with other passengers who are not part of a Wendy Wu Tour. If you are on a shared bus transfer, you may have to walk for a few minutes to get to your hotel.



Destination Information

Sapporo – The capital of Hokkaido, Japan's northernmost island, Sapporo is known as a winter wonderland after it was introduced to the world during the Winter Olympics which were held in the city in 1972. Sapporo is also one of the nation's youngest major cities and is famous for the Snow Festival held annually in February.

Day 3: Sapporo

In the morning, visit the Okurayama Viewing Point and take a 5-minute chair lift to the top of the Sapporo Winter Olympics Ski Jump to enjoy the breath-taking views of the surrounding mountains. Transfer around 1 hour to the pretty port town of Otaru, where you can enjoy strolling along the canal and enjoy lunch at a local restaurant. Return to the hotel and enjoy a couple of hours at leisure before visiting the Sapporo Beer Museum where you can take part in optional beer tasting (up to two beers per person included). Next door to the beer museum is Sapporo Beer Garden where the group will enjoy a Genghis Khan dinner, a Sapporo specialty of BBQ

Lamb (other meats and vegetables will be available for those who do not like lamb, but you must advise in advance).



Destination Information

Okurayama Viewing Point – The Okurayama viewing point sits at the top of the 1972 Winter Olympic ski jump, which is still home to many international competitions. From the top you can enjoy stunning panoramic views of Sapporo and Ishikari Bay.

Otaru – Otaru is a small harbour city northwest of Sapporo. Its beautifully preserved canal area, interesting herring mansions and old warehouses give Otaru's city centre a distinctive character reminiscent of past decades.

Sapporo Beer Museum – Sapporo Beer, one of the oldest and most popular beer brands in the country, has been brewed in Sapporo since 1877. A former brewery from that time now hosts the Sapporo Beer Museum.

Day 4: Sapporo – Shiraoi – Noboribetsu - Hakodate

Depart Sapporo and travel around 1 and a half hour to a lovely lakeside spot to visit a museum of Ainu culture, an indigenous people of the area. Continue to Noboribetsu Jigokudani (Hell Valley) and walk through a volcanic caldera where you can see steam jets, vents and hot springs. After lunch, board a limited express train and travel 2 and a half hours to the harbour city of Hakodate. Check in to the hotel before heading out for dinner and then ascending the Hakodate ropeway for magnificent views over the illuminated city.



Please note: You will need to pack a small overnight bag for tonight as your main luggage will be transferred this morning directly to your hotel in Aomori, arriving the following day.

Destination Information

Shiraoi Ainu Museum – Ainu are an indigenous people of Japan. Scheduled to open in April 2020, the new museum about Ainu culture will also have a recreated Ainu village and space for cultural experiences.

Noboribetsu Jigokudani – Jigokudani or ‘Hell Valley’ is a spectacular, appropriately named valley which displays hot steam vents, sulfurous streams and other volcanic activity. The 24-acre geothermal crater formed from the eruption of Mt Kuttara around 20,000 years ago.

Hakodate – Hakodate is located on Hokkaido’s southern tip. It is known for its delicious, fresh seafood. Hakodate was one of the first Japanese harbour cities to be opened to international trade after the country's era of isolation, and as such has experienced notable foreign influence.

Day 5: Hakodate – Aomori

Start the day by strolling through Hakodate’s bustling morning market, where hundreds of stores and stalls sell fresh local produce, seafood and the odd souvenir before ascending Goryokaku Tower for views over Goryokaku Fort and Mount Hakodate. Transfer to the train station and take a 1-hour bullet train to the city of Aomori in the north of Honshu, Japan’s largest island. Enjoy lunch, then visit the Nebuta Warasse Museum.



Destination Information

Hakodate Morning Market – The Hakodate Morning Market is held daily. Products on sale include different types of fresh seafood such as crabs, salmon eggs and sea urchin, as well as other fresh produce.

Goryokaku Tower – The 98m-tall Goryokaku Tower gives a bird’s eye view of the star-shaped Fort Goryokaku - a Western style citadel, which was built in the last years of the Edo Period.

Aomori – Aomori City is the northernmost prefectural capital city on Honshu, Japan's main island, best known for its spectacular Nebuta Matsuri summer festival.

Nebuta Warasse Museum – Nebuta Warasse is a museum dedicated to Aomori’s famous, 300-year-old Nebuta Matsuri, a lively annual summer festival. The museum tries to capture the spirit of the festival and give visitors a taste of its lively atmosphere, history and traditions.

Day 6: Aomori – Kakunodate - Tsunagi

Depart Aomori and travel around 3 and a half hours by coach to Kakunodate, an old samurai stronghold still known for its samurai traditions. Visit the Aoyagi Samurai Manor Museum for a fascinating look at samurai culture and stroll around Ishiguro House, a traditional samurai residence. Continue a little over 1 hour to the hot spring resort of Tsunagi, where you can make use of the onsen facilities at the traditional Japanese ryokan where you'll stay overnight.



Tonight's accommodation is a ryokan, a traditional Japanese inn, where you will find tatami (straw mat) flooring and futon bedding to sleep on. There will be an onsen hot spring bath at the hotel for you to relax in and experience this traditional Japanese pastime. Please note that onsen baths are segregated and the majority of them do not allow bathing suits.

Please note: You will need to pack a small overnight bag for the next two nights, as your main luggage will be transferred this morning directly to your hotel in Tokyo.

Destination Information

Aoyagi Samurai Manor Museum – The Aoyagi Samurai Manor Museum is an impressive restored family compound that depicts the Samurai way of life from the 17th - 20th centuries. Inside each structure is a fascinating exhibition of objects, including samurai swords and weapons, clothing, pictures and documents.

Ishiguro House – The Ishiguro Family Clan was the most prestigious Samurai clan in the Kakunodate region. The direct descendants have turned their home into a museum to showcase their samurai heritage, while still residing in the house.

Tsunagi – Tsunagi is a small town surrounded by beautiful mountains and has several onsens in the area.

Day 7: Tsunagi – Hiraizumi – Matsushima - Sendai

Transfer 1 and a half hour to Hiraizumi, where you'll explore Chusonji Temple, with its beautiful old gold leaf-covered hall. Continue another 1 and a half hour to Matsushima to enjoy a relaxed cruise on Matsushima Bay, passing amongst the small pine tree-covered islands of this picturesque seascape. Transfer to Sendai and check in to your hotel for the night.



Destination Information

Chusonji Temple – Chusonji was established in 850 as a temple of the Tendai sect of Buddhism and expanded in the 12th century. At its peak, the temple consisted of dozens of buildings but after a fire in 1337 destroyed nearly everything, only two original buildings remain, alongside more recent reconstructions. Chusonji Temple was listed as a UNESCO World Heritage Site in 2011.

Matsushima Bay – Matsushima Bay is considered one of Japan's Three Great Views, along with Miyajima and Amanohashidate. The bay is dotted by over 200 small islands covered by pine trees.

Day 8: Sendai – Nikko - Tokyo

Walk 10-15 minutes to Sendai station and take the bullet train for 1 and a half hour, then transfer 1 hour by coach to the small and charming city of Nikko. Drive by scenic Shinkyo Bridge before visiting the lavish Toshogu Shrine. At the shrine there will be some steps to climb. Continue to the magnificent Kegon Waterfall, taking a 100-metre tall elevator down to a viewpoint where you can look up at the stunning waterfall. You will be walking for approximately 2 hours in Nikko. Drive 2 and a half hours to Tokyo, Japan's capital city, and check in to your hotel.



Destination Information

Asakusa – Asakusa is the centre of Tokyo's Shitamachi (Old Town) District, where you can get a glimpse of historical Tokyo.

Sensoji Temple – Sensoji Temple is an ancient Buddhist Temple and the oldest in Tokyo. The temple was originally founded in the 7th century. The temple adorns an image of the Buddhist Goddess Kannon, who was said to have been rescued by two fishermen from the Sumida River in Tokyo.

Edo Tokyo Museum – The Edo Tokyo Museum illustrates the past of Tokyo, known as Edo until 1869, to relatively recent decades.

Meiji Jingu Shrine – The Meiji shrine is dedicated to the spirits of Emperor Meiji and his wife Empress Shoken. It is a popular place for traditional Japanese weddings.

Tokyo Metropolitan Government Building – The 243-metre-tall Tokyo Metropolitan Government Building has two towers, each housing an observatory at a height of 202 metres.

Tokyo is the ultimate 24-hour city, but look behind its frantic, high-tech frontage and you'll find plenty of tranquil backstreets and old temples to explore; today take a tour by coach of this fascinating city. This morning, head to the vibrant Asakusa district and soak up the ambiance of Senso-ji, Tokyo's oldest Buddhist

Day 9: Tokyo

temple before exploring the Edo Tokyo Museum. After lunch, visit Meiji Jingu Shrine, a tranquil Shinto shrine set amongst a stretch of woodland and then head up to the observatory deck of the Tokyo Government Office Building for panoramic views of Tokyo and beyond. You will be on your feet for 3-4 hours during your touring in Tokyo.



Destination Information

Nikko – Nikko is best known for its vast and rich nature as well as famous sightseeing spots, including historical shrines and temples. Many people visit Nikko for its distinctive mystical atmosphere as it used to be the centre of Shinto and Buddhist mountain worship for many centuries.

Toshogu Shrine – Toshogu Shrine is the final resting place of the founder of the Tokugawa Shogunate that ruled Japan for over 250 years until 1868. The extravagantly decorated shrine complex has more than a dozen buildings set in a beautiful forest. Numerous wood carvings and large amounts of gold leaf were used to decorate the buildings in a way not seen elsewhere in Japan, where simplicity was traditionally stressed in shrine architecture.

Kegon Waterfall – The 97-metre tall Kegon Waterfall is Nikko's most famous waterfall and has been ranked as one of Japan's three most beautiful waterfalls. Water from Lake Chuzenji falls straight down to the rocks below.

Tokyo – One of the world's most cutting-edge capital cities, Tokyo is a city of contrasts, famous for its neon-lit landscape, towering skyscrapers, peaceful shrines and lovingly tended gardens. Although long the political and cultural centre of Japan, Tokyo became the official capital when the Meiji Emperor moved it to Tokyo in 1867.

Day 10: Tokyo – Mount Fuji – Tokyo

Journey around 2 hours to the base of the famous Mount Fuji. Head up Fuji's 5th Station for spectacular mountain vistas, please note it is only possible to reach the 5th station if weather permits. If the 5th Station is closed, the Fuji San World Heritage Centre (formerly Fuji Visitor Centre) will be visited instead. Continue to the Hakone area and take a cruise on tranquil Lake Ashi before taking the Komagatake cable car for spectacular views of Mount Fuji and the lake below (weather permitting). Return to Tokyo.



Destination Information

Mount Fuji – At 3,776m, Mount Fuji is the highest of Japan's mountains and an iconic symbol of the country. Mount Fuji is notoriously shy and is often enveloped by clouds.

Lake Ashi – Formed after Mount Hakone's last eruption 3000 years ago, Lake Ashi is the symbol of Hakone and on a clear day offers spectacular views of Mount Fuji in the distance.

Komagatake Ropeway – Komagatake Ropeway goes from the shore of Lake Ashi to near the Komagatake peak of Mount Hakone. When the weather and visibility is good, panoramic views of Lake Ashi and Mount Fuji can be enjoyed.

Day 11: Tokyo – Kyoto

This morning, transfer to the train station to board your 2-hour bullet train to Kyoto. An enchanting city, Kyoto was capital for a thousand years; today, it is the legacy of ancient Japan, full of tranquil temples, silk-clad geisha and sublime gardens. This afternoon visit Togetsukyo Bridge in the heart of the vibrant Arashiyama district and walk through the bamboo forest.

Please note that your luggage will be transferred separately to your hotel in Kyoto and arrive later the same day



Destination Information

Kyoto – Kyoto was the ancient capital of Japan for approximately 1,000 years until 1867 when it was moved to Tokyo. Many national treasures can be found in Kyoto and in nearby Nara, including old shrines and temples, screen paintings, beautiful gardens, and statues of Buddha.

Togetsukyo Bridge – The wooden Togetsukyo Bridge has been a central landmark in Kyoto's Arashiyama District for over 400 years. The bridge spans the Katsura River in front of Arashiyama Mountain. Both cherry blossom season and autumn leaves season draw large crowds, as the scenery is beautiful.

Arashiyama - Famed for the Bamboo grove, Arashiyama is a sightseeing district of Kyoto filled with temples and shrines.

Day 12: Kyoto

Start the day by visiting Kinkakuji Temple, also known as the Golden Pavilion due to its gold-plated exterior. Then, stroll through Nishiki Market, dubbed 'Kyoto's kitchen', where there are many interesting food and sake stores to explore. Arrive back at your hotel and spend the afternoon at leisure until dinner tonight at a local restaurant.



Destination Information

Kinkakuji Temple (Golden Pavilion) – Kinkakuji Temple is a Buddhist temple and an excellent example of Japanese garden design. The structure is a brilliant golden hue colour and is very minimalistic.

Nishiki Market – A narrow, five block long shopping street lined by more than 100 shops and restaurants, this lively retail market specialises in all things food related, like fresh seafood, produce, knives and cookware. It is a great place to find seasonal foods and Kyoto specialties, such as Japanese sweets, pickles, dried seafood and sushi.

Day 13: Kyoto - Osaka

Try your hand at handkerchief dyeing and then experience the rituals of a tea ceremony. After lunch, visit the mesmerising Fushimi Inari Shrine, which stretches from the bottom to the top of Mount Inari (233 metres high). You will walk up part of the mountain; there are some steep steps and the incline allows a steady-paced walk. Tour a traditional sake brewery to learn about this traditional Japanese spirit before transferring 1 hour to the lively city of Osaka.



Destination Information

Fushimi Inari Shrine (Taisha) – An important Shinto shrine in southern Kyoto, Fushimi Inari is most famous for its thousands of vermilion torii gates which form a network of tunnels around the main shrine buildings. The shrine itself is dedicated to Inari, the Shinto god of rice. There are many fox statues in the grounds of the shrine as foxes are thought to be Inari’s messengers.

Gekkeian Sake Brewery - Sake is the national alcohol of Japan; a tour of the brewery offers the chance to learn about the manufacturing processes.

Osaka – Osaka is Japan’s third largest city. What Osaka lacks in sightseeing locations, it makes up for with its flamboyance, fun loving people and amazing food.

Day 14 - 15: Depart Osaka

This morning is free at leisure before you transfer to Osaka airport for your return flight home.

Please note: Only breakfast is included today. Late check-out is not included in our Journey through Japan tour. If you wish to book a late check-out for your final day in Osaka, please contact our reservations department who can confirm the additional price and make this arrangement for you, subject to availability at the hotel.



Transfers: In the event that your flight departs outside of the majority group departure time, you will be transferred to the airport by a shared coach (not with other Wendy Wu Tours passengers). If you are on a shared coach transfer, you may have to walk for a few minutes to get to the coach.

Please inform our Reservations Team of any allergies and/or special requests at time of booking.

Journey through Japan Travel Information

Visas

Passports must be valid for six months beyond the length of stay. A visa is not required for Australian passport holders for entry into Japan for stays up to 90 days.

Insurance

We strongly encourage all customers be adequately covered by insurance for the duration of their travel arrangements. We advise to take a copy of their travel insurance documents (especially relevant international contact numbers) with the while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals

Eating in Japan

Japanese cuisine is delicious, colourful and healthy. Meals are usually served with a bowl of rice and a bowl of miso soup and consist usually of fish, pickled vegetables and meat. Japan's other main staple is noodles, most famous being Udon and Soba. All meals (excluding drinks) are included in our fully inclusive group tours from the groups' arrival until the day of departure. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout Japan. Food is an important element of Japanese culture. It is a time for families and friends to come together and much of family life revolves around the dinner table. Most food is eaten with chopsticks so best get practicing as cutlery is not always available at restaurants.

Breakfast will mostly be buffet style but may be a set-menu. Lunches are mostly pre- set options as is custom in many local restaurants. Dinner is usually buffet-style, featuring a wide selection of high-quality Japanese and Western dishes, but may occasionally be a set-menu. We usually find this style of dining suits the wide and varied tastes of our customers on tour. These are also pre-booked in advance prior to your arrival by your guides. This will provide greater flexibility and allow you to sample a broad range of local cuisines and dishes. All beverages will be at your own expense and are readily available. Please note: if you have any dietary requirements, you must inform us before your tour starts, and please be aware that restaurants may not always be able to accommodate these. Gluten-free food may not be as readily available as in Australia.

On some days where lots of sights are covered, dinner times may be early and your tour group may head directly to the restaurant after sightseeing without stopping at your hotel to freshen up.

Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Please note double bed requests can be made at time of booking but can't be guaranteed.

In the Tsunagi area, hotels tend to be more traditional in style and culture. In this area, you may be asked to take your shoes off at the door and store them in a secure locker – this is very traditional Japanese culture.

Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and Japan.

Please note that in Japan, hotel rooms and bathrooms are renowned for being small. Standard single rooms are usually smaller than a standard double or twin room, contain one small double bed (or one single bed), and are designed for one person to use. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Hotels in Japan often do not have porters and you will be required to carry your own luggage. If you experience any difficulty, please speak to your National Escort/local guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

On this tour, you will stay at a Ryokan, a traditional Japanese inn, where you will find Tatami (straw mat) flooring and comfortable Futon bedding to sleep on. There will be an onsen hot spring bath at the ryokan for you to relax in and experience this traditional Japanese pastime. Please note that onsen baths are segregated and the majority of them do not allow bathing suits, and hence people will be nude.

Porterage

Please be aware that porterage is not included on our tours. You will therefore need to be able to handle your own luggage within the hotel and when using transportation like trains and coaches.

Transport

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in Japan are extremely well maintained and are comparatively smooth compared with the rest of Asia.

Bullet trains: Second class reserved seats are booked for our groups on bullet trains; there will be toilet facilities on board. Due to the limited space on bullet trains, a separate luggage transfer service will be arranged for all suitcases (1 case per person). You will need to pack a separate overnight bag to carry on the train as your suitcase will not arrive until the following day after a bullet train journey. Your guide will indicate when you will need to prepare for this throughout your tour.

Air: Internal flights are based on economy class, with reputable airlines. Pre-flight seat allocation is unavailable.

Development in Japan

Japan is a developed country and as such matches the west in modernity and technological advances. Japan is an extremely safe country and takes great responsibility in maintaining high safety standards.

Cultural Difference

Japanese society and culture are built on intricate social etiquette and customs. As foreigners, we are not expected to be knowledgeable about all etiquette, but it will make your time in Japan more enjoyable if you are respectful of local customs. Some examples of scenarios you may encounter include removing your shoes and hats when entering a temple or house (some restaurants as well). You may be supplied with slippers at some places, but please come prepared with plenty of spare socks, and shoes that are easy to take off for the fairly regular occasions when they must be removed. Your National Escort will advise you of some of these other customs at the beginning of your tour.

Public Holidays in Japan

If you are travelling with the below Japan Public Holidays please note that celebrations can last a couple of days and during these times some business will be closed and coach, air and train travel may be affected. Tourist

attractions will be open but may be crowded. Showa Day is on 29th April, Constitution Memorial Day is on 3rd May and Emperor's Birthday is on 23rd December every year.

Souvenirs

We want to be able to give you an opportunity to buy souvenirs so we include some stops at museums or exhibitions which demonstrates a craft or product unique to that region with pieces available to buy, We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

Group Size

Most of our groups consist of 10 travellers or more and will be accompanied by a national escort. There will usually be no more than 28 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.

Tipping Policy

Although tipping in Japan is not customary, if you feel you have received an excellent service, please feel free to tip your guide at your discretion.

Packing list and Climate

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on www.weather.com

Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated

Once you have booked with Wendy Wu Tours, you will receive an email with your confirmation invoice, along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2 weeks prior to departure. confiscated.

Exchanging Cash

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Tokyo. US Dollars and Australian Dollars can be exchanged at Narita Airport and in some hotels, provided the Australian currency is new and undamaged. We suggest exchanging your money before travelling to smaller towns, as exchange facilities can be very limited. Your National Escort will remind you to do this before departure.

Personal Expenses & Optional Tours

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$250AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated. Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defence against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist

temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

Vaccinations & Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au

Before You Leave

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

After your booking

Once you have booked with Wendy Wu Tours, you will receive an email with your confirmation invoice, along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2 weeks prior to departure

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