



## Mongolia & Naadam Festival Dossier

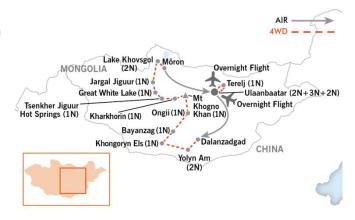
Immerse Yourself Tour | 23 Days | Active

Ulaanbaatar - Gobi Desert - Ongii - Kharkhorin - Tsenkher Jiguur Hot Springs - Lake Khovsgol - Terelj National Park

This tour is a journey of discovery through the land of Genghis Khan, traversing the endless plains to explore sites of immeasurable beauty. Meet the lovely people and get involved in local festivities.

## **Tour Highlights:**

- Experience traditional Mongolia at the Naadam festival
- Explore the Gobi Desert
- Discover Terelj National Park
- Adventure to the Singing Sand Dunes
- Gaze on vast Lake Khovsgol



## Mongolia & the Naadam Festival tour inclusions

Return international flights, taxes and current fuel surcharges (unless a land only option is selected)

- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English-speaking National Escort (If your group is 10 or more passengers)

Personal expenditures e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late checkout and other items not specified on the itinerary are at your own expense.

## **Immerse Yourself Tours**

Designed for those who wish to be further immersed in the authentic charm of Asia; our Immerse Yourself Tours include more cultural and active experiences. You will be accompanied by our dedicated and professional National Escorts or Local Guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience. These tours include:

- Walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations

#### **Active**

'Mongolia & the Naadam Festival' is an **active** tour. Active tours require a good level of fitness, as they are physically more demanding. They may involve hiking, and some travel to remote, high altitude areas where tourist facilities are less developed.

Our National Escort and Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary. The section below also has estimates of driving times and distances each day.

## **Country Profile: Mongolia**

Bordered by Siberia to the north and China to the south, Mongolia is the second largest landlocked country in the world, with a varying geography from the Gobi Desert in the south and mountain regions to the north and west. With a landscape that is quite breath-taking, it offers pristine lakes, rugged mountains and incredible wide-open spaces. Surrounded by mountains and lush forests, it is home to a variety of animals and species of birds. With a turbulent history, Mongolia was first declared a Mongol Empire in 1206 by Genghis Khan. One of the most wonderful events that take place in Mongolia is the fascinating Naadam Festival, with people arriving from all over the country to participate. This spectacular occasion is a photographer's paradise, with an array of activities, food and crafts on offer. Mongolia conjures up images of the legends of Genghis Khan, horses galloping through the expansive open plains and camels crossing the Gobi Desert. The warm-hearted locals will inspire you as they go about their lives with gentle peace and humility, but most of all they will reward you with the experience of a lifetime.

## **Travelling in Mongolia**

Travelling in Mongolia is both rewarding and challenging because of the lack of basic infrastructure, such as roads or a transportation system. This tour covers a vast distance and reaching the sites involves travelling through areas of Mongolia which are barren, remote and without any modern facilities. During the trip, there are hiking opportunities at places such as Khongoryn Els sand dunes, Khorgo Volcano and at Khovsgol Lake. These would normally involve approximately 2 hours on foot. There will not be sealed paths or stairs built in these areas. You do not need to train or be super fit for this itinerary, but you will need to be able to complete these activities independently. Although the pace of this itinerary will allow you plenty of time to see the sites and experience the local way of life, there are also long days of driving on rough unsealed roads or tracks. A few days will involve driving for over 8 hours and you should be prepared for this.

Mongolia has a culture, environment and tradition vastly different to our own. There is not the same level of infrastructure or tourist facilities as other countries you may have travelled in. Those customers who embrace differences and a degree of unpredictability will enjoy this destination most.

## **Itinerary Changes**

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances, we will make the best possible arrangements whilst maintaining the integrity of your trip.

Unannounced flight cancellations may occur.

#### 2018 Changes

• Tour duration of Mongolia and Nadaam Festival will now be 23 days fully inclusive, with one night removed in Ulaanbaatar as seen in our 2017 brochure. Please rest assured no sightseeing will be missed.

## Joining Your Tour

The tour is 23 days in duration including international flights. Travellers booked on 'Land Only' arrangements should make their own way to the starting point. Join the tour on Day 2 in Ulaanbaatar and end the tour on Day 22 in Ulaanbaatar. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

## **Important Information Regarding Itinerary Changes and Flight Delays**

Due to unforeseen circumstances, flights can be delayed, and therefore connecting flights may be missed. If you find yourself in this situation, please contact our local Mongolian office on +976 99112787 (24 hours) to urgently advise your arrival details have changed. Please ensure you have your trip number, tour name (both included in your final documentation) and new arrival details (flight number and arrival time) handy to pass on to our local office in Mongolia. This will ensure your National Escort/Local Guide can be informed of your most up to date information and an arrival transfer will be arranged accordingly. We will endeavour to arrange a transfer as soon as possible however, delays may occur.

If we are not advised of late changes and missed connections, Wendy Wu Tours cannot guarantee someone will be able to meet you upon arrival in Mongolia as our local office will have no way of knowing which flight you will be arriving on. Wendy Wu Tours will not be responsible for providing reimbursement of transportation costs from the airport to your hotel in the event that our local office was not advised of changes to arrival times.

# Mongolia & the Naadam Festival Itinerary DAYS 1-2: FLY TO ULAANBAATAR

Fly overnight with Cathay Pacific Airways and Mongolian Airlines to Mongolia's capital Ulaanbaatar for a three-night stay. You will be met at Ulaanbaatar airport in the Arrivals Hall by your National Escort and/or Local Guide from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer (30 minute drive) to your hotel. This evening there will be a tour introduction in the hotel. Food and drinks will not be served at this meeting, it is simply an opportunity for your group to meet and learn more about travelling in Mongolia. In the event of flight delays or changes to arrival times, please see the above for details as to what to do in this circumstance.

#### **Destination Information**

**Ulaanbaatar** - Occupying one-third of the country's population Ulaanbaatar, the capital of Mongolia, is also its

largest city. It was built along the Tuul Gol River and is surrounded by picturesque mountains with the centre of the city largely occupied with Soviet-style high-rise apartments. The majority of the population prefer to live on the outskirts of the city in the traditional Ger (circular felt tent), which happens to be the most identifiable symbol of the country. Situated on the rolling foothills of the Bogd Mountain, Ulaanbaatar possesses a long and unique history since its establishment in 1639.

## **DAY 3: ULAANBAATAR**

This morning visit the 19th-century built Gandan Monastery and the Sukhbaatar Square. Continue to explore the Museum of Mongolian History and gain an insight into the culture of Mongolia. Later, visit the Zanabazar Museum of Fine Art. Sightseeing today involves approximately 4-5 hours of sightseeing on foot with some driving time included. Please note that both the museums and the Gandan Monastery we visit today will charge extra fees (approximately US\$15 total) for using a camera in their exhibits.

#### **Destination Information**

**Gandan Monastery** - Meaning 'great place of complete joy', which is the largest, most significant monastery in the country. Building began in 1838 and today there are over 150 monks in residence. Lining the walls of the temple are many images of the Buddha of Longevity, Ayush.

**Sukhbaatar Square** - In July 1921, the 'hero of the revolution', Damdin Sukhbaatar, declared Mongolia's independence from China. This Square now bears his name and features a statue of him astride his horse.

**Museum of Mongolian History** - Aims to preserve Mongolian culture through the display of historical, ethnographical and cultural objects ranging from 800,000 years ago to the end of the 20th Century.

#### **DAY 4: ULAANBAATAR TO GOBI DESERT**

This morning fly to Dalanzadgad, located on the edge of the Gobi Desert (flight approximately 1 hour and 30 minutes in duration). Upon arrival, you will be met at the airport by your 4WD vehicles and drivers, which are best suited to Mongolia's road conditions, and transferred 50 minutes to the Ger camp near Gurvansaikhan (Three Beauty) National Park for a two-night stay.

This afternoon, visit a Mongolian nomadic family where you can experience their unique way of life. Return to your Ger camp for the evening.

#### **Destination Information**

**Gurvansaikhan National Park** - The National Park stretches for 2.7 million hectares and contains mountains, dinosaur fossils, sand dunes, rock formations and a valley that is snow-capped for most of the year.

**Family visit** - Visit a local home where you will see a Mongolian Ger and sample Mongolian dairy products such as Mongolian cheese curd and mare's milk.

## **DAY 5: GOBI DESERT**

Today you will explore the magnificent national park, viewing the incredible sharp mountains and vast sand dunes. You will also have the opportunity to view the stunning scenery of the famed Eagle's Gorge or Yolyn Am, which is the native name.

Between the steep walls of the 2km long Yolyn Am Canyon, there is a stream which freezes in winter and it is possible to walk along the ice. At this time of year, the ice will be melting and all customers need to take care when

undertaking this activity. The hike into the Yolyn Am canyon takes 2-3 hours return. There will be an opportunity for the early risers to go into the park earlier this morning to see the multitude of wildlife in this section of the Gobi, including the mountain ibex, argali and many birds of prey.

#### **Destination Information**

**Yolyn Am** - Known as the 'Valley of Eagles'. Located in the Gobi National Park, marvel at the spectacular scenery with its deep and narrow gorges.

#### **DAY 6: KHONGRYN ELS DUNES**

The Gobi Desert is home to many of Mongolia's renowned landscapes and consists of the largest sand dunes within Mongolia, located at Khongoryn Els.

Today after an early breakfast, travel by 4WD 220km (4-5 hours) to Khongoryn Els, and later visit the remarkable sand dunes that offer spectacular desert landscapes. They are located to the west, in the heart of the Gurvansaikhan National Park. You will reach the Ger camp about lunchtime, and there will be plenty of time to explore the sand dunes this afternoon travelling first by 4WD to the northern edge of the dunes and then explore the dunes on foot. This hike will take at least 2 hours return.

Explore this desert countryside on a camel's back for approximately 45 minutes and for the more adventurous, you can climb by foot to the top, which offers spectacular scenery.

#### **Destination Information**

**Khongoryn Els** - The most spectacular sand dunes in Mongolia. Also called the 'Singing Sand Dunes' due to the noise the sand dunes make when the sand is moved by the wind. They measure up to 800m high, 12km wide and approximately 100km long. The largest of the group are situated in the northwest corner of the desert.

#### **DAY 7: KHONGORYN ELS TO BAYANZAG**

This morning, continue your exploration of the Gobi Desert and the sand dunes before enjoying lunch. Afterwards travel by 4WD for approximately 3-4 hours (150km) to Bayanzag, more commonly known as the 'Flaming Cliffs'. This afternoon visit the Gobi Dinosaurs Cemetery and explore the surrounding landscape.

Your overnight stay here will be in a Ger camp near the Flaming Cliffs.

## **Destination Information**

**Bayanzag** - A traditional desert with rock, red sands, scrub and sun, known worldwide for the number of dinosaur bones and eggs found in the area. The first excavated was in 1922 by palaeontologist Roy Chapman Andrews.

#### **DAY 8: BAYANZAG TO ONGIIN MONASTERY**

Spend the day travelling onwards to the banks of the Ongii River, viewing the ruins of two famed monasteries, the Barlim Khiid to the north and the Khutagt Khiid to the south. Combined they form the complex known as Ongiin Khiid. Driving between Bayanzag and the Ongii involves covering a distance of more than 180km, some of which is on jeep trails over dry plains where there are no direct roads. This journey should take between 4-5 hours.

This afternoon check into your Ger camp close to the Ongii River and the ruins of Ongiin Khiid Monastery. After lunch, you can explore the ruins of the two ancient monasteries.

## **Destination Information**

Ongiin Khiid Monastery - Consisting of two monasteries located on the bend of the Ong River. The first monastery, Barlim Khiid, was built in 1810 on the north bank of the river. The second, Khutagt Khiid, was built in 1970 on the south bank and can only be accessed when the water level of the river is low or iced over. Once the largest monasteries and home to a thousand monks, it was destroyed in 1937. Two monks now call the ruins home, after a small temple was constructed in 2004.

#### **DAY 9: ONGII TO MT. KHOGNO KHAN**

This morning depart Ongii and drive approximately 7-8 hours (300km) to Mt. Khogno Khan – the journey will take most of the day.

Upon arrival in Mt. Khogno Khan, you will explore the remains of the 17th-century monastery, the Uvgun Khiids, located at the foot of the mountain. Here you will walk 45 minutes up a dirt path to the ruins. The monastery affords views of the spectacular scenery. Enjoy some time to explore the monastery and its surrounds before proceeding to your Ger camp, located near the Mongol Sand Dune.

#### **Destination Information**

**Uvgun Khiids Monastery** - The monastery was built in 1660, after the existing monastery was destroyed by warring armies in 1640. The original ruins can be found along a designated path and its surroundings are part of the Khogno Khan Natural Reserve spread over 46,900 hectares.

#### **DAY 10: MT. KHOGNO KHAN TO KHARKHORIN**

Drive to the ancient capital of Kharkhorin, situated on the Orkhon River. The drive to Kharkhorin takes approximately 2 hours on a fairly good road (100km). Upon arrival, proceed to your Ger camp where you will check-in for an overnight stay. Explore the ancient sites within Kharkhorin and the memorable Erdene-Zuu Monastery. This site involves walking over rough, uneven surfaces.

#### **Destination Information**

Erdene-Zuu Monastery - After the collapse of the Mongolian Empire; the city was abandoned and fell into disrepair. With what remained, Erdene Zuu (Hundred Treasures) Monastery was built in the 16th Century, the first Buddhist monastery in Mongolia. In 1792 it housed 62 temples and 10,000 lamas and since 1990 it has again become an active monastery, retaining much of its former glory. Enclosed in an immense walled compound, the three temples within are dedicated to the three stages of a Buddha's life: as a child, adolescent and adult. The main central temple is called the Zuu of Buddha and has statues of Buddha as a child.

#### **DAY 11: KHARKHORIN TO TSENKHER JIGUUR HOT SPRINGS**

Enjoy the morning free at leisure to relax at your Ger camp. After lunch, drive 3 hours (150km) to Tsenkher Jiguur Hot Springs and stay overnight in a Ger camp. Here you will have time free at your leisure, to relax in the hot springs and take in the surrounding scenery.

## **Destination Information**

**Tsenkher Jiguur Hot Springs** - Lounge in the volcanic hot springs of Tsenkher Jiguur surrounded by stunning alpine scenery.

## DAY 12: TSENKHER JIGUUR HOT SPRINGS TO GREAT WHITE LAKE

Today enjoy the stunning backdrop as you drive a distance of almost 360km west towards the serene Great White Lake (Terkhiin Tsagaan Nuur). This drive will take the entire day and there is a chance that dinner tonight may be later than usual.

Upon arrival, check into your Ger Camp for an overnight stay. The camp is located within one of the most beautiful areas of the famous Great White Lake and Khorgo Volcano. If time permits, you will visit the Khorgo Volcano and enjoy a hike up to its cone, which takes approximately 15 minutes to ascend.

Arkhangay Province has a reputation for flies so please ensure you bring your own repellent with you today.

#### **Destination Information**

Great White Lake (Terkhiin Tsagaan Nuur) - A fresh water lake that is certainly the highlight of Arkhangai Province. Surrounded by extinct and craterous volcanoes (part of the Tarvagatain Nuruu Range), the lake, bird life and mountains are protected within the 73,000-hectare Khorgo-Terkhiin Tsagaan Nuur National Park. There are wonderful hiking opportunities around the north-eastern side of the lake, including a hike to Khorgo Volcano (2,968m), about 900m above the lake.

## **DAY 13: GREAT WHITE LAKE TO JARGAL JIGUUR**

This morning enjoy a walk (approximately 3 hours in duration) around the shores of the lake, which is home to a diverse variety of wildlife and countless birds. You will have the opportunity to take in the breath-taking scenery of this beautiful lake. After lunch we drive 2-3 hours (120km) to Jargal Jiguur, known as 'home of the yaks', due to many local families seen herding yaks. Upon arrival check into your Ger camp and enjoy time at your leisure.

#### **Destination Information**

Jargal Jiguur - Is well known for the Khunjil natural hot springs, whilst here you will have the chance to immerse ourselves in the open-air baths, averaging a temperature of 70 degrees all year round. The hot springs tend to be popular at night while gazing at the stars.

## DAY 14: JARGAL JIGUUR TO LAKE KHOVSGOL

Today is another long driving day as you depart Jargal Jiguur early this morning and travel 7-8 hours (350km) through Môron to Lake Khovsgol on mostly unsealed and muddy roads. The first section of road is particularly steep and has breath-taking views of the surrounding plains and glacial peaks. There will be sections of road along the lakeshore that are very bumpy.

Upon arrival check into our Ger camp and stay for the next two nights. The Ger camp is located on the eastern shore of the lake. This northern tip of Mongolia is perhaps the most picturesque in all of the country, with tall forests, lush meadows and sparkling lakes. Due to the variety of activities offered at Lake Khovsgol, we allow all customers choice in how they would like to spend time over the next two days. Your National Escort will accompany you on a walk around the lake's shore and assist to organise some of these suggested activities: a horse ride up into the nearby mountains, a visit to a family who raise reindeer, walking the nearby forests or riding a speedboat to see more of the

lake. NB: Please note that activities will be at your own expense.

#### **Destination Information**

Lake Khovsgol - Known as the 'dark blue pearl', Lake Khovsgol is set against a backdrop of mountains, deep pine forests and completed by the sights of grazing horses and yaks. Located in the northernmost province, it is Mongolia's largest and deepest lake and is the largest tributary stream of Lake Baikal. Being the second largest freshwater lake in Asia at 1,645m above sea level, it freezes over from January until April or May.

#### **DAY 15: LAKE KHOVSGOL**

The National Escort will be on hand to assist you in organising some of the suggested activities on offer that you can experience today.

Amazingly 90 rivers flow into the lake, yet only a single river flows out-the Egiin Gol, which ultimately reaches Lake Baikal in Siberia. A ferryboat operates between the two towns. You can explore this vast lake in any way you prefer. Such activities suggested are horse riding into the nearby mountains (at your own expense), rent a speedboat to explore the lake (at your own expense), or take a relaxing walk viewing the beautiful wild flowers that carpet the picturesque valley, witnessing the sharp mountains towering over the lake further north and just simply taking in the magnificent scenery.

## DAY 16: LAKE KHOVSGOL – MÔRON TO ULAANBAATAR

This morning drive 3-4 hours (130km) to Môron airport to board your flight to Ulaanbaatar (flight duration 1 hour and 30 minutes). Upon arrival, you will be transferred to your hotel for a three-night stay.

This evening will include some light sightseeing as the Naadam festivities begin! Travel to Sukhbaatar Square where you can view the Naadam Mongol costumes on display.

## **DAY 17: ULAANBAATAR – NAADAM FESTIVAL**

One of the special features you will encounter over the next two days is experiencing first-hand the annual Naadam Festival. The highlight of your journey begins here as the group mix with locals and nomads alike to witness the Opening Ceremony of the Naadam Festival, at Central Stadium. Here you can see featured events that include wrestling, horseracing and archery. You will have the chance to view the procession of the athletes, officials and

monks, as the first round of competition in the wrestling tournament begins.

Tickets to all arenas are allocated by local Government tourist authority in the weeks leading up to the opening ceremony; therefore the exact programme for the festival cannot be given to you until during your trip.

After the grand Opening Ceremony, the first round of wrestling and archery is held in the afternoon at Naadam Stadium. This evening you will see the Naadam Traditional Folk Gala Show, which includes the renowned 'throat singing'.

Please prepare your bag each day to contain everything you may need for the day – sun hat, sunscreen, drinking water and plenty of camera memory etc. at a minimum. It is usually hot at this time of year, and the seats are not under cover, so you will be exposed to sun all day. Valuables must be kept in the hotel safe or under your clothes in a money belt as you will be walking through huge crowds on your way in and out of the stadium stands. Lunch during this time will usually be a boxed lunch organised by the hotel, so that you can enjoy it 'picnic style' without leaving the excitement of the festival.

#### **Destination Information**

**Naadam Festival** - A local celebration of the Mongolian people and culture. The festivals, origins can be traced to the Mongol Army with horseracing, wrestling and archery competitions favoured by the locals and visitors alike.

#### DAY 18: ULAANBAATAR – NAADAM FESTIVAL

A thrilling day unfolds as you will travel approximately 10km outside the city to view the cross-country horseracing; also known as the 'tumnii ekh' (leader of ten thousand), this certainly is sought amongst the younger competitors. You will participate along with the locals in cheering the athletes as they compete and enthral in the carnival-like atmosphere.

## **DAY 19: ULAANBAATAR TO TERELJ NATIONAL PARK**

This morning travel approximately 2 hours (80km) to Terelj National Park, where upon arrival check into your Ger camp for an overnight stay. Spend the afternoon exploring the area, enjoy the alpine scenery and view Turtle Rock. From here, hike over steep and uneven ground to Aryabal Monastery and later enjoy a visit with a local nomadic family. Learn about their lifestyle including the preparation of dairy products. Sightseeing today involves around 2-3 hours on foot.

#### **Destination Information**

**Terelj National Park** - The scenery is in the National Park is completely different to what you have encountered in the Gobi and is more reminiscent of the Alps in Europe. Terelj National Park is a picturesque place with high cliffs eroded into a wonderful landscape of granite 'tors'. Wind, rain, frost, ice and natural acids have created the bizarre shapes.

**Turtle Rock** - Known locally as Melkhii Khad, it is appropriately named because of its resemblance to a turtle when viewed from a certain angle.

#### **DAY 20: TERELJ NATIONAL PARK TO ULAANBAATAR**

This morning travel 2 hours (80km) back to Ulaanbaatar, stopping en route to visit Genghis Khan Statue Complex. Continue to Ulaanbaatar where upon arrival you will check into your hotel for two-nights.

#### **Destination Information**

**Genghis Khan Statue Complex** - Located 54km east of Ulaanbaatar is the Genghis Khan Statue Complex. We will stop and view this en route to Ulaanbaatar. Standing 43m tall, the statue was erected of Genghis Khan sitting on a horse, it is said to be pointed in the direction of his birthplace.

#### **DAY 21: ULAANBAATAR**

Today you will have a leisurely day in the city. Explore the Bogd King Palace Museum, built over the span of ten years between 1893 and 1903. Sightseeing here is for approximately one and a half hours on foot Visit Zaisan Memorial Hill and enjoy have lunch. After lunch, enjoy a shopping trip to a Gobi cashmere factory store and the State Department store. This evening enjoy a traditional folklore performance.

Please note that the museum we visit today will charge extra fees (approximately US\$20) for using a camera in their exhibits.

#### **Destination Information**

Bogd King Palace Museum - One of the first museums in Mongolia, it was built in 1924 and was formally the winter residence of the last Bogd Khaan of Mongolia, Javzandamba. The palace compound was built between 1893 and 1903, and is well known for the Gate of Peace, temple and personal library of Bogd Khaan. Among the museum's exhibits are sculptures by Mongolia's first Bogd Khaan Zanabazar, the famous Taras. The museum has 21 invaluable sculptures of Taras in this collection.

Zaisan Memorial Hill - Erected by the Russian's to commemorate those killed in World War Two. The Memorial stands on a hill overlooking the city and consists of a circular mosaic depicting the armistice between the four countries. The view from the top is amazing on a clear day. There are approximately 187 steps to the top of the monument.

**DAY 22: Depart Ulaanbaatar** 

Rise early and transfer to the airport to board your flight to Hong Kong, where you will connect with your overnight flight home.

#### **DAY 23: Arrive Australia**

Arrive home today.

#### NADAAM & THE NAADAM FESTIVAL TRAVEL INFORMATION

## **Visas**

Entry visas are required by all visitors to Mongolia. Wendy Wu Tours' Visa Department can assist you with the process of obtaining a visa. We will supply you with all paperwork and submit the visa application on your behalf. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Visa application forms and all relevant documentation are due in our office 75 days prior to departure; if received after this date urgent visa processing fees will apply. Passports will be returned with your final documentation four weeks prior to your group tour's scheduled departure. If you require your passport to be returned earlier, a \$15AUD courier fee will apply.

#### Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

## **Eating in Mongolia**

The combination of vast barren plains and nomadic lifestyle has created a unique culinary tradition in Mongolia, which you will have the opportunity to experience on your tour. All meals (excluding drinks) are included in our Mongolian & the Naadam Festival group tour, from the groups' arrival until the groups' day of departure.

While staying in Ulaanbaatar, the breakfast will contain a mixture of local and western-style dishes, served buffet and set styles. During the Naadam Festival and most days of driving in the countryside, you will be provided with a 'picnic box' lunch. All other meals will be served in restaurants located in Ulaanbaatar or at the Ger camps.

Food in Mongolia tends to be simple, as they have limited ingredients, such as mutton (used in a variety of ways), beef, potato, cucumber, tomato, onion, carrot and sheep's milk. People on restricted or vegetarian diets can be catered for on a limited basis with foods such as noodles, rice and steamed vegetables. Please contact us to discuss this if you are concerned.

We would suggest that you bring some staples or snacks to supplement this diet with you from Australia. Tea/coffee bags and noodles are generally available in all Ger camps. You may wish to bring some biscuits or energy bars if you would like but these can be purchased in Ulaanbaatar. There will be some days that meals may be served late due to the length of the drive that day – refer to the above itinerary to plan for this.

## Accommodation

Your accommodation is selected for convenience of location, comfort or character. The group tour hotel in Ulaanbaatar has private western bathroom facilities, air conditioning, TV and a telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs. Please note double bed requests can be made at time of booking but cannot be guaranteed.

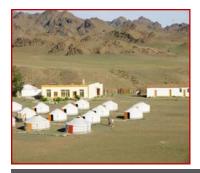
Hotels - Check-out time in Mongolia is 12:00. Please keep this in mind on the days when you are travelling between cities as it may result in a delay of access to your room or a change of itinerary to allow for this delay. Our office in Mongolia will inform the hotels of your expected arrival time, but occasional delays due to last night's guests checking out at midday are beyond our control.

Ger camps - While travelling outside Ulaanbaatar you will be staying in Ger camps. Gers are the traditional home of nomads across Mongolia. They are made from a wooden frame and layers of felt and canvas erected on a wooden platform. The interior is filled with warm fabrics and furs as well as ornate wooden furniture. Ideally suited to Mongolia's nomadic way of life and harsh weather, the Ger has been the most popular dwelling for hundreds of years. Gers are also known by the Russian name 'yurt'. Each Ger will consist of up to four single wooden beds, linen, and a stove for heating purposes, a thick blanket, one electrical socket and a low bearing table and chairs. Shower and toilet facilities will be shared in a separate area, hence a flashlight is needed.

The supply of electricity is limited, as is the supply of hot water. Showers are available, however the camp may have enough power to heat water for five or six people only, so the members of your group should keep this in mind and plan ahead for showers. It is recommended to advise staff at least an hour before you intend to shower as hot water will need to be boiled for you.

Cafes and communal areas are also located within the camp grounds. Most of the Ger camps we use will also have a laundry service available, at a small additional cost. Staying in a Ger will allow you to experience the most unique and intrinsic aspect of the nomadic life in Mongolia. Although they are not luxurious, they do offer comfortable accommodation while we travel through the most remote regions of the country.

See below images for examples of Ger camps (these may not be the exact camps your group stays at but are a good representation of what to expect):







## Early Check-In/Late Check-Out

Early check-in and late check-out is not included in our Mongolia group tours. If you wish to add these to your booking, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.

## **Transport**

There is more than 20,000km of road stretching across Mongolia. Only 1,600km of this distance is paved. In the countryside, you will be travelling across many different surfaces, from gravel highways to wide, open plains where the route is marked out by poles. The roads can be rough, and a level of discomfort can be expected.

In Ulaanbaatar, we use modern, air-conditioned coaches. Everywhere else we use sturdy 4WD vehicles, which best suit this terrain. Each 4WD vehicle will hold three passengers per vehicle and the National Escort will rotate from each vehicle to become the fourth passenger. They will drive in convoy and endeavour to stay within sight of each other throughout the day. Seatbelts are not compulsory by law in Mongolia and local people largely choose not to wear them. Wendy Wu Tours will ensure that the 4WD vehicles are fitted with seatbelts. Drivers often use seat covers to make their vehicles more presentable. If they obstruct your access to seatbelts, please request that they be adjusted or removed. It is recommended that where seat belts are available customers must use them and remain seated at all times whilst the vehicle is moving. Please see your National Escort if you have any concerns.

## **Development in Mongolia**

Although Mongolia is developing quickly, it still lacks the international standards of civil infrastructure and tourist facilities. Concepts of personal responsibility are also different to those in Australia. Consequently, tourist and public facilities may not uphold the same safety standards as in Australia; for example, you may see a hole in the road without a warning sign or safety barricade. All of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday so we ask that you take extra care, use your common sense, refer to notices and follow advice from you National Escort or Local Guides.

Wendy Wu Tours and our partners in Mongolia use our local knowledge to design our itineraries to provide the best paced sightseeing possible. However, we ask that you keep in mind that public holidays, road construction and weather conditions can create traffic congestion or interfere with the itinerary set out here. Your National Escort will do their utmost to avoid problems but cannot guarantee against delays, changes or – in rare cases – cancellations of sections of your itinerary.

Mongolia continues to amaze, fascinate and thrill our customers, many of whom have travelled to more and more areas of this wonderful region with us, year after year. We urge you to keep in mind all the rewards, as well as the challenges, of travelling in a developing country. Almost everything will be different to what you may be used to.

A typical day of sightseeing may include breath-taking views, long hours of driving, the hospitality of the traditional nomadic Ger and a more basic level of accommodation. Travelling in Mongolia requires patience, a sense of humour and an adventurous attitude towards exploring a country that is unspoilt, remote and endlessly fascinating.

There is a low level of English spoken throughout Mongolia so the Local Guides or National Escort will be indispensable during your trip.

## **Souvenirs**

We want to be able to give you an opportunity to buy souvenirs so we include some stops at museums or exhibitions, which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

## **Group Size**

Most of our groups consist of 10 travellers or more and will be accompanied by a National Escort. There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 10 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with Local Guides.

## **Tipping Policy**

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you.

It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is paid US Dollars and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf.

Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

## **Packing List and Climate**

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the predeparture information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on www.weather.com

#### Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 10kg and one piece of hand luggage with a maximum weight of 5kg. It is essential that your luggage is lockable. Please note that authorities may only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

## **Exchanging Cash**

It is highly recommended that when travelling to cities outside of Ulaanbaatar that extra care and attention is paid when exchanging money. Australian Dollars can generally be exchanged, but US Dollars are more widely accepted in all regions of the country. Also the exchange rates for large denominations (USD50+) will be higher than for small denominations (USD20 and smaller).

## **Personal Expenses & Optional Tours**

You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of AU\$350 per week should be sufficient; however for those that cannot resist a bargain, consider allocating a higher amount.

Optional tours may be offered in each city you visit during your tour at an additional cost. These are not included in the standard itinerary and will only be available if time permits. Each option will be arranged locally by your National Escort/Local Guide.

## **Electricity**

Whenever you are outside Ulaanbaatar the supply of electricity is not as reliable with daily outages experienced in most parts of countryside. The Ger camps and local guesthouses sometimes use diesel generators or solar power. This means the electricity

supply can be limited to a few hours per day and can be unpredictable. We recommend for your torch, you bring a supply of batteries from home as shops and markets in this region may not stock reliable or genuine batteries.

## **Vaccinations and Your Health**

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful <a href="https://www.travelvax.com.au">www.travelvax.com.au</a>

## **Before You Leave**

We strongly recommend registering your travel plans with <u>www.smartraveller.gov.au</u> as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

## After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice with deposit documentation via email. This includes important information and links to access the visa application form and instructions sheet online (if applicable). Your final documentation pack will be sent to you approximately four weeks prior to departure.

Updated: 19<sup>th</sup> April 2018

## **Travelling on an Active Paced Tour**

We hope you are looking forward to what we are sure will be a trip of a lifetime. Before you embark on this adventure, we ask you to consider the points listed below that relate to our active paced tours. This will ensure you understand what is involved with an active paced tour and therefore help you decide if your chosen tour is right for you.

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This is to ensure that your tour runs as smoothly as possible for you and your fellow tour members.
Please consider the following aspects of active paced tours prior to confirming your arrangements;
While we believe that age is no barrier, please give special consideration to the fact that medical assistance and public infrastructure can be limited in these areas.
There will be long periods of physical activity, including walking, climbing of stairs, in/out of boats. Tour participants who will travel with a cane/walking stick may come across difficulties. It is our experience that using a cane/walking stick in these areas where there are rough and uneven surfaces, stairs to climb and high altitudes, becomes difficult.
Only limited meal options will be available. People with special dietary requirements should expect difficulties on these tours. Please understand that depending on the trip you are taking, you may be given very little or no meat.
Your tour may include basic accommodation facilities including home stays, guest houses, truck stops and tented accommodation. This may mean, no or limited hot water, and no private bathroom facilities.
There will be long periods of driving on often unsealed, rural and bumpy roads in vehicles ranging from tour coaches to local jeeps and canter vehicles.
Altitude affects people in many different ways and a certain level of fitness is required in order to limit the effects. Please discuss how to manage altitude sickness with a health care professional.
Overnight trains only have basic bedding in four berth compartments with limited or no ladder facilities to climb to the top bunk. You may be sharing with other tour members or locals.
Some tours may have sightseeing en route to the next destination. Therefore participation is required or you will need to remain with the coach until the rest of the group has finished touring.
National Escorts/ Local Guides will endeavor to provide rest stops in your itinerary where possible. Please be advised that some days may have a more physical programme than others.
If you are comfortable with the above mentioned aspects of travelling on an active paced tour, we look forward to welcoming you on what is sure to be a unique and memorable experience.
However, if you have any hesitations please contact your valued travel agent or our reservations department to discuss the tour further or explore alternative options.