



A GLIMPSE OF CHINA

Private Tour | 9 Days | Physical Level 1

SHANGHAI – XIAN – BEIJING

This whistle stop tour visits the highlights in China's contrasting cities of Xian, Beijing and Shanghai and is the perfect introduction to China. Marvel at the Great Wall, before getting a glimpse of China's fascinating past on the ancient walls of Xian and exciting future in bustling Shanghai.

- Discover the imperial treasures of Beijing
- Explore the Great Wall of China
- Experience the spectacular Terracotta Warriors
- Wander Zhujiajiao Canal Town
- Soak up the atmosphere in vibrant Shanghai

To book call **1300 727 998** or visit your local travel agent

Visit wendywutours.com.au

TOUR MAP



A GLIMPSE OF CHINA PRIVATE TOUR INCLUSIONS:

- All accommodation
- 8 breakfasts, 7 lunches & 3 dinners
- Sightseeing and entrance fees as per itinerary
- Transportation and transfers as per itinerary
- English speaking Local Guides
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

NOT INCLUDED IN THE TOUR: international flights, visas, drinks, optional excursions or shows, insurance of any kind, customary tipping, meals not included, early check in or late check out and other items not specified on the itinerary.

PRIVATE TOURS:

These tours are designed for those who want some independence and flexibility. They offer the choice to explore local cuisine, leisure time for optional activities or excursions, and travel when it suits you. Our Private Tours offer excellent value holidays alongside the assurance that most of your arrangements are taken care of. You will also be accompanied by a dedicated and professional guide whose knowledge will turn your holiday into an unforgettable experience.

PHYSICAL LEVEL 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'A Glimpse of China' is rated as a physical level 1 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting in and out of cars and boats, walking around the sights and climbing some steps.

- There will be sightseeing on foot for both short and extended periods of time
- On the Great Wall of China In Beijing, some of the walking will be at an incline

Of course, our Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

ITINERARY CHANGES:

It is our intention is to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

DETAILED ITINERARY

Day 1: Shanghai

Meals: None

On arrival in Shanghai Pudong Airport, Shanghai Hongqiao Airport, or Shanghai railway station you will be met in the arrival hall by your local guide or English speaking assistant from Wendy Wu Tours. You will transfer approximately 1 hour to your hotel.

Early check-in is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.



Destination Information

Shanghai – Once known as the 'Paris of the East', Shanghai is now one of Asia's most influential cities. Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the occidental and oriental. Modern skyscrapers intermingle with 1920s 'shikumen' buildings. This combination is what attracts millions of visitors each year.

Day 2: Shanghai

Meals: B, L

Today's explorations include a wander through the traditional Yu Garden, a stop in the bustling old town, Shanghai Museum, Renmin Square and an opportunity to learn about the age-old silk production process at a silk factory. Later, admire the magnificent colonial architecture with a stroll along the Bund and Xintiandi precinct. Sightseeing today involves a full day of touring around the centre of the city with 3-4 hours on foot. Later, cruise on the mighty Huangpu River for stunning views of the Shanghai skyline.



Destination Information

Old Town and Yu Gardens – The old town of Shanghai, where cobbled streets are lined with traditional shops selling herbal medicines, handicrafts, Chinese tea and a variety of tantalising snacks, is the original centre of Shanghai and for decades was the seat of Chinese authority in Shanghai. The Yu Gardens is seen as one of the most perfect examples of Chinese garden style. Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, koi-filled ponds and stunning, tranquil pavilions.

Shanghai Museum – One of the most esteemed and acclaimed museums in China, the Shanghai Museum has a comprehensive collection of ancient Chinese art. Sprawled over five floors, one could spend half, if not a full day in this comprehensive museum. The shape of the museum was designed to resemble a Chinese vessel, known as a Ding.

The Bund – Recognised as Shanghai's former 'Wall Street', the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund's architecture has inherited much western influence and is a stark contrast to the Pudong skyline, sitting across the Huangpu River.

Silk Factory – The Silk Factory is an educational journey through the production of silk, one of China's most famous and luxurious materials. Learn about the use of silkworms and silk moths in its production; the manufacturing process; as well as silk's journey along the Silk Road which brought this product across Asia and Europe.

Huangpu River Cruise – There is no better way to see the juxtaposition of eras in Shanghai's history than by taking a cruise on the Huangpu River. At night, the dazzling colours and lights from Pudong shine bright onto the more modest twilight of the Bund.

Day 3: Zhujiajiao Water Town

Meals: B, L

Today, drive approximately 1 hour to Zhujiajiao, one of Shanghai's sleepy water towns. Sightseeing here is leisurely and involves a couple of hours exploring on foot. Return to Shanghai and enjoy time at leisure to explore this afternoon. Later, enjoy an exciting Chinese acrobatic show.



Destination Information

Zhujiajiao – One of Shanghai's sleepy water towns, Zhujiajiao is built on an old canal system once used to transport goods all over imperial China. The town's alleyways exude old-world charm, whilst the waterways are lined with ancient buildings and crossed by stone bridges.

Chinese Acrobatics – Chinese Acrobatics incorporates many forms of dramatic art, including acrobatics, contortionism, juggling and plate spinning.

Day 4: Shanghai – Xian

Meals: B, L, D

Fly 2 and a half hours to Xian for a 2-night stay. After lunch, enjoy time at leisure. Tonight, feast on traditional Shui Jiao dumplings, a specialty of the region, before a captivating performance of Tang Dynasty dancing.



Destination Information

Xian – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fares, Xian is a must-see destination.

Tang Dynasty Dancing show – Xian, previously known as Chang'an, was an important cultural and historical centre in not only China but in the known-world. The Tang Dynasty Dancing show is an exciting exponent of this prosperous society and keeps alive the splendour of the period.

Day 5: Xian

Meals: B, L

Spend the morning viewing the enigmatic ranks of the life-sized Terracotta Warriors. The Museum of the Terracotta Warriors and Horses is located approximately a 1-hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own cost. There is no electric cart available for the return from the museum exit to the bus park. Within the museum area the warriors can be seen in three different 'pits', which are active archaeological digs. The site is large and will take about 2 ½ hours to explore. After this, visit the Xian Art Ceramics and Lacquer Exhibition Workshop to see smaller models of the warriors being made. Later, stroll on the beautifully preserved 14th century city walls that enclose Xian's old town. The local guide will give you time to explore the ancient city walls at your own pace. There are options here to hire a bicycle or an electric cart to drive along the length of the wall. These are offered by private vendors and can be organised at your own expense.



Please note: If you wish to undertake a bike ride on the Ancient City Wall, we strongly recommend wearing a helmet.

Destination Information

Terracotta Warriors – One of the most significant archaeological discoveries of the 20th century, this unearthed terracotta army is comprised of over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers and designed by Emperor Qin Shi Huang to defend himself in the afterlife.

Xian Art Ceramics and Lacquer Exhibition Workshop – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Exhibition Workshop; even purchase your own portable soldier.

Ancient city walls – Dating back to the Ming Dynasty in the 14th century, the Xian ancient city wall is one of the best preserved urban fortifications in China. The wall's ideal spot and layout gives visitors a bird's eye view over this fantastic city. Follow the locals' example and take a bike ride to get an ever more spectacular experience.

Day 6: Xian – Beijing

Meals: B, L

This morning, visit the lovely Little Wild Goose Pagoda and take a stroll through the atmospheric alleys of the Muslim Quarter. In the afternoon transfer to the train station and take the speedy bullet train for 5 and a half hours to Beijing. Check in to your hotel and enjoy the evening at leisure.



Destination Information

Little Wild Goose Pagoda – Dating back to the Tang Dynasty, the Little Wild Goose Pagoda is one of two prominent pagodas in Xian. A former centre for translating Buddhist scriptures from India, the Little Wild Goose Pagoda was said to have survived one of the strongest earthquakes in world history.

Muslim Quarter – The Muslim Quarter is the hub of Xian's Islamic community and is home to many stalls selling a myriad of snack foods, a trove of silks and fabrics, and delightful oriental knick-knacks.

Beijing – Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

Day 7: Beijing

Meals: B, L, D

Walk across the lengths of Tiananmen Square and into the magnificent Forbidden City. Soak up the harmonious ambience of the Temple of Heaven. Later enjoy a leisurely stroll through Beijing's hutongs, some dating back 700 years. Meet a local family to get a glimpse of old Beijing's rich culture and experience first-hand the unique hutong way of life. You will spend approximately 6 hours sightseeing today, predominately on foot.



Please note: The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched around so that the Forbidden City is visited on an alternative day.

Destination Information

Tiananmen Square – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

Forbidden City – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

Temple of Heaven – Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, the Temple of Heaven is absolutely unique – one of the most perfect examples of Ming architecture. The Temple of Heaven was created as a place of worship for the Emperors, who would ask for prosperity, longevity and good harvest for the people. Walking through the park we will see the many groups of local people that gather here every day to sing folk songs, practice Tai-Chi and sword dancing, play chess or just come to sit and chat.

Hutongs – The Mongol rulers of Beijing established this style of housing in the 13th century as tenancy for the growing population of the city. Hutongs were designed to reflect the Chinese system of Feng Shui with four hutongs joining together to make a courtyard in the middle, known as Siheyuan. In more recent times, the hutong suburbs were in jeopardy of disappearing, but a fierce debate between developers and those who fought to protect the architecture and the hutong way of life diminished the threat.

Day 8: The Great Wall

Meals: B, L, D

This morning is dedicated to China's most iconic sight – the Great Wall. Drive approximately 2 hours to the Mutianyu section. Reaching the summit by a scenic chairlift or cable car ride, take a stroll along its ancient stones, admiring the magnificence of its construction and the dramatic scenery it crosses. After you have been given an introduction to the Great Wall's unique history you will have free time to explore at your own pace. Descend back down to the ground via a thrilling toboggan ride or by the more serene cable car. Later, visit the Jade Factory, and in the afternoon, drive approximately 1 and a half hours to wander around the Summer Palace. This evening, savour Beijing's most famous delicacy – Peking duck.

**Destination Information**

Great Wall of China – Originally built under the first Emperor of China, Qin Shi Huang, The Great Wall of China is the country's most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

Summer Palace – The former holiday retreat of the Qing emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of 'Mountain' and 'Water', seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

Jade Factory – Learn about one of China's most symbolic and important materials: jade, at this comprehensive factory. Learn how to spot real jade, watch artisans at work carving this precious stone, and even buy a piece to take home yourself.

Peking Duck – A favourite of the Emperor's court and the upper-class elite during the Qing Dynasty (1644-1911), Peking duck quickly spread throughout Chinese society to become a national favourite and a symbol of China.

Days 9: Depart Beijing

Meals: B

You will be transferred from your hotel to the airport, according to the departure time of your onward flight

Late check-out is not included. If you wish to book a late check-out for your final day in China, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.



CHINA - TRAVEL INFORMATION

VISAS:

Entry visas are required by all visitors to China and Wendy Wu Tours Visa Department can assist you with the process of obtaining a visa. Please be advised that your passport must have at least six months validity left on it when you arrive back in Australia.

For the latest information on visa procedures, processing times and requirements, please kindly refer to our website <https://www.wendywutours.com.au/help-and-advice/passports-and-visas/>

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate; Wendy Wu Tours acts as a third party and has no influence on the process of a visa.

INSURANCE:

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance. We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

EATING IN CHINA:

Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often you'll find that the local Chinese style is very different from what you're used to at home. We welcome people on our tours with a wide variety of tastes and as such try to present an array of food to suit everyone. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options.

Most meals are served with plain rice on the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

Your guide will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western

guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

**PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS
AT TIME OF BOOKING**

ACCOMMODATION:

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and China. All tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Due to environmental regulations, not all hotels in China provide toiletries in the rooms.

In China, plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room.

If you experience any difficulty, please speak to your Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

TRANSPORT:

Trains: On this tour, you will take a high-speed “bullet” train journey. You will travel in first-class soft seats with air conditioning. For train journeys you must ensure that you pack liquids, aerosols and gels/lotions in your hand luggage as per recent regulations. Passengers are not allowed to carry any aerosols over 100ml. Passengers are also not allowed to carry flammable gases or liquids including styling gel, compressed air or insecticides; any explosives, magnetised material, knives (including Swiss Army knives), scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage). The Local Guide will inform you of specific details prior to boarding.

High-Speed Train Facilities: The first-class seats are in a 2 x 2 seating configuration. Each carriage has a western style toilet. Most seats will have a foldable tray table and power socket for charging your electronic devices. There are dining carts on board if you wish to purchase your own additional food.

Cars: Private cars with air conditioning are used on our Private tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. The size of the vehicle will vary between cities and dependant on the number of travellers. All vehicles have space for one suitcase and one hand luggage per person. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is bumpy but our drivers will do their utmost to lessen the impact.

Planes: Internal flight/s are based on economy class, with reputable airlines. Lithium Ion batteries, usually used in laptops, cell phones and digital cameras, must be carried in your hand luggage (not in your checked luggage). Portable chargers with a case that does not state the capacity or with a capacity of 160wh and more are not allowed on internal flights at all.

DEVELOPMENT IN CHINA:

Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

TIPPING POLICY:

Tipping while on holiday is common in most parts of the world and China is no exception. For Private Tours, tipping is at your own discretion and we recommend the following amounts paid in the equivalent local currency.

- Tour Guide: US\$8-10 per person, per day
- Drivers: US\$3-5 per person, per day
- Hotel Maid & Porterage: US\$1-2 per use
- Restaurants (with no added service charge to the bill): 10-15% per meal

SOUVENIRS:

We want to be able to give you an opportunity to buy souvenirs; so in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths! We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

LUGGAGE:

All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of 5kg due to the included domestic flight. It is essential that your luggage is lockable. In general, we recommend packing only as much as you can lift as you will need to carry your own luggage on and off the train. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

PUBLIC HOLIDAYS:

If you are travelling within the below Chinese Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded. Chinese New Year is from 9 – 16 February 2024 and 28 January – 4 February 2025. Golden Week public holidays fall annually between 29 April – 3 May and 30 September – 7 October.

EXCHANGING CASH:

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Beijing and Shanghai. US Dollars are easily exchanged throughout China and other currencies can generally be exchanged in hotels and airports provided notes are new and undamaged. We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited.

VACCINATIONS AND YOUR HEALTH:

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au

BEFORE YOU LEAVE:

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

AFTER YOUR BOOKING:

Once you have booked with Wendy Wu Tours, you will receive a confirmation along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

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