



# **Around Cambodia Dossier**

Classic Tour | 15 Days | Physical Level 1

Siem Reap – Battambang – Kampot – Kep – Phnom Penh

The perfect introductory tour, spend two weeks embracing Cambodia's complicated history and fascinating heritage whilst you cover all the best bits of this charming kingdom, including time on the beach and two full days at Angkor.

- Be inspired by magnificent Angkor
- See local life in Tonle Sap
- Enjoy the PHARE circus
- Explore colonial Battambang
- Discover captivating Phnom Penh
- Kick back in coastal Kampot
- Taste the world famous Kampot peppers
- Relax on the gorgeous Sihanoukville beach





## Around Cambodia tour inclusions:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escort (if your group is 10 or more passengers) or local guides
- Visa fees for Australian passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late checkout and other items not specified on the itinerary.

# Classic Tours:

These tours are designed for those who wish to see the iconic sites and magnificent treasures of Cambodia on an excellent value group tour whilst travelling with like-minded people. The tours are on a fully inclusive basis so you'll travel with the assurance that all your arrangements are taken care of. You will be accompanied by our dedicated and professional National Escorts or local guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience.



## Physical Level 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Around Cambodia' is rated as a **physical level 1** tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches, walking around the sights and climbing some steps.

- There will be sightseeing on foot for both short and extended periods of time
- Throughout the tour you will be required to get on and off varying sizes of boats without assistance

Of course, our National Escorts and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

# Country Profile: Cambodia

Cambodia is blessed with unspoilt beaches and beautiful colonial cities like Phnom Penh, Battambang and Kep. In Siem Reap, the breath-taking temples of Angkor are regarded as the heart and soul of Cambodia. Many visitors may never intend to go beyond these magnificent temples; however, they will soon become captivated by other parts of this friendly country.

#### Joining Your Tour

The tour is 15 days in duration including international flights. Please note that depending on flight schedules passengers may arrive/depart on Day 2.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/ departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on Day 2 in Siem Reap and end the tour on Day 14 in Phnom Penh. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

## **Itinerary Changes**

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we will make the best possible arrangements maintaining the integrity of your trip.

- The uppermost level of Bayon Temple will be undergoing restorations from January 2020 and may last several years. During this maintenance period passengers will be unable to access this area but can continue to enjoy the impressive architecture from the lower two levels.
- Kbal Spean will not be visited. In its place a cooking experience of Khmer cuisine
- Time has been extended in Phnom Penh
- Removal of overnight in Sihanokville
- Rabbit Island and boat cruise has been replaced with time spent in Kep, a coastal town close to Kampot



# Itinerary – Around Cambodia

# Day 1-2: Siem Reap

You will be met at Siem Reap in the arrival's hall by your Local Guide or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, travel to your hotel for check in.



#### **Destination Information**

**Siem Reap** – A bustling tourist destination due to its proximity to both the ancient Khmer national capital city of Angkor as well as Tonle Sap Lake. Angkor Wat is one of the main attractions and is the world's largest religious monument, in addition to being the spiritual and cultural heart of Cambodia.

# Day 3: Siem Reap

Spanning from the 9th to 15th century, the Angkor complex with over 1,000 temples was the seat of the thriving Khmer Empire. UNESCO manages the complex and, to enter, your group will drive approximately 6km out of town to the main entrance gate to get your entrance passes, which you must carry with you. If you choose to climb at any site, you must be able to climb and descend without assistance. Begin at the city of Angkor Thom and the enigmatic Bayon, the Elephant Terrace and the Terrace of the Leper King before continuing to the temple of Ta Prohm, enveloped in a



labyrinth of jungle. This afternoon is devoted to the fascinating and awe-inspiring Angkor Wat. In the evening, relax onboard a boat and view the sunset on Angkor Thom's moat.

Please note: The Central Tower of the Angkor Wat complex is closed on Buddhist holidays and on all other days has a limited number of visitors allowed at any given time, under regulations from UNESCO. If you wish to visit this tower, you will be required to wait in the queue alongside all other visitors. The ability to do this will be determined upon the groups' schedule.



**Angkor Thom** - This fortified city is flanked by a row of 54 stone figures on each side, which leads you through a 23-metre imposing stone entrance gate to the various temples inside.

**Bayon** - Beautifully crafted central towers, decorated with four opposing faces representing King Jayavarman VII. Bayon's stone galleries display extraordinary bas-reliefs incorporating over 11,000 figures.

**Elephant Terrace and Terrace of the Leper King** - Giant viewing platforms used for public ceremonies, which served as a base for the King's grand audience hall.

**Ta Prohm** - Swallowed by the jungle where Strangler Figs and Kapok Trees have entwined themselves around the ruins. Undoubtedly, the most atmospheric ruin at Angkor with several towers, closed courtyards and narrow corridors to explore.

**Angkor Wat** - Surrounded by a 190-metre moat and taking 30 years to build, Angkor Wat represents the Khmer civilisation at its grandest. With its fascinating decorative flourishes, extensive bas-relief and multiple tiers, it is the best-preserved temple within the complex.

#### Day 4: Siem Reap

Enjoy a traditional Cambodian cooking class with a local, learning about the flavours that go into Khmer cuisine. This evening, enjoy a rollicking performance by graduates of the Phare Cambodian Circus, an NGO organisation that transforms the lives of disadvantaged local youths, providing them with a formal education and vocational training in the performing arts.



#### **Destination Information**

**Phare Circus** – A rip-roaring combination of theatre, music, dance and circus, Phare: the Cambodian Circus, tells tales woven from local folklore, history and modern life in a unique, and authentically Cambodian way.

#### Day 5: Siem Reap

Today explore the less-visited Beng Mealea, a mysterious temple completely overrun by the jungle where you will explore on foot for approximately an hour and half. In the highwater season, you will also visit Kompong Khleang, a unique village on stilts. In the lower water season, you will visit Chong Kneas floating village. Return to Siem Reap via a Cambodian artistry assembly - Les Artisans D'Angkor, before arriving back at your hotel this evening. Tonight, enjoy dinner while watching an Apsara dance performance.





**Beng Mealea** - Dating from the 11th century, this sprawling temple covers over one square kilometre. Largely overrun by vegetation and constructed in a distinctly Angkor Wat-style, Beng Mealea precedes and may even have served as a 'prototype' for Angkor Wat.

**Artisans D'Angkor** - Established in 1998, this community workshop teaches the unique arts of painting, silk weaving, wood and stone carving in traditional Cambodian style to local young people.

#### Day 6: Siem Reap - Battambang

Travel 3 hours to Battambang, stopping en route in the Puok District to visit the National Silk Centre. Continue to Battambang and enjoy the remainder of the day at leisure.

#### **Destination Information**

**National Silk Centre** - A fascinating way to learn about Cambodian silk. Here you will witness silk creation and the growing and harvesting of mulberries.

**Battambang** - Cambodia's second largest city. Situated on the banks of the Stung Sangke River, Battambang possesses some of the grandest and best-preserved colonial architecture and scenic countryside.

## Day 7: Battambang

Climb to the top of Phnom Banan to reach the Prasat Banan Temple and admire the breathtaking views. Return to the town and walk through the village of Wat Kor. In the afternoon, visit 'La Maison de Coco' and learn how to make rice paper before heading to visit Bat Cave at Phnom Sampov.

Please note rice paper making is seasonal, when this is not available you will still see the rice paper as well as visiting an orphanage school and a tailors' workshop.



#### **Destination Information**

**Prasat Banan Temple** - Located on the top of a small hill, the temple was built in the 11th century and consists of 5 towers.

**Wat Kor** - Gain an insight into the traditional Khmer life when visiting the village of Wat Kor. Known for its Khmer heritage houses, built from now rare hardwoods and surrounded by orchard gardens.

**La Maison de Coco** - A non-governmental organisation which runs projects to give skills and support to the local people.

# Day 8: Battambang - Phnom Penh

Head south today as you begin the drive to Phnom Penh. Stop on route for a couple of hours to explore Udong and Kampong Chhnang Province to see traditional handmade pottery and climb Touch Hill to admire the surroundings. There are approximately 415 steps to climb to reach the top of Touch Hill. Continue to Phnom Penh and enjoy the remainder of the afternoon at leisure. Driving time today will be around 6 hours.



**Udong** - The Udong was the ancient capital during the later stages of the Khmer Empire. It offers spectacular views of the surrounding countryside with innumerable sugar palm trees, as well as 18 ancient stupas.

**Phnom Penh** - The capital of the Kingdom of Cambodia is built around four river arms formed by a sharp curve in the Mekong River near the junctions of the Bassac and the Tonle Sap tributaries. This charming city has a pleasant blend of oriental and colonial architecture, but reminders of a troubled past are also evident.

#### Day 9: Phnom Penh

Enjoy a short morning cyclo tour before sightseeing in Phnom Penh today, sightseeing will be around 3 hours of leisurely walking this morning. Explore sites such as the Royal Palace, Silver Pagoda and the National Museum. The rest of the afternoon is spent at leisure.



#### **Destination Information**

**The Royal Palace** - Built in 1866 by the French these ornate buildings are the official residence of the reigning Cambodian royal family and King Sihamoni.

**Silver Pagoda** - This concrete and marble structure includes a floor with over 5,000 silver tiles each weighing 1kg. Famous artefacts include a 90kg solid gold Buddha made in 1907 and an Emerald Buddha said to be made of baccarat crystal.

**National Museum** - Housing the world's finest collection of Khmer pottery, bronzes and sculptures dating from the 4th century.

## Day 10: Phnom Penh

This morning, learn about Cambodia's tragic past under the Khmer Rouge regime with visits to the Tuol Sleng Museum and the Killing Fields. The visit to the Tuol Sleng Museum involves 1 hour on foot. This museum commemorates the atrocities that occurred during the regime of Pol Pot. The transfer south-west to the Killing Fields will take 30 minutes. You will spend about 1 hour here on foot for a harrowing insight into Cambodia's tumultuous past. Most people find it quite confronting and emotional so you will be given time to explore on your



own. Later, visit the city's craft brewery for a tour and beer tasting, and consider how this reinvigorated capital is moving forward.



**Tuol Sleng Museum** - This former school was used by the Khmer Rouge as a detention and torture centre in the late 1970s. Today this building houses paintings and photographs of the victims. You can see the crude cells built in the classrooms and the torture devices used to extract confessions by the regime.

**Killing Fields** - The emotional Killing Fields of Cheung Ek, made famous by the film of the same name. More than 17,000 civilians were killed and buried in mass graves here making this place a chilling reminder of the brutalities of the genocidal Khmer Rouge regime.

## Day 11: Phnom Penh - Kampot

Depart for the coastal town of Kampot, stopping en route at a pepper farm to learn about the famous Kampot pepper. Enjoy a walking tour of Kampot, a charming town characterised by its colonial architecture.

Please be aware your accommodation in Kampot with be a simple facility, but it is clean and comfortable and one of the best options in the area.



#### **Destination Information**

**Kampot** - The former port city of Kampot is an enchanting small town best known for its sleepy, relaxed atmosphere and its salt and pepper production. Wander the town and admire the dilapidated French Colonial architecture.

#### Day 12: Kep

Enjoy a trip along the coast to the beach town of Kep, starting with a barbecue lunch and ocean views at the sailing club. This afternoon is at leisure to explore independently.

#### **Destination Information**

**Kep** - From the turn of the century to the 1960's, Kep was Cambodia's premier holiday destination. You can view the ruins of the luxurious villas from those days dotted by the seaside. Modern Kep is now known for its relaxed atmosphere, fresh seafood and oceanfront crab shacks.



# Day 13: Kampot – Phnom Penh

Return to Phnom Penh, stopping en route at the former French hill station of Bokor Mountain. Relax in Phnom Penh this afternoon before a farewell dinner cruise on the Mekong river.

# Day 14-15: Depart Phnom Penh

Any time before tour flight is free at your leisure today, You will be transferred from the hotel to the airport according to the departure time of your overnight international flight.

Please note: only breakfast and lunch are provided on the groups day of departure; no refund will be given for meals missed.



# **Around Cambodia Travel Information**

#### Visas

Entry visas are required by all visitors to Cambodia and Wendy Wu Tours Visa Department can assist you with the process of obtaining a visa. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

For the latest information on visa procedures, processing times and requirements, please kindly refer to our website https://www.wendywutours.com.au/help-and-advice/passports-and-visas/

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate, Wendy Wu acts as a third party and has no influence on the process of a visa.

Wendy Wu Tours does not accept responsibility for lost or undelivered items.

All information with regards to visas will be updated regularly on our website as we find visas process' are changing on regular basis.

#### Insurance

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

# Eating in Southeast Asia

Southeast Asia is home to an incredibly rich food history. The local cuisine is known for its intense flavours, spices and some of the freshest ingredients you can find. In general, meals include either rice or noodles and are packed full of flavour. Lemongrass, ginger, lime leaves, coriander, fish sauce and soy sauce are used in most local dishes. Whilst Southeast Asian food has a reputation for being hot and spicy, each region actually has its own distinct characteristics. Cambodia, for example, is perhaps best known for its fresh ingredients and medley of flavours.

Your itinerary has been carefully crafted to introduce you to a range of local dishes and we hope that you enjoy the culinary adventure ahead. All meals (excluding drinks) are included in our fully inclusive group tours from dinner on the day of your groups' arrival until breakfast on your day of departure. When dining in Southeast Asia, although some restaurants have adopted a western approach to dining, expect some restaurants to follow the traditional communal style of eating. Typically, this will mean each diner has their own small bowl and may serve themselves from a variety of shared dishes. At some local restaurants, appetizers and main courses might be served when they are ready instead of following a particular order.

Determining when it's appropriate to use chopsticks, forks or spoons can be challenging for some travellers, even other Asians, as each country has different customs. Dining in Southeast Asia is fairly casual with not too many rules. Leaving food on the plate is not considered rude. Please refer to your travel guide for more information on Southeast Asian cuisine, including information for travellers with restricted diets.



#### Accommodation

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between the Australia and Southeast Asia. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs. Please note that double bed requests can be made at time of booking but can't be guaranteed.

## Transport

**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. However, mini buses may be used for smaller groups (under 10 passengers).

Roads in South East Asia have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road - not just one or two kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only.

**Seatbelts:** Please note that seatbelts are not compulsory by law in South East Asia and therefore the local people largely choose not to wear them. For this reason, some vehicles may not be fitted with seatbelts or they may be hidden underneath protective seat covers. It is recommended that where seatbelts are available customers must use them and remain seated at all times while the vehicle is moving. If you have any concerns, please notify your National Escort/Local Guides.

**Air:** Internal flights are based on economy class, with reputable airlines. Pre-flight seat allocation is not available on international and internal flight sectors.

#### Development in Southeast Asia

Although Southeast Asia is developing quickly, it still lacks the international standards of civil infrastructure and tourist facilities. Concepts of personal responsibility are also different to those in Australia. Consequently, tourist and public facilities may not uphold the same safety standards as in Australia; for example, you may see a hole in the road without a warning sign or safety barricade. All of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday so we ask that you take extra care, use your common sense, refer to notices and follow advice from your National Escort or Local Guides.

# Cambodia Public Holidays

If you are travelling within the below Cambodian Public Holidays please note that celebrations can last a couple of days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open but may be crowded. In Cambodia Khmer New Year is  $14^{th} - 16^{th}$  April every year, the King's birthday is  $13^{th} - 15^{th}$  May and the Water festival is between  $30^{th}$  October  $- 1^{st}$  November.



#### Souvenirs

We want to be able to give you an opportunity to buy souvenirs, so we include some stops at museums or exhibitions which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance

## **Group Size**

The group size on our Classic Tours is on average 21 passengers, with a maximum group size of 28. You may encounter other Wendy Wu tour groups while you are travelling. On our group tours we operate a seat-and-a-half policy, allowing you to travel in greater comfort.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). A national escort will accompany each group of 10 or more. However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.

#### **Tipping Policy**

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is in US Dollars and will be collected by your National Escort on arrival and distributed throughout the tour on your behalf. Any additional tipping on any of our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

We generally find that most customers appreciate the convenience of our tipping policy, but we do recognize that it may not suit everyone. However, as this is a group tour we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

# Packing list and Climate

Please refer to our website or brochure for detailed temperature charts.

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the pre-departure information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on <a href="https://www.weather.com">www.weather.com</a>

#### Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable.



# **Exchanging Cash**

US Dollars are easily exchanged throughout Cambodia, however other currencies such as Australian Dollars can generally be exchanged in hotels and airports provided notes are new and undamaged. US Dollars should be from the new series from the year 2003 onwards. Old series notes can be difficult to exchange. We suggest for your convenience that you ensure your US Dollars are from the new series to avoid any difficulties exchanging money during your trip.

We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

#### Personal Expenses & Optional Tours

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of AU\$250 per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

Optional tours may be offered in each city you visit during your tour at an additional cost. These are not included in the standard itinerary and will only be available if time permits. Each option will be arranged locally by your National Escort/Local Guide.

#### Climbing Steps

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Hindu and Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

## **Cultural Difference**

Cambodia has many religions, cultures and histories. Please be considerate of the local beliefs and customs and dress with consideration.

## **Appropriate Dress**

When visiting temples or mosques, both men and women should dress in conservative, non-revealing clothing. Full-length trousers with a shirt or t-shirt for men; and pants or skirts well below the knee with a top that covers the shoulders and upper arms for women. Women might also consider carrying a 'modesty shawl' in their daypack – this could be a sarong or light scarf – which they can wear over their shoulders and heads to feel more comfortable while sightseeing at mosques.

Religious sites and homes throughout Southeast Asia – for Hindus, Muslims or Buddhists to name a few – require all visitors to remove their shoes to enter. Even if you then need to walk outdoors, over hot or rough ground, you will not be allowed to wear shoes. You will often find shoe storage rooms near the entrance of a site where it is customary to leave your shoes near the entrance. Occasionally there are 'shoe minders' who will offer to



keep your shoes safe for a 'tip' – this is not compulsory, so each customer can choose to tip for this service or not. If you do not want to remove your shoes, you will have to remain outside.

We recommend shoes that easily slip on and off and carry a pair of thick socks in your daypack, which you can wear to protect your feet from any rough or hot surfaces. The following itinerary will indicate when you need to consider this.

# Vaccinations and Your Health

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful <a href="https://www.travelvax.com.au">www.travelvax.com.au</a>

## Before You Leave

We strongly recommend registering your travel plans with <a href="www.smartraveller.gov.au">www.smartraveller.gov.au</a> as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

## After your booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Last updated: September 2020