



BEIJING & SHANGHAI

Extension | 6 Days | Physical Level 1

Beijing (3N) – Shanghai (2N)

This 6-day city escape explores the contrasts of China's past and present. In Beijing, walk the ancient steps of the Great Wall, explore the Forbidden City, and unwind in the lakeside gardens of the Summer Palace. Then ride the bullet train to vibrant Shanghai, where you'll sample street food, stroll through classical gardens, and take in the skyline from the historic Bund.

TOUR INCLUSIONS:

- Accommodation
- Meals as stated
- Daily tours and entrance fees
- Private touring with English speaking guide
- Transportation as stated
- 1st class bullet train seat



ITINERARY

Day 1: Arrive Beijing

Meals: None

Make your way to Beijing Capital airport or railway station. Upon arrival, you will be met by your local guide and transferred to your hotel. The rest of the day is at leisure.

Please note that transfers from Beijing Daxing Airport will incur a supplement cost.

**Destination Information**

Beijing - Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

Day 2: The Great Wall

Meals: B, L

This morning is dedicated to China's most iconic sight – the Great Wall. Take a chairlift or cable car ascent to the summit of the Mutianyu sections, where you can stroll atop the wall to fully immerse yourself in its magnificent presence and the dramatic scenery it crosses. Descend with a thrilling toboggan ride or a serene cable car journey.

Afterwards, you will have an opportunity to visit a jade factory to learn about the precious stone, which is said to bring fortune and prosperity to those who wear it.



Spend the afternoon strolling through the idyllic landscapes of the Summer Palace as you see the traditional Chinese gardens and exquisite architecture.

Destination Information

Great Wall of China - Originally built under the first Emperor of China, Qin Shihuang, The Great Wall of China is the country's most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

Jade Factory - Learn about one of China's most symbolic and important materials: jade, at this comprehensive factory. Learn how to spot real jade, watch artisans at work carving this precious stone, and even buy a piece to take home yourself!

Summer Palace - The former holiday retreat of the Qing Emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of 'Mountain' and 'Water', seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

Day 3: Beijing**Meals: B, L**

Head to Beijing's symbolic heart and stroll across Tiananmen Square into the sprawling magnificence of the Forbidden City. Entering through the Gate of Supreme Harmony you will find a complex full of imperial riches.

Later, wander through Nanluoguxiang, one of Beijing's oldest hutongs. Soak up the vibrant atmosphere with quirky shops, cafes, and classic street snacks like tanghulu.

**Destination Information**

Tiananmen Square - Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

Forbidden City - The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings.

Day 4: Bullet train to Shanghai**Meals: B**

Head to one of Beijing's railway stations to catch a high-speed bullet train to the cosmopolitan city of Shanghai. Upon arrival, transfer to your hotel where the rest of the day is at leisure.



Destination Information

Shanghai - Once known as the 'Paris of the East', Shanghai is now one of Asia's most influential cities. Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the European and oriental.

Day 5: Discover Shanghai

Meals: B, L

Start your day with a guided breakfast walking tour, sampling local favourites as the city wakes up. Visit the tranquil beauty of the Yu Gardens, before wandering the narrow streets of the Old Town, where traditional shops and teahouses line cobbled lanes. Later, take in the striking skyline from the Bund, Shanghai's historic waterfront, and stroll along the bustling Nanjing Road before visiting a local silk mill to learn about one of China's most famous exports.



Destination Information

Yu Gardens - Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, ponds and tranquil pavilions.

The Bund - Recognised as Shanghai's former 'Wall Street', the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund's architecture has inherited much western influence.

Day 6: Depart Shanghai

Meals: B

Your day is at leisure until the time comes to transfer from your hotel to the airport or railway station for your onward journey.



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