



# China Explorer

Go Beyond Tour | 15 Days | Physical Level 3

Beijing – Gubei Water Town – Xian – Pingle – Chengdu – Yangtze River Cruise –  
Shanghai

Trek on the Great Wall and explore atmospheric ancient towns before meeting the Giant Pandas and cruising down the Yangtze; this itinerary takes in all the classic sites, bringing you closer to the authentic charm of China.

- Hike the Great Wall of China
- Conquer Jinji Rope Bridge
- Cycle the ancient city walls of Xian
- Get up close to the Giant Pandas
- Relax with a cruise along the Yangtze River
- Discover the vibrant city of Shanghai

## TOUR MAP

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## CHINA EXPLORER TOUR INCLUSIONS:

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- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- 12 Breakfast, 11 Lunches, 9 Dinners
- Sightseeing and entrance fees as per itinerary
- All transportation and transfers
- English speaking National Escorts (if your group is 10 or more passengers) or Local Guides
- Visa fees for Australian passport holders (please see visa section below for further information)
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

## GO BEYOND TOURS:

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Venture off the beaten track to explore fascinating destinations away from the tourist trail. You will discover the local culture in depth and see sights rarely witnessed by other travellers. These tours take you away from the comforts of home but will reward you with the experiences of a lifetime. These tours include:

- Cycling and walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

### PHYSICAL LEVEL 3:

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All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'China Explorer' is rated as a **physical level 3** tour. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances. Walking or other activities such as cycling will be at a gentle pace and will involve straightforward terrain.

- On the Great Wall of China, you will trek over rough, uneven and steep ground for around 4-5 hours on the Jinshanling section of the wall
- There will be long periods of walking whilst sightseeing
- You will need to be able to cycle a bicycle for approximately 1 hour in Xian

Of course, our National Escort and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary

### JOINING YOUR TOUR:

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The tour is 15 days in duration including an overnight international flights in one direction as this is the most likely flight option from Australia.

Travellers booked on 'Land Only', the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour, or when booking pre and post night accommodation with Wendy Wu Tours. Please email your international flight times to [info@wendywutours.com.au](mailto:info@wendywutours.com.au) so we can arrange your transfers accordingly.

Join the tour on Day 1 in Beijing and end the tour on Day 14 in Shanghai. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure. An informal Welcome Dinner will be held on Day 1 of the itinerary. If you miss this due to your arrival time, all information will be provided to you at breakfast the following morning.

### ITINERARY CHANGES:

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It's our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we'll make the best possible arrangements maintaining the integrity of your trip.

## DETAILED ITINERARY

**Day 1: Arrive Beijing**

Meals: D

On arrival in Beijing Capital International Airport, you will be met at the airport by your local guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer approximately 1 hour to your hotel. The rest of the day is at leisure. A tour introduction will be held in the hotel either this evening or the next day.



*Early check-in is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.*

*An informal Welcome Dinner will be held on Day 1. Late arrivals will receive a box dinner.*

**Destination Information**

**Beijing** – Beijing is the capital of the People's Republic of China. With its unequalled wealth of history, Beijing served as the centre for the many different empires and cultures that ruled China and has been the heart of politics and society throughout its long history. The ancient monuments, the stories of days gone by as well as the dynamic and modern city Beijing has become today, make it a destination not to be missed.

**Day 2: Beijing**

Meals: B, L, D

Walk across Tiananmen Square into the magnificent Forbidden City. Continue to the Summer Palace, former holiday home of the Qing emperors, and explore the beautiful grounds. Whilst here, take a short hike up Longevity Hill for spectacular views over the palace's Kunming Lake. Today's sightseeing involves approximately 5-6 hours, predominately on foot. On your way back, stop for a photo at the iconic Bird's Nest Stadium, home of the 2008 Beijing Olympics. The time at the Olympic Village will not include entry to any of the Olympic venues.



*Please note: The Forbidden City is closed on Mondays. If this day of touring falls on a Monday, your touring in Beijing will be switched around so that the Forbidden City is visited on an alternative day.*

**Destination Information**

**Tiananmen Square** – Built under the guidance of Chairman Mao Zedong, Tiananmen Square is one of the largest public squares in the world, said to hold a capacity crowd of over one million. It houses not only the Monument to the People's Heroes, it is also the final resting place of Chairman Mao himself in the Mausoleum of Mao Zedong.

**Forbidden City** – The sacred centre of the Chinese empire for 500 years and home to the Ming and Qing dynasties, the Forbidden City is a vast complex of over 900 buildings and covers an area of 180 acres. Since 1987, the Forbidden City has been a UNESCO World Heritage Site and its palatial architectural style has been an influence on many imperial buildings throughout Asia.

**Summer Palace** – The former holiday retreat of the Qing Emperors, the Summer Palace is a stunning example of Chinese garden style. The Summer Palace incorporates the Fengshui notion of ‘Mountain’ and ‘Water’, seen here with tranquil Kunming Lake and magnificent Longevity Hill. A favourite resort of the Empress Dowager Cixi, the Summer Palace is home to a stunning Marble Boat and the Long Corridor, one of the longest outdoor passageways in the world.

**Olympic Village** – See the home of the most watched Olympic event in history at the Beijing Olympic Village. Most spectacular of sights here is the iconic Bird’s Nest Stadium, host to the spectacular opening and closing ceremonies in 2008.

### Day 3: Beijing - Gubei Water Town

Meals: B, L, D

Arrive early for a visit to the Temple of Heaven and soak up the harmonious ambience. Next, visit Yandaixiejie, where you will have some free time to explore the Hutongs. Sit down for lunch with a family who call the hutongs home. This morning’s sightseeing is approximately 4 hours. In the afternoon, drive 3 hours to the Simatai section of the Great Wall where you will stay overnight at Gubei Watertown. On arrival, ascend Simatai Great Wall by cable car for spectacular sunset views.



*Please note: You will need to pack a smaller overnight bag for your trip to Gubei Watertown. Main luggage will be left in safe storage at the hotel in Beijing and picked up on your return.*

### Destination Information

**Temple of Heaven** – Set in a 267-hectare park surrounded by a long wall and with a gate at each compass point, the Temple of Heaven is absolutely unique. It is one of the most perfect examples of Ming architecture, created as a place of worship for the Emperors, who would ask for prosperity, longevity and good harvest for the people.

**Great Wall of China** – Originally built under the first Emperor of China, Qin Shi Huang, the Great Wall of China is the country’s most iconic sight. Snaking through the northern countryside from the Gobi Desert in the west into the Bohai Sea in the east, the Great Wall of China is the longest wall in the world and was used as a fortification against northern nomadic tribes. The current structure dates back to the Ming Dynasty - over 700 years old.

**Day 4: The Great Wall**

Meals: B, L

Rise early to transfer to the Jinshanling section of the Great Wall. Jinshanling is much less frequented by tourists than other parts of the Wall. The stark, yet magnificent surroundings allow you to put yourself in the shoes of those who walked this incredible edifice hundreds of years ago. This once-in-a-lifetime trek on the Jinshanling section of the Great Wall will last 4-5 hours, depending on the speed and capability of the group. You will need to be able to complete the whole trek as the route does not have any pick-up points mid-way. The walk features some extremely steep steps of different heights so it can be tricky to maintain a pace or routine. There are also many walkways where the wall has fallen away giving way to sheer drops which require extra care whilst walking. Underfoot, the pathway is rocky and largely unmaintained; it is strongly advised that you wear sturdy footwear with ankle support if needed. After trekking through the dramatic landscapes and rugged terrain, drive 3 hours back to Beijing where you will have the evening at leisure.



*Please note, today's lunch may be a packed lunch.*

**Destination Information**

**Jinshanling Great Wall** – Located north east of Beijing, the Jinshanling Section of the Great Wall winds through stunning mountain scenery and offers panoramic views over the countryside. This Ming Dynasty section of the Great Wall offers one of the most breathtaking walks from the Gubeikou section.

**Day 5: Beijing - Xian**

Meals: B, L, D

Today, take a bullet train to Xian. On arrival, explore the Muslim Quarter, Xian's Islamic centre, where there are a myriad of small food stalls selling ample mouth-watering dishes. Have a traditional Xian dinner this evening and enjoy an evening at leisure, possibly soaking up the atmosphere at lively Defu Lane.

**Destination Information**

**Xian** – Xian has long played a pivotal role in China's extensive history and has been a thriving hub for cultural exchange, economic trade as well as national politics for centuries. Home to some of China's most ancient sights, diverse architecture and delicious fares, Xian is a must-see destination.

**Muslim Quarter** – The Muslim Quarter is the hub of Xian’s Islamic community and is home to many stalls selling a myriad of snack foods, a trove of silks and fabrics, and delightful oriental knick-knacks.

**Day 6: Xian**

Meals: B, L

Today, view the formidable ranks of terracotta soldiers and horses, lined up in ranks to protect the first emperor of China, Qin Shi Huang. The Museum of the Terracotta Warriors and Horses is located around a 1-hour drive outside of Xian. From the bus park to the museum entrance there is a 15-minute walk. There are electric carts offered by private vendors which can be organised at your own cost. There are no electric carts available for the return from the museum exit to the bus park. Within



the museum area the warriors can be seen in three different ‘pits’, which are active archaeological digs. The site is large and, towards the summer months, can be hot outside. Sightseeing here involves approximately 2 and a half hours on foot. Visit the Xian Art Ceramics and Lacquer Exhibition Workshop to see smaller models of the warriors being made before returning to the city to cycle on the 14th century city walls, one of the best preserved urban fortifications in the country. You will need to be able to cycle for around 1 hour. Enjoy an evening at leisure.

### Destination Information

**Terracotta Warriors** – One of the most significant archaeological discoveries of the 20th century, this unearthed terracotta army holds over 7,000 soldiers, horses and chariots. The army was built in life-sized form by thousands of workers and designed by Emperor Qin Shi Huang to defend himself in the afterlife.

**Xian Art Ceramics and Lacquer Exhibition Workshop** – See smaller versions of the enigmatic Terracotta Warriors being created at the captivating Xian Art Ceramics and Lacquer Exhibition Workshop; even purchase your own portable soldier.

**Ancient City Walls** – Dating back to the Ming Dynasty in the 14th century, the Xian ancient city wall is one of the best preserved urban fortifications in China. The wall’s ideal spot and layout gives visitors a bird’s eye view over this fantastic city. Follow the locals’ example and hire a bike for an even better experience.

**Day 7: Xian - Pingle**

Meals: B, L, D

This morning, take the bullet train for around 3 hours to Chengdu, capital of Sichuan Province. On arrival, drive 2 hours to the ancient town of Pingle, dating back to the Han Dynasty. Take time to walk through its maze of teahouse-lined streets before walking through Jinji's dense bamboo forest and taking a walk across the magnificent Jinji Suspended Rope Bridge for vistas of the bamboo forest. Stay overnight in Pingle.



In Pingle, you will stay at a basic guesthouse with no facilities for making meals, however, your guide will be happy to give you recommendations of the best places to eat.

**Destination Information**

**Pingle Ancient Town** – Regarded as one of the best ancient towns in Sichuan Province, Pingle Ancient Town dates back to the Han Dynasty and was a stopping point on legendary Silk Road.

**Day 8: Pingle - Chengdu**

Meals: L, D

Drive 1-2 hours to the forested Sichuanese countryside north of Chengdu. Here, Dujiangyan Panda Centre offers refuge to Giant Pandas with the aim to reintroduce them into the wild. The centre offers one of the most authentic, spacious and natural settings in the country. Later, explore the slopes of Mt Qingcheng, one of China's most sacred Taoist Mountains. Ascend by cable car to the higher slopes and take a walk around Yuecheng Lake. Drive to Chengdu for an overnight stay.

**Destination Information**

**Dujiangyan** – Located 72km northwest of Chengdu and less than a 1-hour drive to Mt. Qingcheng, Dujiangyan is well renowned for its irrigation system that provides most of the water supply to Chengdu and neighbouring towns.

**Mt. Qingcheng** – Located 65km west of Chengdu, Mt Qingcheng is an important sacred Taoist mountain. It is home to a trove of temples, beautiful trails lined with sweet-scented fruit, and spectacular views over the Sichuan countryside.



**Day 9: Chengdu – Yangtze River Cruise**

Meals: B, D

Drive around 4-5 hours to Chongqing, one of the most important cities on the Yangtze River, where you will visit the porcelain district of Ciqikou. After dinner, board your Yangtze River Cruise ship, home for the next three nights.



*Please note: The Yangtze River cruise section of your itinerary will not be confirmed by the cruise operators until after you commence your tour as it is subject to local river conditions and water levels. Your Local Guide will do their utmost to keep you informed of any changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. Shore excursions are subject to change depending on local conditions. A detailed itinerary will be handed out on the vessel each day.*

*If you do not wish to take part in a shore excursion but you still wish to disembark the cruise ship, there is a mandatory port tax which must be paid by each customer. The port tax amount is approx. USD20-USD30 per person; however, this amount can vary and for security reasons, it is not always possible to disembark at all ports of call.*

*You may be offered cabin upgrades locally which may include some of the amenity package services. Please note that the amenity package benefits start on the second day of the cruise.*

**Destination Information**

**Chongqing** – A city perched on the steep hills overlooking the confluence of the Jialing and the Yangtze Rivers, Chongqing is the chief industrial centre of south west China, producing approximately one fifth of Sichuan’s industrial output. Chongqing has been reshaped by the Three Gorges Dam Project, which now allows larger sea-going vessels to sail all the way upriver to China’s most famous waterfront mountain city.

**Ciqikou** – Known colloquially as ‘Little Chongqing’ and the ‘Porcelain Port’, Ciqikou dates back to the Ming Dynasty and has maintained its original appearance. Lined with shops selling delicious snacks, Ming-style trinkets and Chinese curios, Ciqikou is a fun way to spend a morning and is a must see in Chongqing.

**Yangtze River** – One of the world’s great and legendary waterways, this 6,300km river has its origins high up in the snow-covered mountain of Tanggula, in the southwestern Qinghai Tibet Plateau, and runs into the ocean in Shanghai. It is estimated that the banks of this river are home to almost a third of China’s population.

**Day 10: Yangtze River Cruise**

Meals: B, L, D

Today, visit Mt. ShuangGui, also known as “Luming Mountain”. Disembark from the ship to the dock and take a short bus transfer to the area. Sightseeing here involves climbing some steps. You will be off the ship for around 2.5 hours.

*Depending on local river conditions and the cruise programme, you may visit Shibaozhai Temple or Fengdu Ghost City instead.*

**Destination Information**

**Mt. ShuangGui** – A national forest park known for its picturesque scenery and has for centuries been a favorite destination for literati and artists. There are cliff brush writings of calligraphists here from the Song Dynasty to the present day, and pavilions are named for notable historic figures.

**Day 11: Yangtze River Cruise**

Meals: B, L, D

Prepare for breathtaking vistas as the ship passes through Wu and Qutang gorges. Switching to smaller vessels, take a relaxing trip on the Goddess Stream cruising through the beautiful and narrow gorges for approximately 15km. Many protected species make the stunning peaks their home, including monkeys, mountain goats, deer and wild boar.



*Depending on local conditions, you may travel along the Shennong Stream instead of the Goddess Stream.*

**Destination Information**

**Goddess Stream** – Goddess Stream, also known as ‘Shennü Xi’ in Chinese, flows from the southern bank of the Yangtze opposite Goddess Peak. Once just a stream, the Three Gorges Dam raised the water level to 70-100m in depth, depending on the season.

**Day 12: Yangzte River Cruise - Shanghai**

Meals: B, L

Visit the Three Gorges Dam, the largest hydroelectric dam in the world. Disembark the ship and drive approximately 20 minutes through the surrounding areas (the coach is not permitted to stop for photos) to the viewing area above the ship locks where you can truly appreciate the scale of this hydroelectric project. There is a small museum and a lookout point here. The sightseeing will involve around 1 hour on foot. Later, transfer to Yichang train station and board your 7-hour bullet train to the cosmopolitan Shanghai.

**Destination Information**

**Three Gorges Dam** – Commenced in 1994 and completed in 2009, the Three Gorges Dam is the largest water conservancy project ever undertaken. The Dam is located near Sandouping, which is in the middle of the Xiling Gorge, the longest of the Three Gorges. The Three Gorges Dam is 2,335m long, 185m high, 18m wide on the top and 130m wide at the bottom. The dam has raised the river to a level of 175m above sea level, creating a 600km long reservoir. The building of this huge dam was for the purpose of flood control, electricity, navigation, and irrigation.

**Shanghai** – Once known as the ‘Paris of the East’, Shanghai is now one of Asia’s most influential cities. Prior to communist arrival in 1949, Shanghai was a city with European-style mansions and was the most important trading port in Asia. Today it presents a blend of cultures; the modern and the traditional, along with the European and oriental. Modern skyscrapers intermingle with 1920s ‘shikumen’ buildings. This combination is what attracts millions of visitors each year.

**Day 13: Shanghai**

Meals: B, L, D

This morning, take an exciting breakfast tour around some of Shanghai’s most exciting districts, tasting local delicacies, including pancakes and fried bread sticks. Afterwards, wander the pleasant Yu Gardens and the bustling Old Town before visiting the informative Silk Factory. Take a stroll on the colonial Bund and enjoy a farewell Shanghainese meal this evening, as well as a cruise down the Huangpu River to see the neon lights of Pudong.



### Destination Information

**Yu Gardens** – The Yu Gardens is seen as one of the most perfect examples of Chinese garden style. Built by the Ming-era governor, Pan Yunduan, as a retirement gift for his father, the Yu Gardens is home to exquisite jade rock, goldfish-filled ponds and stunning, tranquil pavilions.

**Huangpu River** – The Huangpu River flows through the centre of Shanghai and separates the city into Pudong, meaning ‘east of the Huangpu’ and Puxi, ‘west of the Huangpu’. Cruising down the river, you will see the contrast of the historical Bund architecture on one side of the river with the modern Pudong skyline on the other side. At night, the banks of the Huangpu light up, turning Shanghai into a neon wonder.

**The Bund** – Recognised as Shanghai's former 'Wall Street', the Bund is home to an impressive collection of buildings from the early trade houses of the 1850s to the glamorous Art Deco modernism of the 1920s. Originally the home of the foreign population of Shanghai, the Bund's architecture has inherited much western influence and is a stark contrast to the Pudong skyline, sitting across the Huangpu River.

**Silk Factory** – The Silk Factory is an educational journey through the production of silk, one of China's most famous and luxurious materials. Learn about the use of silkworms and silk moths in its production; the manufacturing process; as well as silk's journey along the Silk Road which brought this product across Asia and Europe.

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### Days 14-15: Depart Shanghai

Meals: B

Any time before your flight is at leisure. You will be transferred from your hotel to the airport, according to the departure time of your overnight international flight.

*Late check-out is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.*



## TRAVEL INFORMATION

### VISAS:

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Entry visas are required by all visitors to China and Wendy Wu Tours Visa Department can assist you with the process of obtaining a visa. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

For the latest information on visa procedures, processing times and requirements, please kindly refer to our website <https://www.wendywutours.com.au/help-and-advice/passports-and-visas/>

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate, Wendy Wu Tours acts as a third party and has no influence on the process of a visa.

Wendy Wu Tours does not accept responsibility for lost or undelivered items.

### INSURANCE:

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We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

### ACCOMMODATION:

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Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between the Australia and China. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Due to environmental regulations, not all hotels in China provide toiletries in the rooms. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

## TRANSPORT:

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**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in China have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is bumpy but our drivers will do their utmost to lessen the impact.

**Cruise Vessels:** Included is a cruise on the Yangtze River. Your cabin will have a private bathroom and balcony. Due to tightened security process for luggage upon cruise disembarkation in Yichang, the Transport Authority has imposed a fee of RMB25 per main luggage item. Wendy Wu tours will cover the cost of one main luggage item per person. If you have additional items (excluding hand luggage) you will need to cover the cost yourself locally – RMB25 per item.

**High-Speed Trains:** On this tour, you will take multiple high-speed “bullet” train journey’s. You will travel in second-class soft seats with air conditioning. For train journeys you must ensure that you pack liquids, aerosols and gels/lotions in your hand luggage as per recent regulations. Passengers are not allowed to carry any aerosols over 100ml. Passengers are also not allowed to carry flammable gases or liquids including styling gel, compressed air or insecticides; any explosives, magnetised material, knives (including Swiss Army knives), scissors or sharp items (medication is fine). Bag checks are conducted randomly and any of these items may be confiscated before boarding the train (in hand luggage or main luggage). The National Escort will inform you of specific details prior to boarding.

**High-Speed Train Facilities:** The second-class seats are in a 3 x 2 seating configuration. Facilities vary from train to train. Most carriages have a western style toilet. Most seats will have a foldable tray table and power socket for charging your electronic devices. There are dining carts on board if you wish to purchase your own additional food.

## GROUP SIZE:

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Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort and local guides.

There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

## EATING IN CHINA:

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Chinese cuisine is one of the most influential, diverse and flavoursome culinary styles in the world with a legacy stretching back thousands of years. Often, you'll find that the local Chinese style is very different from what you're used to at home. We welcome people on our tours with a wide variety of tastes and as such try to present an array of food to suit everyone in the group. Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China.

Dishes served in restaurants on our group tours are varied. Some will be vegetable-based with meat mixed in, and a few will be meat-based. Traditionally, Chinese people cook with a lot of vegetables because meat used to be hard to come by. Dishes often come pre-seasoned with soy sauce or other sauces. Our restaurants are well aware of the western palate – there are plenty of non-spiced options. Most meals are served with plain rice on the side which is intended as an accompaniment to your meal. Unlike the western world, Chinese people do not normally pre-heat their plates and food can be presented at a variety of temperatures, which is a typical Chinese way of doing things.

When eating meals on group tours, you will be seated around a circular table with other tour members. Dishes will be served in the traditional 'family style' on a lazy susan; meaning that various dishes will be laid out on a spinning turntable in the centre of the tabletop. These dishes are intended to be shared amongst the group – there is always more than enough to feed everybody. 'Family style' means that there is a pair of serving chopsticks for each dish which are used specifically to serve the food (please ask your server if you require a fork or spoon) and everybody will help themselves to all the dishes on the lazy susan. You will have an individual bowl, chopsticks and cup for your own use. Please be courteous and consider your fellow diners; if your favourite dish is on the other side of the table, it will make its way round to you soon! We find our customers really enjoy this sociable style of eating.

Your National Escort will do their utmost to cater for any special requests such as gluten free or vegetarian meals, however, people on restricted diets should expect complications. Although most Asian countries are now quite developed, only quite recently have they started to widely accept Western guests. Western food requirements are quite far removed from Asian food requirements, and even medical reasons can be quite difficult to explain. While our ground partners will do everything they can to cater for a wide range of dietary requirements on tour, we ask kindly for your patience and understanding that they cannot always be delivered to the standard you will be used to at home. It is recommended that passengers with food intolerances bring snacks or additional food items with them, especially when travelling further from major cities as not all dietary requests will be met due to the limited foods available. Please read your travel guide which you will receive with your final documents for more information about eating in China. We recommend that when it comes to Chinese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

**PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS AT TIME OF BOOKING.**

### OPTIONAL ACTIVITIES:

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To give you more flexibility and choice when travelling on selected tours in our Go Beyond range; we have carefully balanced special highlight meals with evenings at leisure so that you can explore the many culinary delights that China has to offer. Alternatively, you can use this time to enjoy the facilities of your hotel. Your National Escort will be happy to provide you with advice about good places to eat and assist in the booking of transportation to get you there (at your own expense).

Your guide will offer optional activities locally if time permits. A list of optional activities and approximate costs will be provided with your final documents. These can be arranged by your guide and are paid for locally.

### DEVELOPMENT IN CHINA:

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Though parts of China match the west in modernity and technological advances, it is important to remember that China is still a developing country and as such, many aspects of tourism in China do not have the solid infrastructure and safety standards as seen here in the west.

### PUBLIC HOLIDAYS:

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If you are travelling within the below Chinese Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded. Chinese New Year is from 9 – 16 February 2024 and 28 January – 4 February 2025. Golden Week public holidays fall annually between 29 April – 3 May and 30 September – 7 October.

### SOUVENIRS:

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We want to be able to give you an opportunity to buy souvenirs; so in each city, we will visit a workshop or factory which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places which hold local interest; for example, in Shanghai you will be able to see how silk is created all the way from the silk worm to beautiful garments; and in Xian we will take you to a workshop which creates replicas of the Terracotta Warriors, from tiny little warriors to seven foot behemoths! We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

### LUGGAGE:

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All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.



### **TIPPING POLICY:**

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Tipping while on holiday is common in most parts of the world and China is no exception. However, it is not always clear who it is appropriate to tip and how much. Furthermore, travellers may not have the right amounts of cash available at the right time. In order to avoid any inconvenience, Wendy Wu Tours operates a tipping policy where a stated amount is given to your National Escort at the beginning of your tour and tips are disbursed to local guides and drivers throughout your tour. The amount is designed to be at a reasonable level for travellers while being fair to the local people and includes a gratuity for the National Escort.

If you are travelling in a smaller group with local guides only, then tipping is paid in each destination. To be fair to the guides we ask for slightly higher amounts per traveller with small groups. Yangtze cruise companies operate a service charge policy and this is paid separately when boarding the vessel.

We generally find that most customers appreciate the convenience of our tipping policy but we do recognize that it may not suit everyone. However, as this is a group tour we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

### **VACCINATIONS AND YOUR HEALTH:**

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We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au).

### **BEFORE YOU LEAVE:**

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We strongly recommend registering your travel plans with [www.smartraveller.gov.au](http://www.smartraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

### **AFTER YOUR BOOKING:**

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Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice including a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

Updated: April 2024