



# TOKYO, ALASKA & SEATTLE WITH HOLLAND AMERICA LINE

Classic Cruising Tour | 22 Days | Physical Level 1

TOKYO – KUSHIRO – KODIAK – SITKA – KETCHIKAN – PRINCE RUPERT – SEATTLE

Journey across the Pacific from Japan to Alaska and Canada, combining the vibrant energy of Tokyo, the remote beauty of Alaska and the waterfront charm of Seattle. With a North Pacific Ocean crossing onboard Holland America Line's Noordam, this Cruise & Tour offers a relaxed pace, spectacular coastal scenery and plenty of time to enjoy life at sea.

- See the sights of Tokyo
- Enjoy a hands-on sushi making masterclass
- Cross the North Pacific Ocean onboard Holland America Line's Noordam
- Port at Kodiak Island, Alaska
- Experience the wild scenery of Sitka, Ketchikan and Prince Rupert
- Explore Seattle and ascend the iconic Space Needle

To book call **1300 727 998** or visit your local travel agent

Visit [wendywutours.com.au](http://wendywutours.com.au)

## TOUR MAP

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## TOUR INCLUSIONS

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- Return international economy flights, taxes and fuel surcharges (unless on land only option)
- 14 night Cruise with Holland America Line (HAL) – Noordam
- Holland America Line ‘Have It All’ package
- All accommodation
- Meals as stated (*if dining on board throughout*) - 18 breakfasts (B), 17 lunches (L), 18 dinners (D)
- All sightseeing and entrance fees, transportation and transfers pre and post cruise
- English speaking Local Guides pre and post cruise or English speaking National Escorts (if your group is 10 or more passengers)
- Canadian visa fees for Australian passport holders
- Specialist advice from our experienced travel consultants
- Comprehensive travel guide

*Pre and post cruise, the elements or aspects you may have to pay for are personal expenditures e.g., drinks, optional excursions or shows, insurance of any kind, tipping, early check in or late checkout and other items not specified on the itinerary.*

*During the cruise, your meals on board will be included in the main dining areas. As part of your cruise package, selected drinks including alcohol, USD \$200 shore excursion credit, two nights speciality dining, Wi-Fi and cruise gratuities are also included. Should you wish to dine in any speciality restaurants not included in your cruising package, you will be required to pay for these locally. In addition, if you opt to dine off the ship, these meals will also be paid for locally, and please note you will not be refunded for meals missed on board.*

## CLASSIC CRUISING TOURS

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These tours are designed for travellers who want to experience the vibrant sights of Tokyo, the vastness of a North Pacific Ocean crossing and the spectacular coastal scenery of Alaska and Canada. Combining guided touring in Japan and Seattle with a memorable Holland America Line cruise aboard Noordam, this group tour allows you to explore iconic cities, remote ports and dramatic seascapes while travelling with like-minded people.

Your tour is fully inclusive before and after the cruise, ensuring that all arrangements, from accommodation to guided sightseeing, are seamlessly taken care of. Throughout the land portions of your journey, you will be accompanied by our dedicated and professional National Escorts and Local Guides, whose expert knowledge and passion will transform your holiday into an extraordinary adventure. While on the cruise, you will enjoy the excellent services and facilities provided by the cruise staff. There will be no Wendy Wu guides or representatives on the cruise.

This tour is particularly well suited to cruise enthusiasts, with a number of relaxing days spent at sea. Please note that sea conditions can occasionally be rough, and some sailings may experience noticeable movement depending on the weather.

## PHYSICAL LEVEL

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Our tours come with a physical rating to guide you in selecting a holiday that suits your comfort level. Joining any of our tours involves independent mobility and the ability to stay active throughout the day, which is essential for fully enjoying the unique charm of each destination.

'Tokyo, Alaska & Seattle' is rated as a physical level 1 tour. A reasonable level of fitness is required, and you should expect to be on your feet for parts of the day. You will be getting on and off coaches and the cruise ship, as well as walking around the sights, often including steps and some uneven surfaces.

- There will be sightseeing on foot for both short and extended periods of time, sometimes on uneven surfaces.
- You will be required to board the cruise ship without assistance and get on and off at ports if you wish to disembark the ship.
- During the cruise, embarking and disembarking at ports or during shore excursions may involve steps, ramps, gangways or tender boats, depending on local conditions. Passengers should be comfortable boarding and disembarking independently. While guides and crew will provide assistance where possible, travellers should consider their mobility when selecting this itinerary.

Of course, while on land, our National Escorts and/or local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

## JOINING YOUR TOUR

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The tour is 22 days in duration including international flights. Join the tour on Day 2 in Tokyo, Japan and end the tour on Day 20 in Seattle, USA.

For travellers booked on a 'Land and Cruise Only' package, which omits the inclusion of international flights, the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour or if booking pre/post accommodation with Wendy Wu Tours. Please advise your international flight information to our reservations team.

## ITINERARY CHANGES

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We intend to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours, or as dictated by local conditions. In these circumstances, we will endeavour to make the best possible arrangements whilst maintaining the integrity of your trip.

This itinerary includes travel by road, air and cruise ship, and timings may be affected by weather, traffic, port operations, sea conditions or other local operational factors. Similarly, while Holland America Line will endeavour to follow the published cruise itinerary, port calls, scenic cruising routes and timings may be changed at the discretion of the cruise line due to weather advisories, port traffic, sea conditions, safety considerations or other unforeseeable circumstances.

**DETAILED ITINERARY****Days 1-2: Fly to Tokyo****Meals: D**

Fly overnight to Japan's vast, vibrant capital city, Tokyo. On arrival in Tokyo, you will be met at the airport by an English-speaking representative and transferred to your hotel. The rest of the day is yours to relax after your flight or begin exploring Japan's vast, vibrant capital. This evening, enjoy dinner at a local restaurant.

*Please note: Early check-in is not included. If your flight arrives in the morning and you wish to arrange this, please speak to your reservation's consultant.*

**Destination Information**

**Tokyo** – One of the world's most cutting-edge capital cities, Tokyo is a city of contrasts, famous for its neon lit landscape, towering skyscrapers, peaceful shrines and lovingly tended gardens. Although long the political and cultural centre of Japan, Tokyo became the official capital when the Meiji Emperor moved it to Tokyo in 1867.

**Day 3: Explore Tokyo****Meals: B, L, D**

Enjoy breakfast at your hotel and embark on a full day tour of Tokyo. Begin with a visit to Senso-ji Temple, arguably one of Tokyo's most popular and photographed temples and the oldest Buddhist temple in the capital. Next, wander down Nakamise Shopping Street, a centuries-old souvenir street, where you will be able to enjoy some shopping opportunities for that perfect souvenir or pick up a local delicacy, as there's plenty of scrumptious snacks too.



Next, visit Tokyo Skytree to admire the panoramic views before participating in a sushi making class where you'll enjoy your own creations for lunch. Afterwards, visit the Imperial Palace, Meiji Jingu Shrine and then Takeshita Street for local treats tasting. Finally, head to Shibuya Crossing for a brief photo stop. Then return to your hotel and later this evening, enjoy a dinner at a local restaurant.

You will be on your feet for approximately 5-6 hours during your touring in Tokyo.

**Destination Information**

**Senso-ji Temple** – Senso-ji Temple is an ancient Buddhist Temple and the oldest in Tokyo. The temple was originally founded in the 7th century. The temple adorns an image of the Buddhist Goddess Kannon, who was said to have been rescued by two fishermen from the Sumida River in Tokyo.

**Tokyo Skytree** – The tallest structure in Japan, Tokyo Skytree is predominantly a television and radio broadcast tower and is earthquake resistant.

**Imperial Palace** – Built on the former site of Edo Castle, the Imperial Palace is the main residence of the Emperor of Japan. Although the inner grounds are not generally open to the public, the palace's outer gardens, moats and stone walls offer a glimpse into Tokyo's imperial history.

**Meiji Jingu Shrine** – A shrine dedicated to the deified spirits of Emperor Meiji and his consort, Empress Shoken. Completed in 1920, eight years after the passing of the emperor and six years after the passing of the empress, the shrine was destroyed during the Second World War but was rebuilt shortly thereafter.

**Shibuya Crossing** – The iconic Shibuya Scramble Crossing, inaugurated in 1973, is the busiest pedestrian interchange in the world, with as many as 3,000 people crossing at one time. Billboards and bright lights abound, and it is often compared to New York's Times Square. The crossing regularly features in films and other media, and is one of Tokyo's most recognisable sites.

**Day 4: Embark cruise in Tokyo****Meals: B, L, D**

Enjoy breakfast at your hotel before checking out. You will then be transferred to the cruise port, a journey of approximately 45 minutes. Upon arrival, board the Holland America Line's Noordam, where your cruise adventure begins. The rest of your day on the cruise ship is at leisure.

**Please note:** *Your National Escort or local representative will accompany you to the port; however, they will not board the cruise with you. Check-in and embarkation will be completed with Holland America Line staff.*

**Day 5: Cruise – At Sea****Meals: B, L, D**

Cruise northwards following the coast of Japan's largest island, Honshu. Today, relax and explore the facilities and entertainment available onboard Holland America Line's Noordam as you begin your journey towards Hokkaido and the North Pacific Ocean crossing.

**Day 6: Cruise – Kushiro, Japan****Meals: B, L, D**

Today you will dock in the port of Kushiro, on the southeast coast of Hokkaido. Disembark the cruise ship and enjoy a day at leisure before returning to your ship later in the day for your onward journey.

*Here you can enjoy a range of excursions at your own expense, bookable on your cruise reservation. Please note, if you dine off the cruise ship, these meals will be at your own expense.*

**Destination Information**

**Kushiro** – Located on the southeast coast of Hokkaido, Kushiro is known for its atmospheric setting and surrounding natural landscapes. From here, visitors can explore Kushiro Shitsugen National Park, Japan's largest wetland and a habitat for the red-crowned crane.

**Day 7: Cruise – At Sea****Meals: B, L, D**

Today you will spend the day at sea as Noordam begins the North Pacific Ocean crossing. Relax onboard and enjoy the ship's facilities as you sail eastwards from Japan towards Alaska.

During this crossing, you will also pass the International Date Line, meaning the calendar date will change during your journey. Your cruise ship will advise the correct shipboard date and time to follow while onboard.

**Destination Information**

**North Pacific Ocean Crossing** – Crossing the North Pacific by ship is an epic journey, connecting Japan with Alaska across a vast stretch of open ocean. Days at sea offer time to relax, enjoy the ship's restaurants, bars, lounges and entertainment, and take in the experience of travelling between continents by cruise ship.

**Day 8: Cruise – At Sea****Meals: B, L, D**

Continue your journey across the North Pacific Ocean. Spend the day at leisure onboard Noordam, perhaps enjoying the ship's restaurants, bars, lounges, entertainment and leisure facilities as the ocean stretches to the horizon.

**Day 9: Cruise – At Sea****Meals: B, L, D**

Today is another day at sea as Noordam continues its North Pacific crossing. Take time to relax, enjoy the slower pace of ocean cruising and make the most of the facilities available onboard.



**Day 10: Cruise – At Sea****Meals: B, L, D**

Spend the day at leisure onboard as you continue sailing towards Alaska. Whether you choose to unwind on deck, enjoy onboard dining or take part in the ship's daily activities, today is yours to enjoy at your own pace.

**Day 11: Cruise – At Sea****Meals: B, L, D**

Enjoy your final full day of the North Pacific crossing as Noordam approaches Alaskan waters. Relax onboard and take in the sense of anticipation before reaching Kodiak, Alaska, the following day.

**Day 12: Cruise – Kodiak, Alaska****Meals: B, L, D**

Today you will dock in the port of Kodiak, Alaska. Disembark the cruise ship and enjoy a day at leisure before returning to your ship later in the day for your onward journey.

*Here you can enjoy a range of excursions at your own expense, bookable on your cruise reservation. Please note, if you dine off the cruise ship, these meals will be at your own expense.*

**Destination Information**

**Kodiak** – Set on Kodiak Island, this Alaskan port is surrounded by rugged coastal scenery, forests and wildlife-rich landscapes. The island is especially known for the Kodiak bear, a subspecies of brown bear found only in the Kodiak Archipelago, while the town itself offers insight into Alaska's fishing heritage, local history and remote island life.

**Day 13: Cruise – At Sea****Meals: B, L, D**

Today you will spend the day at sea as Noordam continues its journey through Alaskan waters. Relax onboard and enjoy the ship's facilities, or simply take time to reflect on your North Pacific crossing and the adventure so far.

**Day 14: Cruise – Sitka, Alaska****Meals: B, L, D**

Today you will dock in the port of Sitka, set amongst the spectacular scenery of Baranof Island and the waters of Sitka Sound. Disembark the cruise ship and enjoy a day at leisure before returning to your ship later in the day for your onward journey.

*Here you can enjoy a range of excursions at your own expense, bookable on your cruise reservation. Please note, if you dine off the cruise ship, these meals will be at your own expense.*

**Destination Information**

**Sitka** – Located on Baranof Island, Sitka is surrounded by forested mountains and the icy blue waters of Sitka Sound. Once the capital of Russian America, the town has a fascinating history, with Russian-influenced architecture, Tlingit heritage and access to the wildlife-rich landscapes of the Tongass National Forest.

**Day 15: Cruise – Ketchikan, Alaska****Meals: B, L, D**

Today you will dock in the port of Ketchikan. Disembark the cruise ship and enjoy a day at leisure before returning to your ship later in the day for your onward journey.

*Here you can enjoy a range of excursions at your own expense, bookable on your cruise reservation. Please note, if you dine off the cruise ship, these meals will be at your own expense.*

**Destination Information**

**Ketchikan** – Set along Alaska’s Inside Passage, Ketchikan is surrounded by forests, waterways and coastal scenery. Known as a major salmon-fishing centre, the town is also closely associated with the culture of Alaska’s indigenous peoples, with intricate totem poles and historic waterfront areas among its key sights.

**Day 16: Cruise – Prince Rupert, Canada****Meals: B, L, D**

Today you will dock in the port of Prince Rupert, British Columbia, set on Kaien Island and surrounded by forests, mountains and coastal scenery. Disembark the cruise ship and enjoy a day at leisure before returning to your ship later in the day for your onward journey.

*Here you can enjoy a range of excursions at your own expense, bookable on your cruise reservation. Please note, if you dine off the cruise ship, these meals will be at your own expense.*

**Destination Information**

**Prince Rupert** – Located on Kaien Island on British Columbia’s northern coast, Prince Rupert is known for its dramatic natural setting, surrounded by rainforest, mountains and sheltered waterways. The town is closely linked with First Nations heritage, fishing and coastal wildlife, with highlights including the Museum of Northern British Columbia and nearby walking trails such as Butze Rapids.

**Day 17: Cruise – At Sea****Meals: B, L, D**

Today you will spend the day at sea as Noordam continues south towards Seattle. Relax onboard, enjoy the ship's facilities and take in the passing coastal scenery on the final full day of your cruise.

**Day 18: Arrive in Seattle****Meals: B, L, D**

Disembark Holland America Line's Noordam in Seattle, where you will be met by a National Escort or local representative. From the cruise terminal, transfer into the city and continue to your hotel for check-in.

The rest of the day is at leisure to relax after your cruise or begin exploring Seattle independently.

**Destination Information**

**Seattle** – Set between Puget Sound and Lake Washington, Seattle is one of the Pacific Northwest's most recognisable cities. Known for its waterfront setting, coffee culture, creative neighbourhoods and mountain views, it offers a lively mix of culture, food, architecture and natural beauty.

**Day 19: Explore Seattle****Meals: B, L, D**

Today, enjoy a full day exploring Seattle. Begin in the historic downtown area before visiting some of the city's best-known sights, including Pike Place Market, Chihuly Garden and Glass and the world-famous Space Needle.



Pause at Kerry Park for panoramic views of the city skyline before continuing through some of Seattle's distinctive neighbourhoods and scenic viewpoints.

Later, return to your hotel before sharing a farewell dinner with your fellow travellers this evening.

**Destination Information**

**Pike Place Market** – One of Seattle's most famous landmarks, Pike Place Market is a historic public market overlooking the waterfront. It is known for its fresh produce, seafood stalls, independent shops and lively atmosphere.

**Chihuly Garden and Glass** – Located at Seattle Center, Chihuly Garden and Glass showcases the colourful glass artwork of artist Dale Chihuly. The exhibition includes indoor galleries, a glasshouse and garden installations.

**Space Needle** – Built for the 1962 World's Fair, the Space Needle is Seattle's most iconic landmark. Standing 184 metres tall, its observation deck offers sweeping views over the city, Puget Sound and, on clear days, the surrounding mountains.

**Days 20-22: Depart Seattle****Meals: B**

Any time before your flight is at leisure. You will be transferred from your hotel to Seattle Airport, according to the departure time of your international flight.

Fly home to Australia, arriving home two days later.

*Please note: Late check-out is not included. If you wish to book a late check-out or additional nights, please contact our reservations department who can confirm additional pricing and arrangements for you, subject to availability at the hotel.*



**PLEASE INFORM OUR RESERVATIONS TEAM OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS AT TIME OF BOOKING.**

## TRAVEL INFORMATION

### VISAS

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#### Japan

Visas are not required for Australian passport holders for entry into Japan for stays of up to 90 days.

#### USA

This tour includes travel to Alaska & Seattle, which are part of the United States. Australian passport holders travelling under the Visa Waiver Program must obtain an approved ESTA before entering the USA by land, sea or air. Wendy Wu Tours are unable to apply for an ESTA on your behalf, therefore you will need to arrange and pay for this directly.

To enter the USA, your passport must be valid for the length of your planned stay.

#### Canada

Australian passport holders will need to apply for an Electronic Travel Authorisation, known as an ETA, before travel. This ETA fee is included in your tour cost and Wendy Wu Tours Visa Department will assist you with the process of obtaining it.

Your passport must be valid for the length of your planned stay in Canada. Canadian border officials may also ask to see proof of onward or return travel and evidence that you have sufficient funds for your stay.

**Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.**

Please note, the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate, Wendy Wu Tours acts as a third party and has no influence on the process of a visa.

Wendy Wu Tours does not accept responsibility for lost or undelivered items.

All information with regards to visas will be updated regularly on our website as we find visa processes are changing on regular basis. For the latest information on visa procedures, processing times and requirements, please kindly refer to our website <https://www.wendywutours.com.au/help-and-advice/passports-and-visas/>

### INSURANCE

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It is a condition of your booking that you are insured for the duration of your trip. We recommend comprehensive travel insurance to cover cancellation, medical requirements, luggage, repatriations and additional expenses. At a minimum, the policy is required to cover medical requirements including medical evacuations / repatriations. The choice of insurer is yours. We strongly suggest you purchase insurance at the time you pay your deposit. This is because cancellation fees and charges are payable from that time.

We may request you to provide evidence that you have taken out and paid for a policy to comply with this condition. If you fail to provide a certificate of currency of insurance within a reasonable time after our request, then this will be deemed a cancellation by you and standard cancellation fees will apply.

## LUGGAGE

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All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of 5kg. It is essential that your luggage is lockable.

**On your cruise:** Holland America Line luggage tags can be accessed during the Online Check-In process. These should clearly show your name, ship name, stateroom number and sailing date. If you are unable to print your luggage tags before travel, tags will be available from Holland America Line staff at the pier. For your convenience, we recommend attaching your cruise luggage tags before arriving at the cruise terminal.

It may take a few hours after embarkation for your luggage to be delivered to your stateroom. Likewise, suitcases are collected on the last night of your cruise. To avoid any complications, be sure to bring a small bag such as a backpack for carrying any necessary medication, valuables, important documents and essential items.

## PORTERAGE

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**Pre & Post Cruise:** Please be aware that portorage is not commonly available in Japan and may not be included during the pre-cruise touring section. You will therefore need to be able to handle your own luggage within hotels and when using transport such as coaches. In Seattle, portorage arrangements may vary by hotel and will be confirmed in your final documentation.

**Cruise:** If you check your luggage with a porter at the cruise terminal, your checked baggage should be delivered to your stateroom within a few hours of setting sail, provided it is tagged correctly. On the final night of your cruise, luggage is usually left outside your cabin door for collection, ready for disembarkation the following morning. Please keep any medication, valuables, travel documents and essential overnight items with you in a small hand luggage bag.

## AIRPORT TRANSFERS

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As we offer our customers a variety of airlines to suit your needs, passengers will arrive and depart at various times during the day. Depending on the number of customers arriving or departing on the same flight as yourself, the type of transfer to your hotel or airport will vary.

On arrival in Japan, you will always be met by English-speaking staff and transferred to your hotel either by:

- Direct shared bus, shared with other passengers and not just Wendy Wu Tours clients
- Shared bus plus taxi from the nearest bus stop to the hotel, with a maximum 5-minute walk
- Chartered coach, if there are more than 8 Wendy Wu Tours passengers arriving at the same time

You will meet your National Escort at dinner or, if arriving late, the following morning after breakfast at the welcome meeting.

Please ensure your Wendy Wu Tours luggage tag is visible on your suitcase or hand luggage, as this may also assist your guide in identifying you. If at any stage you are unable to locate your representative, please contact our local ground operator on the number included in your final documents.

## TRANSPORT

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**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions and longer transfers where necessary. Roads in Japan are extremely well maintained and are comparatively smooth compared with the rest of Asia. Roads in Seattle and the surrounding areas are also generally well maintained, although traffic and local conditions may affect journey times. Coaches and minibuses do not have onboard toilet facilities; however, frequent bathroom stops are made for passengers' comfort. While on coaches your main luggage may be transferred to your next hotel separately.

## ACCOMMODATION

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Your accommodation is selected for convenience of location, comfort and suitability for the itinerary. Hotels are generally of a good standard, but please note that facilities, room sizes and hotel styles may vary between destinations, particularly between Japan and the USA.

Your accommodation in Japan is selected for its convenience of location and comfort, usually in modern city hotels. Hotel rooms and bathrooms in Japan are famously compact, and room sizes may be smaller than you are used to in Australia. Standard single rooms are smaller than double or twin rooms and typically feature one small double bed or single bed designed for single occupancy.

All group tour hotels have private bathroom facilities and air conditioning where needed. If you experience any difficulty, please speak to your National Escorts, local guides or hotel reception. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and partners to ensure that standards meet your needs.

## GROUP SIZE

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For pre and post cruise touring, most of our groups consist of 10 travellers or more and will be accompanied by National Escorts. On this tour, there will be no more than 28 travellers in each group, although you may encounter other Wendy Wu tour groups while you are travelling.

Your Holland America Line cruise is aboard Noordam, which carries approximately 1,972 guests, most of whom will not be part of your Wendy Wu tour group.

All our departures are guaranteed to operate with a minimum of 10 travellers booked, unless cancelled due to factors beyond our control. However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

## TIPPING / GRATUITIES

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Tippling is not customary in Japan and may even be politely declined. However, if you feel you have received exceptional service, offering a tip discreetly at your discretion is acceptable.

Tippling is customary in the USA and is an important part of service culture. In restaurants, bars, hotels and for local services, tipping is generally expected unless already included.

For your convenience, Wendy Wu Tours operates a tipping policy where a stated amount is paid locally and disbursed to local guides and drivers during the post-cruise touring section. The amount is designed to be reasonable for travellers while being fair to the local people.

The tipping amount is as below;  
USA: USD \$40 per person

We generally find that most customers appreciate the convenience of our tipping policy, but we do recognise that it may not suit everyone. However, as this is a group tour, we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

**On the cruise:** Your cruise gratuities are included in your tour cost.

## FOOD, MEALS & DIETARY REQUIREMENTS

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On this tour, you will have the opportunity to experience a wide variety of dining options, reflecting the diverse cuisines of the destinations you will visit. We recommend that when it comes to Japanese food, you stay open minded, try to be adventurous and always have a go with the chopsticks!

Japanese cuisine is fresh, balanced and beautifully presented. Typical meals include rice, miso soup, pickled vegetables, fish and meat, along with traditional noodles such as soba and udon. Food is a key part of Japanese culture, with meals often enjoyed communally. While most food is eaten with chopsticks, some restaurants may offer Western cutlery. Breakfasts are usually buffet-style, with a combination of Japanese and Western items, though set menus may occasionally be offered. Lunches and dinners are often pre-arranged set menus reflecting local tastes. Please note that on some days, dinner may be scheduled earlier than usual and the group may proceed directly from sightseeing to the restaurant without returning to the hotel first.

In Seattle, meals will generally feature a mix of local and international cuisine. The city is particularly known for its fresh seafood, coffee culture and Pacific Northwest flavours.

**Pre & post cruise:** Meals are included as stated during the land touring portion. Breakfast is usually served at the hotel, while lunches and dinners may be pre-arranged group meals featuring a mix of local and international dishes. In some locations, meals may be arranged in local restaurants, allowing you to sample regional specialities. On days with extensive sightseeing, meals may be served immediately after the tour rather than returning to the hotel.

**Cruise dining:** While onboard Noordam, you will have a choice of included and specialty dining venues. Included dining options include venues such as the Dining Room, Lido Market, Dive-In and 24-hour room service, while specialty restaurants such as Pinnacle Grill, Canaletto and Tamarind are available at an additional charge unless included as part of your cruise package.

**Dietary requirements:** If you have dietary requirements, please inform us before your tour starts. Our guides will make every effort to accommodate requests such as vegetarian, vegan, gluten-free or other dietary needs. However, it's important to note that in some destinations, dining options may be more limited, and certain dietary requests may be harder to fulfil. Additionally, some local dishes may be traditionally cooked using animal fats, broths or sauces, which may not always be easily adapted to suit certain dietary needs.

While on the cruise, the ship's restaurants are well-equipped to cater to a wide range of dietary requirements, though it is still recommended to notify Holland America Line of any specific needs in advance. During shore excursions, dining options may vary, and local food establishments may have limited capacity to meet special dietary requests.

For travellers with food intolerances or strict dietary needs, we recommend bringing snacks or suitable food items to supplement meals, particularly when exploring during long excursions or during the cruise. Your patience and understanding are appreciated, as local suppliers may not always be able to provide the same level of accommodation as you might expect at home. However, we aim to ensure you have an enjoyable and authentic culinary experience throughout your journey.

## **CRUISE – HOLLAND AMERICA LINE NOORDAM**

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Holland America Line's Noordam is a Vista Class ship with a classic, more intimate cruise atmosphere. Named after the Dutch word for the northern compass point, the ship features stylish décor, museum-quality artwork and spacious public areas for relaxing during your North Pacific and Alaska cruise.

On board, you will find a wide range of dining venues, bars and lounges, live entertainment, spa facilities, shops, pools and comfortable public areas. Noordam features venues such as the Dining Room, Lido Market, Dive-In, 24-hour room service, Crow's Nest Café and Library Café, alongside specialty dining venues including Canaletto (specialty), Pinnacle Grill (specialty), Morimoto By Sea (specialty) and Tamarind (specialty, available on select evenings). Bars and lounges include the Crow's Nest Bar, Lido Bar, Pinnacle Bar, Ocean Bar, Sea View Bar and Explorer's Lounge.

The ship also offers a range of entertainment and leisure facilities, including the World Stage, Rolling Stone Lounge, Billboard Onboard, The Dam Band, casino, shops, spa and fitness facilities. Guests can relax by the Lido Pool, which has a retractable glass roof, or enjoy the adults-only Sea View Pool and whirlpools.

## CRUISE ACCOMMODATION AND CABINS

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At the time of booking, subject to availability, your cruise cabin category will be confirmed. This tour is currently priced based on a Veranda (balcony) cabin. If you wish to upgrade, or have a specific request regarding cabin location, please contact our reservations department for assistance. Although these requests cannot be guaranteed, we will do our best to accommodate them.

Your cabin will include practical comforts such as individually controlled air-conditioning, television, storage space, in-room safe and hairdryer. Staterooms also include power outlets and bedside USB outlets for charging mobile devices; guests may still wish to bring a suitable travel adaptor.

## CRUISE EMBARKATION & DISEMBARKATION

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Embarkation time is when you should arrive at the cruise terminal. Departure time is when your ship sets sail.

Before travelling, we strongly recommend completing Holland America Line's Online Check-In process, including submitting the required immigration forms, disembarkation forms and credit card registration for onboard purchases. Holland America Line recommends completing Online Check-In at least 30 days prior to departure, and completing the process at least 3 days prior to departure can help ensure a smoother check-in process at the pier.

Once Online Check-In has been completed, you will be able to access your boarding pass. Holland America Line strongly encourages guests to download the Holland America Line Navigator app, where you can complete online check-in, upload required documents in advance and access your digital boarding pass before arriving at the terminal. The app can also be used to book shore excursions, spa treatments and Specialty Dining restaurants.

**Boarding Time in Ports of Call:** In all ports of call, it is the guest's responsibility to be back onboard the ship no later than the time advised by Holland America Line. Please be aware that shipboard time may differ from the time in the port of call and it is the guest's responsibility to follow the shipboard time. In the event a guest misses the ship, it will be the guest's responsibility to pay all expenses incurred to rejoin the ship.

## SHORE EXCURSIONS

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Your itinerary combines two different styles of touring, each offering a distinct experience. The land portion pre- or post-cruise is more in-depth and fast-paced, with full days of sightseeing, cultural highlights, and detailed commentary from local guides. This allows for a comprehensive understanding of each destination, although the pace can feel busy and information-rich.

During the cruise, the touring style becomes more relaxed. Shore excursions still provide opportunities to explore each port, but they are typically less intensive, with a slower pace, lighter commentary, and more free time. This contrast is designed to offer a balance between structured, guided touring and more flexible exploration.

At ports of call, optional shore excursions will be available through the cruise line. These are subject to availability and may be amended or cancelled due to weather or operational reasons at their discretion. Unless otherwise stated, excursions are at your own expense and can be booked in advance through your Holland America reservation, onboard the ship, or independently with a third-party provider. If you choose independently or through a third-party provider, it is your responsibility to ensure the excursion timing allows sufficient return time before the ship's all-aboard deadline.

If you opt to book through the cruise line, we recommend booking early, as availability is limited and operates on a first-come, first-served basis. A shore excursions desk is available onboard for last-minute arrangements although this does not always guarantee availability. Excursions can be pre-booked online via your Guest Account. Please note that any add-ons must be paid within 72 hours of being added to your reservation to avoid automatic removal. To secure your selections, payment should be completed at the time of booking. Shore excursions are not always available online straight away, and sometimes appear closer to the departure date. If you cannot see them, it is worth checking back at a later date.

### **HOLLAND AMERICA LINE 'HAVE IT ALL' PACKAGE: WHAT'S INCLUDED**

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We are pleased to include Holland America Line's 'Have It All' package with this Cruise & Tour package, enhancing your onboard experience with a range of additional inclusions.

For this 14-night sailing, 'Have It All' includes a USD \$200 shore excursion credit per guest, which can be applied towards Holland America Line shore excursions during your cruise. This credit is per person, not per cabin, is non-refundable, has no cash value and must be used on the corresponding cruise.

You will also receive Holland America Line's Signature Beverage Package, which includes selected wine, beer, spirits, cocktails and non-alcoholic options such as soft drinks and specialty coffees. The package includes up to 15 beverages per day, covering drinks priced at USD \$12 or less, subject to Holland America Line's package terms. Beverage service charges are included for drinks covered by the package.

Your package also includes two nights of Specialty Dining, the Wi-Fi Surf Package and prepaid Crew Appreciation, which covers Holland America Line's standard stateroom gratuities. Please note that gratuities for other services, including bar, dining, wine accounts, spa and salon services, may not be included.

Please note: 'Have It All' inclusions are subject to Holland America Line's current terms and conditions and may vary or be amended by the cruise line.

## APPROPRIATE DRESS / WHAT TO PACK

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When travelling through Japan, Alaska and Seattle, pack for varied weather conditions and changing temperatures. In Tokyo, lightweight layers such as cotton shirts, cardigans and light jackets are recommended. For city exploration, casual yet neat attire is ideal, particularly when visiting cultural or religious sites where modesty is appreciated. Comfortable walking shoes are essential for sightseeing in Tokyo and Seattle.

For the cruise section, layered clothing is strongly recommended. Holland America Line recommends practical layers for Alaska cruises, including short sleeves or light trousers for warmer days, a packable rain jacket for showers, and warmer items such as a sweater, warm vest, hat and gloves for strolling the decks and glacier or wildlife viewing. Comfortable walking shoes are essential throughout the tour, particularly for sightseeing days and any optional shore excursions.

Don't forget a camera or smartphone with extra storage and chargers to capture Tokyo, the North Pacific crossing, Alaska's coastal scenery and Seattle. You should also bring a small medical kit with basic first aid supplies and any personal medication you may need.

**Cruise Dress Code:** When cruising with Holland America Line, daytime attire is casual. Most evenings are smart casual, while selected evenings are designated as Dressy Nights. When indoors onboard, guests are required to wear shirts or cover-ups and footwear. Shorts, pool or beachwear, distressed jeans and men's tank tops are not permitted in table service restaurants. The specific dress recommendation for each evening will be listed in the Daily Program and the Holland America Line Navigator App.

**Dressy Nights:** On designated Dressy Nights, guests are invited to wear more polished evening attire. For this 14-night cruise, Holland America Line's guidance indicates there are usually three Dressy Nights. Black tie or tuxedos are not required.

**Orange Party:** Holland America Line holds one Orange Party on each cruise, celebrating its Dutch heritage. Guests are encouraged to wear orange clothing or accessories for the occasion; orange items may also be available to purchase onboard.

## TERRAIN CONSIDERATIONS (STEPS, SLOPES & UNEVEN SURFACES)

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This tour involves walking over a variety of surfaces, including pavements, steps, temple grounds, visitor walkways, cruise terminals and some uneven ground. Comfortable, sturdy footwear is essential.

In Tokyo, sightseeing may involve busy streets, steps, shrine and temple grounds, and extended periods on foot. At some cultural or religious sites, you may also be required to remove your shoes.

During the cruise, embarking and disembarking at ports may involve gangways, ramps, steps or tender boats, depending on local conditions. Optional shore excursions in Japan, Alaska and Canada may also involve uneven ground, wet surfaces, walking trails or extended periods on foot.

In Seattle, sightseeing may involve city pavements, steps, viewpoints and time spent standing or walking at attractions such as Pike Place Market, Chihuly Garden and Glass and the Space Needle.

Those with knee or hip difficulties, balance issues or reduced mobility should carefully consider the physical requirements of this itinerary.

## **MONEY, CASH AND PERSONAL EXPENSES**

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The unit of currency in Japan is the Japanese Yen (JPY), while the USA, including Alaska and Seattle, uses the US Dollar (USD). Canada uses the Canadian Dollar (CAD), although this tour only visits Canada during the cruise call at Prince Rupert. You may wish to carry a small amount of local currency for personal expenses, particularly for snacks, souvenirs, tips or smaller purchases.

ATMs are widely available in major cities such as Tokyo and Seattle, though access may be more limited during cruise port days or shore excursions. We recommend consulting your bank about withdrawal fees and limits before travelling. Credit cards are commonly accepted in hotels, restaurants, larger shops and onboard the cruise, but it is still useful to keep some small notes for smaller purchases.

**Personal expenses:** You will need to take some extra money to cover drinks, laundry, souvenirs, optional shore excursions and any additional sightseeing that may be offered to you. During the cruise, most onboard purchases will be charged to your shipboard account and settled at the end of your voyage.

## **OPTIONAL ACTIVITIES PRE AND POST CRUISE**

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Our fully-inclusive Classic tours, while on land, feature full days of sightseeing to ensure you experience all the must-see sights and unforgettable moments. Occasionally, when time allows, we offer optional extras for those seeking extra exploration. These excursions will be communicated and paid for locally through your guide.

## **SOUVENIRS**

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We want to be able to give you an opportunity to buy souvenirs, so we may include some stops at museums, exhibitions, markets or local shops which demonstrate a craft or product unique to that region, with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places which hold local interest. We trust you will enjoy these opportunities to learn about local arts, crafts and local products, and understand their cultural importance.

## CULTURAL DIFFERENCES

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Japanese society and culture are built on intricate social etiquette and customs. As foreigners, we are not expected to be knowledgeable about all etiquette, but it will make your time in Japan more enjoyable if you are respectful of local customs. Some examples of scenarios you may encounter include removing your shoes and hats when entering a temple or house, and some restaurants as well. You may be supplied with slippers at some places, but please come prepared with spare socks and shoes that are easy to take off. Your National Escort or local guide will advise you of local customs during your tour.

Canada and the USA are generally easy destinations for Australian travellers, with many familiar customs and a relaxed, welcoming style of service. However, local etiquette should still be observed, and patience is appreciated in hotels, restaurants, airports, cruise terminals and visitor sites. When visiting natural areas and wildlife regions, please follow local guidance carefully. Keep to marked paths, do not approach wildlife, and respect conservation rules designed to protect the landscapes and animals you have travelled to see.

## DEVELOPMENT

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Japan, Canada and the USA are highly developed countries with modernity, good infrastructure and safety standards. Roads, hotels, airports, cruise terminals and public facilities are usually of a good standard, particularly in major cities such as Tokyo and Seattle.

When visiting natural areas, national parks and wildlife regions, please follow local guidance carefully. Keep to marked paths, do not approach wildlife, and respect conservation rules designed to protect the landscapes and animals you have travelled to see.

## WEATHER

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Japan experiences distinct four-season climates, offering a wide range of weather conditions throughout the year. Japan's climate varies by region, but generally includes hot, humid summers from June to September and cold winters with snowfall in northern areas like Hokkaido. Spring (March to May) and autumn (September to November) are particularly popular for their mild temperatures, cherry blossoms, and vibrant autumn foliage.

During the North Pacific crossing and Alaska cruise sections, guests should be prepared for cooler temperatures, wind, rain, mist and sea breezes, particularly when spending time on open decks or during shore excursions. Seattle generally has a mild coastal climate, though rain is possible at any time of year.

## **PUBLIC HOLIDAYS**

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During the period of travel, the main public holiday period to be aware of is Golden Week in Japan, which includes several national holidays from late April to early May.

For this departure, the key Japanese public holidays falling during the tour period are:

- Showa Day: 29 April 2028
- Constitution Memorial Day: 3 May 2028
- Greenery Day: 4 May 2028
- Children's Day: 5 May 2028

Please note that while your time in Tokyo is scheduled before these dates, Golden Week can be a busy travel period in Japan and may affect transport, hotels, airports and tourist sites around this time. Tourist attractions are likely to remain open, but may be busier than usual.

No major USA or Canadian public holidays fall during the scheduled tour dates.

## **VACCINATIONS AND YOUR HEALTH:**

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We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au).

## **BEFORE YOU LEAVE:**

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We strongly recommend registering your travel plans with [www.smartraveller.gov.au](http://www.smartraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

## **AFTER YOUR BOOKING:**

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Once you have booked with Wendy Wu Tours, you will receive an email with your confirmation invoice, along with a link to our website where you can find your visa information and other important information. Your final documentation pack will be sent to you approximately 2 weeks prior to departure.

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