



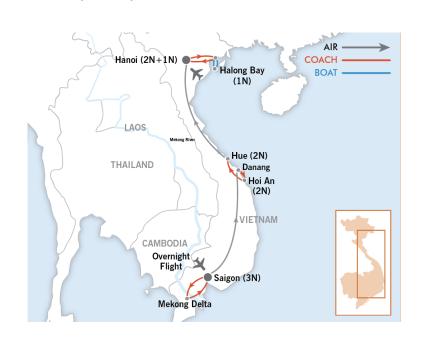
# Vietnam Explorer Dossier Immerse Yourself Tour | 13 Days | Flexible

Hanoi – Halong Bay – Hue – Hoi An – Saigon – Mekong Delta

Explore the best bits of Vietnam - Hanoi, Halong Bay, Hue, Hoi An and Saigon, on a flexible itinerary that gives you the choice to discover each destination independently or choose between a series of cultural experiences. This tour is Vietnam, your way.

# **TOUR HIGHLIGHTS:**

- Cruise on Halong Bay
- Explore Vietnam's rural beauty
- Wander charming Hoi An
- Discover the Mekong Delta
- Enjoy freedom and choose optional, cultural experiences



# Vietnam Explorer tour inclusions

- Return international flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- Meals as stated on itinerary
- All sightseeing and entrance fees
- All transportation and transfers
- English-speaking National Escort (If your group is 10 or more travellers)

Personal expenditures e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late checkout and other items not specified on the itinerary are at your own expense.

# **Immerse Yourself Tour**

Designed for those who wish to be further immersed in the authentic charm of Asia; our Immerse Yourself Tours include more cultural and active experiences. You will be accompanied by our dedicated and professional National Escorts or Local Guides, whose unparalleled knowledge will turn your holiday into an unforgettable experience. Our Immerse Yourself tours include:

- Cycling and walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

# **Flexible Tour**

'Vietnam Explorer' is a **Flexible** tour with some active optional excursions. By making the more physically demanding features of this tour optional you can pick and mix activities and free time, meaning more opportunity for independent exploration. Some of the optional excursions, such as hiking at the Longji Rice Terraces, will require a higher level of fitness to take part.

- There will be both short and long periods of walking whilst sightseeing
- Throughout the tour there will be bicycle tours which may involve cycling over uneven ground
- You will be required to get on and off varying sizes of boats throughout the tour, often without assistance
- All of our optional excursions are on a shared basis.

Our National Escort and Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

# **Country Profile: Vietnam**

Vietnam is a country of breathtaking natural beauty with an incredible modern day history that quickly becomes addictive. It has experienced war and a bloody revolution in the past 100 years, but the revolution now underway is peaceful and prosperous. Vietnam has something to offer everyone, so whether you are a culture vulture, thrill seeker or just looking to relax and take in the beaches, Vietnam will not disappoint.

# **Joining Your Tour**

The tour is 13 days in duration including international flights.

Travellers booked on 'Land Only, the price includes visa fees and your arrival/ departure airport transfers if arriving/departing on the start and conclusion date of your tour. Please advise your international flight times to reservations. Join the tour on day one in Hanoi and end the tour on Day 12 in Saigon. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

# **Itinerary Changes**

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we will make the best possible arrangements maintaining the integrity of your trip.

# **Important Information Regarding Itinerary Changes and Flight Delays**

Due to unforeseen circumstances, flights can be delayed, and therefore connecting flights may be missed. If you find yourself in this situation, please contact our Vietnam office on +84 989 559 488 (24 hours) to urgently advise your arrival details have changed. Please ensure you have your trip number, tour name (both included in your final documentation) and new arrival details (flight number and arrival time) handy to pass on to our local office in Vietnam. This will ensure your National Escort/Local Guide can be informed of your most up to date information and ensure someone is at the airport to meet you on arrival.

If we are not advised of late changes and missed connections, Wendy Wu Tours cannot guarantee someone will be able to meet you upon arrival in Vietnam as our local office will have no way of knowing which flight you will be arriving on. Wendy Wu Tours will not be responsible for providing reimbursement of transportation costs from the airport to your hotel in the event that our local office was not advised of changes to arrival time.

# **Vietnam Explorer Itinerary**

## **DAY 1: FLY TO HANOI**

Fly to Hanoi where you will be met at the airport in the arrival hall by your Local Guide or National Escort. Together with all other group members who may be arriving at a similar time, you will transfer 45 minutes to your hotel and check into your room or store any luggage if your room is not ready yet. There is no sightseeing today.

Meals Included: Dinner

# **Destination Information**

**Hanoi** - With a population of approximately four million, Hanoi is a charming and richly historic city of lakes, shaded boulevards and leafy open parks. The centre is an architectural museum piece housing groups of ochre coloured buildings holding the air of provincial French towns of the 1930s, a "Paris of the Orient" as people have called it.

# **DAY 2: HANOI**

Discover the sights of Hanoi; first stop will be to take a walk in Ba Dinh Square, followed by the Ho Chi Minh Quarter and Ho Chi Minh's Mausoleum. Next visit the Humble House on Stilts before driving to the serene Temple of Literature, Hanoi's first university. This afternoon, sit back and relax while your cyclo driver weaves through some of the Old Quarter's busiest street. Wrap up your guided cyclo journey with a traditional Vietnamese coffee at a café overlooking Hoan Kiem Lake - an important symbol of Vietnamese folklore. End your day with a delightful water

puppet show, a traditional art that is still being performed today.

Meals Included: Breakfast, Lunch and Dinner

The Ethnology Museum is closed on Mondays and on Vietnamese New Year, if your visit falls on these days you will go to the Vietnamese Women's Museum as an alternative. Ho Chi Minh's Mausoleum is closed for entry on Mondays and Fridays every week and from September to December each year. During these times we are unable to enter the Mausoleum; however, we can view it from the outside.

#### **Destination Information**

**Ho Chi Minh Complex** - Dedicated to the father of modern Vietnam and where Ho Chi Minh's Mausoleum stands in Ba Dinh Square. Ho Chi Minh first declared independence from French rule in 1945.

**Hanoi Old Quarter** - A maze of streets weaving through Hanoi and dating back to the 13<sup>th</sup> century. Each street specialises in merchants and artisans selling their wares of silk, silver, wood and more.

**Temple of Literature** - Hanoi's first university dating back to 1070 and a historical centre of learning, now dedicated to Confucian worship.

**Water Puppet Show** — Is a traditional form of entertainment, founded by farmers working alongside the Red River in Hanoi. Topics covered usually involve

traditional folklore but sometimes modern themes are incorporated.

#### **DAY 3: HANOI TO HALONG BAY**

Drive four hours today from Hanoi to Halong, where you will take an overnight cruise to the far-most corners of the bay. Boarding your boat could involve navigating your way over and through other boats, moored between it and the dock, sometimes without handrails, ladders or assistance from staff.

Enjoy lunch onboard as you cruise out into the bay, stopping to anchor for an afternoon of activities (which are subject to change due to cruise selection and weather conditions). Sightseeing includes visiting underground caves on the islands, which require climbing up and down steps inside and outside of the caves. End the day on deck with a drink in hand to watch the sunset over the bay followed by a freshly prepared dinner, before retiring to your cabin for the night.

Meals Included: Breakfast, Lunch and Dinner

You will need to pack a smaller overnight bag for your trip to Halong Bay. Main luggage will be left in safe storage at the hotel in Hanoi and picked up on your return.

Please note: Weather conditions such as mist, fog, wind, rain and storms may delay the departure time of your cruise, or in some cases your cruise may be cancelled. Notifications of any delays or cancellations may not be known until your group's arrival in Halong Bay. If your cruise is cancelled after your arrival in Halong Bay, you will have lunch in Halong City and return to Hanoi. If notification of the cruise cancellation is given prior to your departure for Halong Bay an alternative day trip will be arranged to Hoa Lu and Tam Coc or 'Halong Bay on Land', an area located approximately two hours from Hanoi. Our guides will make every effort to inform the group at the earliest possible moment should there be any itinerary changes.

## **Destination Information**

Halong Bay - Compared to the landscape of the limestone islets of Guilin in China and Krabi in southern Thailand, Halong Bay shares a common border with China in the north and harbours some of the most stunning scenery in Vietnam. Unique rock sculptures jut out dramatically from the clear emerald waters of the Gulf of Tonkin and numerous grottoes have created an enchanting, timeless world, looking out onto the horizon with the sails of the junks and sampans completing the picture.

# **DAY 4: HALONG BAY TO HANOI**

Spend the morning sailing through Halong Bay. After an early brunch disembark your cruise and return to Hanoi. Today you have two optional tours to participate at your own expense:

- A mini backstage tour at the Hanoi Opera House of the cultural show 'Lang Toi', followed by dinner and the evening performance of the show itself. (US\$90pp)
- 2) Discover the varied and delicious flavours of Vietnamese street food on a tour of Hanoi's very best street eats. (US\$35pp)

Meals Included: Brunch

# **DAY 5: HANOI TO HUE**

Fly to Hue in the morning. After lunch, visit the Imperial Citadel and the Forbidden Purple City which is still being restored many years after the destruction caused by street fighting and bombing during the American War in Vietnam. Explore the Royal Tomb of Minh Mang; the complex comprises of almost 40 monuments and is surrounded by gardens and pools, making it one of the more beautiful tombs. Continue by road to Thien Mu Pagoda and take a cruise on the Perfume River.

This evening is at leisure unless you wish to partake in the following optional tour at your own expense:

Experience the Hue Royal Dining Style. You will
have the chance to experience authentic cuisines
of Hue's royalty and come into an ancient
environment with ancient costumes, royal music
and performances while enjoying the royal dishes
carefully prepared to the finest detail for a
sumptuous dinner that is fit for royalty. (US\$75pp)

# **Destination Information**

Imperial Citadel - The Imperial City of Hue is a walled palace located in central Vietnam's Hue, and was recognised as a UNESCO World Heritage Site in 1993. It was built in 1362 and served as the capital of Vietnam during the reign of the Nguyen dynasty between 1802 and 1945.

**Thien Mu Pagoda** - This seven-storey octagonal tower built on a hillock, overlooking the Perfume River is Hue's oldest and most beautiful pagoda.

Meals Included: Breakfast, Lunch

#### DAY 6: HUE

Today is a day at leisure for your own explorations, or you can choose between the following optional experiences at your own expense:

- 1) Take a half day cycling tour of Hue and its beautiful rural surroundings stopping for lunch with the nuns of a nearby pagoda. (US\$45pp)
- 2) 2) Learn 'truc chi', creating art with bamboo paper, on a half day visit to a workshop. (US\$50pp)

Meals Included: Breakfast

#### DAY 7: HUE TO HOI AN

Today drive approximately four hours to Hoi An, via the stunning Hai Van Pass. This afternoon, you enjoy a half-day walking tour. Your journey through Hoi An's flower-lined streets includes stops at several famous landmarks. The first is Chua Ong Pagoda, dating back to 1653 and built in honour of the Chinese general Quan Cong, who is worshipped by many as a symbol of loyalty and justice. Next, visit the Phuc Kien Assembly Hall, to see the Jinshang Temple which is dedicated to the goddess of the sea and the protector of sailors. Then it's a short walk to Tam Ky House, a 200-year-old ancestral house and finally, stroll across the much photographed 17<sup>th</sup> century Japanese covered bridge. The beautifully built bridge doubles as a temple and is a major landmark of Hoi An. En route, visit Reaching Out Arts and Crafts Workshop, which is a social enterprise, training and employing people with disabilities. You will have a chance to see their skilful work. By day's end, you will understand why this section of Vietnam's coast attracts so many archaeologists and preservationists.

Meals Included: Breakfast, Lunch

# **Destination Information**

**Hoi An** - Perhaps more than any other place in Vietnam, Hoi An retains the feel of centuries past. Once known as Faifo, Hoi An was an influential port along the Silk Road. For over 500 years merchants from China, Japan, France and Portugal settled in the prosperous town resulting in a distinctive blend of culture, cuisine, religion and architecture.

Japanese Covered Bridge - First constructed in the 1590s to link the Japanese and Chinese quarters of the town. This iconic pink hued bridge has been restored to its former splendour.

**Reaching Out** - Provides opportunities for people with disabilities to learn skills and gain meaningful employment. The arts and crafts workshop provides a platform for local people to showcase their talents.

# **DAY 8: HOI AN**

Today is at leisure. You can choose to partake in one of the below at your own expense:

1) A half day cooking class (US\$65pp)

2) A farmer and fisherman full day tour (US\$90pp)

Meals Included: Breakfast

#### **DAY 9: HOI AN TO SAIGON**

Today fly one hour and 20 minutes to Saigon. Your afternoon is at leisure.

Meals Included: Breakfast

#### **DAY 10: SAIGON**

This morning drive two hours to discover the amazing network of the Cu Chi Tunnels. Sightseeing here involves two hours on foot on uneven mud paths through the bush and, if you choose, crawling through some of the tunnels. This afternoon, explore modern day Saigon with its heady mix of local culture and colonial influences. You'll pass the Notre Dame Cathedral before visiting the Central Post Office, the Reunification Palace and the chilling War Remnants Museum.

This evening you have the following optional tour at your own expense:

1) The A O Show with dinner (US\$75pp)

Meals Included: Breakfast, Lunch

Please note: The Notre Dame Cathedral will be under renovation for two years, starting in July 2017. During this time we are unable to enter the Cathedral; however we can view it from the outside.

# **Destination Information**

Saigon - Saigon is one of the world's truly cosmopolitan cities with a history, culture and style obtained from colonial France, ancient China and the art deco era. Once the main port of Cambodia's Mekong territory, Saigon became the capital of France's Cochinchina and later the capital of the Republic of Vietnam. It remained the capital of South Vietnam until reunification at the end of the American War in Vietnam in 1975, when the capital was moved to Hanoi.

Cu Chi - The tunnels of Cu Chi are an immense network of connecting underground tunnels located in the Cu Chi district of Ho Chi Minh City (Saigon), Vietnam, and are part of a much larger network of tunnels that underlie much of the country. The Cu Chi tunnels were the location of several military campaigns during the Vietnam War, and were the Viet Cong's base of operations for the Tet Offensive in 1968. The tunnels were used by Viet Cong soldiers as hiding spots during combat, as well as serving as communication and supply routes, hospitals, food and weapon caches and

living quarters for numerous North Vietnamese fighters. The tunnel systems were of great importance to the Viet Cong in their resistance to American forces, and helped to counter the growing American military effort.

**Central Post Office** - Located next to the Notre-Dame Cathedral. The Central Post Office building was constructed in the late 19<sup>th</sup> century. It counts Gothic, Renaissance and French influences and was designed by Auguste Henri Vildieu and Alfred Foulhoux, but is often erroneously credited as being the work of Gustave Eiffel.

Reunification Palace - Built on the site of the former Norodom Palace, is a landmark in Ho Chi Minh City, Vietnam. It was designed by architect Ngô Viết Thụ and was the home and workplace of the President of South Vietnam during the Vietnam War. It was the site of the end of the Vietnam War during the Fall of Saigon on 30th April 1975, when a North Vietnamese Army tank crashed through its gates.

War Remnants Museum - Comprised of numerous buildings displaying military equipment, photographs and artefacts relating to the Vietnam War from 1961-1975. This museum illustrates a harrowing period in this nation's history.

#### **DAY 11: SAIGON**

Drive approximately two hours to the picturesque Mekong Delta to witness the daily life of people living in this area. You will travel around by motorised, wooden boats between the islands and then change to smaller, paddle boats in the canals. Sightseeing involves hopping on and off these boats, often on unsteady and slippery surfaces, sometimes without handrails or assistance. Have lunch at a local restaurant where we can sample the culinary specialties of the Mekong Delta. Return to Saigon, en route visiting Vinh Trang Pagoda to experience the Cao Dai religion.

Meals Included: Breakfast, Lunch and Dinner

### **Destination Information**

**Mekong Delta** - Although primarily rural, the Mekong Delta is a densely populated area where life progresses around its fertile banks. The Mekong Delta is the 13<sup>th</sup> longest, and the 10<sup>th</sup> largest, by volume alone and people live, trade, travel and even go to school on the riverbanks.

#### **DAYS 12-13: SAIGON TO AUSTRALIA**

Today you will transfer one hour to the airport for your flight back to the Australia, arriving home the following day.

There is an optional Tour available today to join at your own expense:

 A half day cyclo tour around Chinatown. (US\$60pp)

Meals Included: Breakfast

#### VIETNAM EXPLORER TRAVEL INFORMATION

#### **Visas**

Entry visas are required by all visitors to Vietnam and Wendy Wu Tours Visa Department can assist you with the process of obtaining a visa.

We will supply you with all paperwork and submit the visa application on your behalf. Visas for Vietnam are issued with specific start and expiry dates which are based on the dates stated on the visa application form. Travel must be completed within those dates. Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Visa application forms and all relevant documentation are **due** in our office **60** days prior to departure; if received after this, urgent visa processing fees will apply. Also, please note we do not accept passports and visa applications within 30 days prior to departure. Passports will be returned with your Final Documentation four weeks prior to your group tour's scheduled departure. If you require your passport to be returned earlier, a \$15AUD courier fee will apply.

# Insurance

We strongly encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the originals.

# **Eating in South East Asia**

South East Asia is home to an incredibly rich food history. The local cuisine is known for its intense flavours, spices and some of the freshest ingredients you can find. In general, meals include either rice or noodles and are packed full of flavour. Lemongrass, ginger, lime leaves, coriander, fish sauce and soy sauce are used in most local dishes. The food has a reputation for being hot and spicy, each region actually has its own distinct characteristics. Vietnam is perhaps best known for its fresh and aromatic dishes – relying heavily on flavours from fresh herbs such as mint, basil and dill.

Your itinerary has been carefully crafted to introduce you to a range of local dishes and we hope that you enjoy the culinary adventure ahead. Meals as stated on the above itinerary (excluding drinks) are included in our group tours. When dining in Vietnam, although some restaurants have adopted a western approach to dining, expect some restaurants to follow the traditional communal style of eating. Typically, this will mean each diner has their own small bowl and may serve themselves from a variety of shared dishes. At some local restaurants, appetizers and main courses might be served when they are ready instead of following a particular order.

Determining when it's appropriate to use chopsticks, forks or spoons can be challenging for some travellers, even other Asians, as each country has different customs. In Vietnam, dishes are normally placed in the centre and people serve food for themselves with their own chopsticks and bowl. Usually chopsticks or other utensils are provided to scoop the food into your bowl to prevent your own chopsticks from touching the food that remains on the table. Dining in Vietnam is fairly casual with not too many rules. Leaving food on the plate is not considered rude.

Please refer to your travel guide for more information on Vietnamese cuisine, including information for travellers with restricted diets.

#### **Accommodation**

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and South East Asia. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide.

Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs

Please note double bed requests can be made at time of booking but cannot be guaranteed.

#### Transport

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in South East Asia have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road - not just one or two kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only.

**Seatbelts:** Please note that seatbelts are not compulsory by law in Vietnam, therefore the local people largely choose not to wear them. For this reason, some vehicles may not be fitted with seatbelts or they may be hidden underneath protective seat covers. It is recommended that where seatbelts are available customers must use them and remain seated at all times while the vehicle is moving. If you have any concerns, please notify your National Escort/Local Guides.

**Air:** Internal flights are based on economy class, with reputable airlines. Pre-flight seat allocation is not available on international and internal flight sectors.

# **Development in Vietnam**

Although Vietnam is developing quickly, they still lack the international standards of civil infrastructure and tourist facilities. Concepts of personal responsibility are also different to those in Australia. Consequently, tourist and public facilities may not uphold the same safety standards as in Australia; for example, you may see a hole in the road without a warning sign or safety

barricade. All of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday so we ask that you take extra care, use your common sense, refer to notices and follow advice from you National Escort or Local Guides.

# **Vietnam Public Holidays**

If you are travelling within the below Vietnamese Public Holidays please note that celebrations can last a couple of days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded. Tet Holiday is between 15<sup>th</sup> and the 20<sup>th</sup> February 2018, International Labour Day is on 1<sup>st</sup> May every year, Reunification Day is on 30<sup>th</sup> April every year and National Independence Day is on 2<sup>nd</sup> September every year.

#### **Souvenirs**

We want to be able to give you an opportunity to buy souvenirs so we include some stops at museums or exhibitions which demonstrates a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance

### **Group Size**

Most of our groups consist of 10 travellers or more and will be accompanied by both a National Escort/Local Guides. There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of eight travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with Local Guides only.

# **Tipping Policy**

Local tipping is customary in Asia. However, this can often lead to awkwardness in knowing when it is appropriate to tip and how much, as well as ensuring you have a suitable amount of change available at the time. For your convenience, with years of experiences in providing the best customer service, Wendy Wu Tours operates a kitty system on our Group Tours so your National Escort will look after this aspect of your trip for you. It also ensures that the amounts paid are reasonable for you but still fair for the local people. The amount is stated on each Group Tour page will be advised again on your final documentation. Tipping is paid in US Dollars, MYR or other local currencies as specified. Any additional tipping on any our tours is welcomed at your discretion. Further guidance for tipping contributions will be outlined in your final documentation.

# **Packing List and Climate**

You will find a complete packing list and a helpful climate chart in the 'Suggested Packing List', which will be included in the predeparture information link sent within your deposit documentation. Seasonal weather patterns can be quite unpredictable. Up to the minute information on worldwide weather can be found on www.weather.com

#### Luggage

All travellers are limited to two items of luggage each; a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

# **Exchanging Cash**

It is highly recommended that extra care and attention is paid when exchanging money when travelling outside major cities in Vietnam. US Dollars are easily exchanged throughout Vietnam, however other currencies such as Australian Dollars can

generally be exchanged in hotels and airports provided notes are new and undamaged. US Dollars should be from the new series from the year 2003 onwards. Old series notes can be difficult to exchange, apart from in some national banks in Vietnam, such as Vietcombank. We suggest for your convenience that you ensure your US Dollars are from the new series to avoid any difficulties exchanging money during your trip.

We suggest exchanging your money before travelling to remote areas and smaller towns, as exchange facilities can be limited. Your National Escort will remind you to do this before departure.

# **Personal Expenses & Optional Tours**

You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of AUD\$350 per person, per week should be sufficient; however for those that cannot resist a bargain, consider allocating a higher amount.

Optional tours may be offered in each city you visit during your tour at an additional cost. These are not included in the standard itinerary and will only be available if time permits. Each option will be arranged locally by your National Escort/Local Guide.

#### **Climbing Steps**

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Hindu and Buddhist temples or Pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

# **Cultural Difference**

Vietnam has many religions, cultures and histories. Please be considerate of the local beliefs and customs and dress with consideration.

# **Appropriate Dress**

When visiting temples or mosques, both men and women should dress in conservative, non-revealing clothing. Full-length trousers with a shirt or t-shirt for men; and pants or skirts well below the knee with a top that covers the shoulders and upper arms for women. Women might also consider carrying a 'modesty shawl' in their daypack – this could be a sarong or light scarf – which they can wear over their shoulders and heads to feel more comfortable while sightseeing at mosques.

Religious sites and homes throughout South East Asia – for Hindus, Muslims or Buddhists to name a few – require all visitors to remove their shoes to enter. Even if you then need to walk outdoors, over hot or rough ground, you will not be allowed to wear shoes. You will often find shoe storage rooms near the entrance of a site where it is customary to leave your shoes near the entrance. Occasionally there are 'shoe minders' who will offer to keep your shoes safe for a 'tip' – this is not compulsory so each customer can choose to tip for this service or not. If you do not want to remove your shoes, you will have to remain outside.

We recommend shoes that easily slip on and off, and carry a pair of thick, old socks in your daypack, which you can wear to protect your feet from any rough or hot surfaces. The following itinerary will indicate when you need to consider this.

#### **Vaccinations and Your Health**

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful <a href="https://www.travelvax.com.au">www.travelvax.com.au</a>

# **Before You Leave**

We strongly recommend registering your travel plans with <a href="www.smartraveller.gov.au">www.smartraveller.gov.au</a> as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

# **After Your Booking**

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice with deposit documentation via email. This includes important information and links to access the visa application form and instructions sheet online (if applicable). Your final documentation pack will be sent to you approximately four weeks prior to departure.

**Updated: 9th October 2017**