48 HOURS IN HOI AN

Famous for its relaxed attitude, great street food, ancient old town and its colourful lanterns Hoi An is a must visit city in Vietnam. A historical gem, Hoi An's vibrant colours and rich flavours simmer with the feel of centuries past. Hoi An was an influential port city along the Silk Road, an ancient trade route from east to west. For over 500 years merchants from China, Japan, France and Portugal settled in the prosperous town resulting in a distinctive blend of culture, cuisine, religion and architecture.



Vietnam Airlines

HERE'S HOW TO SPEND THE PERFECT 48 HOURS...

Day Two

MORNING

PIT STOP

AFTERNOON

Hindu influence

AFTER DARK

In the morning visit a local community farming project at Tra Que village,

just outside of Hoi An. Here the community has come together to create

Vietnamese methods going as far as sowing seeds and harvesting crops.

Head back into the city for a delicious lunch of Banh Mi - traditional

Vietnamese sandwiches with chicken, beef or pork with pate, mayo, cucumber spears and pickled vegetables on a fresh bread roll.

Head out to My Son, an Ancient religious centre built by the once thriving

Champa Kingdom. A UNSECO World Heritage listed site set amongst green

valleys and hills, the site comprises of twenty temples and monuments of

Watch the locals dressed in Ao Dai, a traditional garment worn by women,

as they light paper lanterns with small candles and send them floating down

the river. Buy some lanterns and participate yourself. Later enjoy drinks and

live music in one of the many bars in the Old Town or An bang Beach.

a large shared vegetable farm. Learn how to farm using traditional

Day One MORNING

Start with a walking tour of this laid-back UNESCO listed town. See the elaborate Japanese Covered Bridge, Chinese temple, meet a family who have occupied the same house for more than two hundred years. Finish the morning with some shopping at the bustling markets.

PIT STOP

Visit the Reaching Out Arts and Crafts Workshop. Here you can visit the workshop to watch crafts being made and purchase traditional Vietnamese arts and crafts handmade by persons with disabilities.

AFTERNOON

Explore the cobbled streets of Hoi An old town and soak up the history and culture. Over the centuries merchants from China, Japan, France and Portugal settled in the town making it an important port city along the ancient Silk Road. Easily accessible from town take a trip to see Hoi Ans beaches - Cua Dai and An Bang.

AFTER DARK

Love street food? You're in luck! Hoi An is a street food paradise and at night it gets even better. Night markets pop up all over the town, but head back to the Japanese Covered Bridge for unforgettable food.

TOP HOLAN EXPERIENCES



See the Japanese Covered Bridge



Explore the cobbled streets



Send lanterns down the river



Watch craftsmanship at the Reaching Out Arts and Crafts Workshop



FIRST TIMERS GUIDE TO South America

Cut out and keep

WHAT'S INSIDE:

LOST EMPIRES & CIVILISATIONS

Explore ancient Machu Pichu, Peru, home to the Inca's.

THE RAW POWER OF NATURE

See the world's largest and most biodiverse rainforest in the Amazon Jungle, Brazil and enjoy the pace of life along Lake Titicaca, Peru.

THE RHYTHM OF CULTURE

Visit the cultural heartland of Brazil, Rio De Janeiro, and feel the romance and energy of the tango in Buenos Aires, Argentina.

A note from Wendy South America. The very idea of the continent conjures up

Sourn America. The very laea of the continent conjures up images of lost empires, mysterious civilisations and natural Images of lost empires, mysierious civilisations and national landscapes beyond compare. For many years, my returning guests have asked me "Wendy, I love Asia, but I have guesis have usked the menuy, have have average already seen it all with You! Where else can you take me?". So, it has long been a dream of mine to share the richness of this area with my returning guests. I have just returned from seven weeks exploring her wilds, her cities and her cultures, and so I am ner wilds, ner cliles und ner curdes, and so round delighted to share with you, my guide to your first aeligntea to share with you, thy your to your mar time visiting South America. I hope you enjoy it as nime visiting yourn America. I nope you enjoy in much as I have, and that it whets your appetite for the adventures that await you.

Lots of cheers,

Wendy

Machu Picchu, Peru

The South America that you've always dreamed of, and certainly the most famous of all the sites in South America, first timers must visit the famously preserved Incan citadel of Machu Pichu. The city ruins that are steeped in mystery sit 2,430 metres above sea level and are another UNESCO world heritage listed site. It is believed to have been built as grounds for Emperor Pacachuti in 15th century, and guickly abandoned upon the arrival of the Spanish. Machu Pichu's speedy desertion paired with the fact that it was never found by the colonisers have been key to the preservation of its structures and terraces. Locals have always known about Machu Pichu, but it only entered mainstream consciousness thanks to the research of Historian Hiram Bingham. In 1911, Bingham was searching for "lost city of the Incas", when a local farmer alerted him to the site. Comprised of a series of crumbling buildings, and over 3000 steps across five miles, the site remains firmly at the top of travellers Bucket Lists.

SEE IT ON... BEST OF PERU AND COLOMBIA. 20 DAYS FROM \$10,480pp.

My Tip: Ask your guide to uncover the local traditions for you or take part in a festival.

Lake Titicaca, Peru & Bolivia

Machn Picchn

At South America's largest lake, the pace of life slows down. Located at the north of the Altiplano basic, high in the Andes on the border of Peru and Bolivia, a visit to Lake Titicaca is to step back in time to highland cultures, steeped in traditional life. Here, plateau's stretch for miles and crops are still harvested by hand. Located on the shores of Lake Titicaca, it is an easy sail to the acclaimed Moon and Sun islands, where women still wear petticoats and bowler hats. There are also plenty of opportunities to get up close and personal with Alpacas. Limas and Vicunas.

SEE IT ON ... PANORAMIC PERU. 19 DAYS FROM \$9,920pp.

Lake Titicaca

Gazing upon Machu Picchu in Peru and exploring Christ the Redeemer in Rio de Janeiro, Brazil

My Tip:

Get there for sunrise or sunset, and marvel over the stone monuments of the "Sacred City"

Cartagena, Columbia

Resplendent with colour and with cobblestones underfoot, Cartagena sits on the Caribbean coast, an old city dripping with romance of bygone times. Sat within a huge 13kms of colonial city walls, the Old Town is a recognised UNESCO World Heritage site, where balconies are heavy with bright flowers and mazelike alleyways are the perfect place to dawdle. Within the town, a number of colonial churches tower over the lanes, creating shady spots, perfect for resting, and above, the Castillo de San Felipe fortress rises high on the hill of San Lazaro. Set aside any preconceptions you may have about Colombia, Cartagena is the country's most popular destination, with neighbourhoods of Bocagrande and Manga inviting tourists from all over the world to explore her beauty. This is not a place to tick off lists, this is a place to relax and soak up the magic of where South America meets the Caribbean

SEE IT ON... BEST OF PERU AND COLOMBIA, 20 DAYS FROM \$10,480pp.



The heartbeat of South America! The cosmopolitan capital of Tango, Asado (bbg) and Mate tea, Buenos Aires is an extremely diverse and cultural city. Often coined the Paris of South America, Buenos Aires reputation as a romantic and lively city is completely justified. Plaza de Mayo, an elegant nineteenth century central square is at the heart of the city and has witnessed the most significant events in Argentine history. Visitors should explore the antique shops in San Telmo, Buenos Aires' oldest neighbourhood and La Boca where you can walk the celebrated Caminito (little street), admiring the beautifully coloured buildings. Tigre, is perhaps Buenos Aires' best kept secret, a popular weekend destination for locals defined by its position on the banks of the Parana Delta. Marinas, mansions and rowing clubs are commonplace here and there are many water based activities available. Buenos Aires is a long-time favourite of travellers, with a throbbing heartbeat of music, food and wine.

Street Tango

Iguazu Falls, Argentina and Brazil

Powerful and fierce, when first lady of the United States, Eleanor Roosevelt laid eyes on the tumbling waters of Iguazu falls she is reported to have uttered "poor Niagra"! An astute observation as Iguazu falls is truly impressive and visitors are often gobsmacked at the sheer power of the waters here. The scale of the falls is massive, spanning more than 2.7 kilometres and consisting of more than 275 individual waterfalls and cataracts and defining the border between Argentina and Brazil. Travelers to the falls are best to visit both the Argentinian side of the falls and the Brazilian side of the falls with each having its own dramatic views and vistas. A train ride to the most impressive observation point – the Devils Throat is a must do!

SEE IT ON ... ESSENCE OF ARGENTINA AND BRAZIL 14 DAYS FROM \$7,860pp.

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Cartagena, Columbia

Buenos Aires, Argentina

SEE IT ON... ARGENTINA ADVENTURE. 14 DAYS FROM \$9,520pp.



My Tip:

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train to see the Devils Throat.

Rio de Janeiro, Brazil

From one iconic image to the next, Rio de Janeiro is Brazil's most famous city. The energetic and unrivalled seaside city of Rio is home to so many highlights; Sugar Loaf Mountain, Copacabana, Ipanema beach and the noisy and rhythmic Carnaval. At the centre of the city at the top of Tijuca Forest sits the instantly recognisable Christ the Redeemer. Traveling through the forest to the peak on the lively cog train is an enchanting experience. With arms wide open the statue and his visitors share extraordinary views of the city and the surrounding bays and islands. Copacabana and Ipanema are more than beaches, they are some of Rio's liveliest neighbourhoods and strolling along the promenades is an essential Rio experience. Make sure to taste the incredible street foods Rio has to offer but beware Brazilians sure do have a sweet tooth!

SEE IT ON ... RHYTHMS OF BRAZIL. 16 DAYS FROM \$9,840pp.

My Tip:

Grande of the Pehoe River

for an impressive view of

the Torres Del Paine.

Torres del Paine National Park

My Tip: Ride the cable car to the top of Sugar Loaf Mountair of Copacabana beach.

Torres del Paine National Park, Chile

Grand and rugged, the mighty mountainscape of Torres del Paine National Park, is one of the continent's most pristine ecosystems. Wander under snowy mountain peaks, around aquamarine lakes, and even hear landslides tumbling in the distance. The park is most famous for its namesake which translates to 'The Blue Towers', enormous jagged granite towers that you cannot miss. Between the icebergs, grasslands and lakes Torres del Paine is a visual feast for the eyes and a buffet of sensory experiences.

SEE IT ON ... CHILE: TOP TO TOE. 15 DAYS FROM \$9,180pp.

Perito Merino Glacier, Patagonia

Ancient and silent, the Perito Merino Glacier lies quietly yet spectacularly in Los Glaciares National Park, in Argentina Patagonia. A colossal remnant of the Ice Age, thirty kilometres long, five kilometres wide and sixty metres high, the glacier is viewable from a platform that allows visitors to get up close and personal, even watch giant icebergs calve off. From the Brazo Rico side of the lake you can even be lucky enough to witness one of the massive ruptures that sees an outpouring of water into the body of the lake.

SEE IT ON ... ARGENTINA ADVENTURE. 14 DAYS FROM \$9,520pp.

The Amazon, Brazil

Perito Merino Glacier

My Tip:

You may not have though

about visiting glaciers, but

can assure you, they are

nmissable

The Amazon Rainforest is the world's largest tropical rainforest, while the Amazon River is the world's longest river, passing through seven countries. Manaus, the capitol of Amazonas in the North of Brazil is the gateway to the Amazon. The largest city in the heart of the world's biggest jungle, Manaus is host to some amazing and exclusive experiences. Animals and humans interact in unimaginable ways, sloths are common throughout the city getting into all sorts of mischief, and pink bottle nose dolphins work with local fisherman for a share of the catch. From Manaus travellers can access the world's most life-giving river. Giver of life to the flora and fauna on her banks, the powerful Amazon river also supports life across the planet, generating twenty percent of the world's oxygen and housing half of the worlds estimated 10,000 species. Wander through her dense jungle, or sail down one of her tributaries, her waters are filled with exotic animals like the mythical pink dolphin and the hungry piranha.

SEE IT ON ... RHYTHMS OF BRAZIL. 16 DAYS FROM \$9,840pp.

DID YOU KNOW?

7 FASCINATING FACTS ABOUT ZHANGJIAJIE, CHINA

THE NATIONAL PARK HAS OVER

ENORMOUS STONE PILLARS THAT RISE FROM THE MISTY SUBTROPICAL FOREST TO PIERCE THE CLOUDS





ZHANGJIAJIE WAS THE INSPIRATION FOR THE FICTIONAL WORLD OF PANDORA IN JAMES CAMERON'S **2009 BLOCKBUSTER** AVATAR

IS CHINA'S **FIRST NATIONAL** PARK, DECLARED



My Tip:

See the famous meeting

of waters. Two rivers meet

but don't mix so dark water

lows beside light water

for 6km



ZHANGJIAJIE AS FAR BACK AS

ZHANGJIAJIE NATIONAL PARK HOSTS A WEALTH **OF OUTDOOR** ACTIVITIES; LUSH WATERFALLS, NATURAL POOLS AND **DEEP CAVES**





THE HUNDRED DRAGONS ELEVATOR IS THE WORLD'S TALLEST **OUTDOOR LIFT**

HUNDREDS OF WILD MACAQUE MONKEYS ROAM FREELY **AROUND THE PARK**

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