



# Off-Beat Japan

Go Beyond Tour | 14 Days | Physical Level 3

TOKYO – FUJI FIVE LAKES – YUDANAKA –  
NAGANO – TAKAYAMA – KYOTO – KOYASAN – HIMEJI – OSAKA

On this exhilarating tour, delve deeper into Japan's rich and fascinating past, present and future. Trek at the foot of Mount Fuji and stay at a traditional Buddhist lodge. You will also see the classic highlights of Japan

- Learn the art of Taiko drumming
- Hike around the base of Mt Fuji
- Search for Snow Monkeys in the Japanese Alps
- Relax in a traditional Onsen
- Experience the speedy bullet train
- Chant with Buddhist Monks in Koyasan

## TOUR MAP

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### OFF-BEAT JAPAN TOUR INCLUSIONS:

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- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- Meals as listed in the itinerary
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escorts (if your group is 10 or more passengers) or Local Guides
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

### GO BEYOND TOURS:

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Venture off the beaten track to explore fascinating destinations away from the tourist trail. You will discover the local culture in depth and see sights rarely witnessed by other travellers. These tours take you away from the comforts of home but will reward you with the experiences of a lifetime. These tours include:

- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

### PHYSICAL LEVEL 3:

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Our tours come with a physical rating to guide you in selecting a holiday that suits your comfort level. Joining any of our tours involves independent mobility and the ability to stay active throughout the day, which is essential for fully enjoying the unique charm of each destination.

‘Off-Beat Japan’ is rated as a physical **level 3** tour. A good level of fitness is required as you need to be comfortable walking for 2-3 hours and covering longer distances. Walking or other activities will be at a gentle pace and will involve straightforward terrain.

- Sightseeing will often be for extended periods of time on foot and occasionally at an incline
- Trekking around the base of Mt Fuji will be for approximately 3 hours

Our National Escort is dedicated to providing a high level of service and support throughout your journey. However, their primary role is to manage the daily aspects of the tour. They are unable to offer extensive personal physical assistance. We kindly ask our travelers to be prepared for the physical aspects of the tour to ensure a comfortable and enjoyable experience for everyone. If you require any more information about the pace of the tour, please contact our reservations team who will be happy to answer your questions.

### JOINING YOUR TOUR:

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The tour is 14 days in duration including overnight international flights in both directions as this is the most likely flight option from Australia. Please note, some flights may not depart Australia until Day 2, arriving the same day.

For travellers booked on ‘Land Only’, the price includes your arrival and departure airport transfers if arriving or departing on the start and conclusion date of your tour. If booking pre and post night accommodation with Wendy Wu Tours your arrival and departure transfers will be amended accordingly to match this accommodation. Please email your international flight times to [info@wendywutours.com.au](mailto:info@wendywutours.com.au) so we can arrange your transfers accordingly.

Join the tour on Day 2 in Tokyo (arrive into either Tokyo Narita or Tokyo Haneda airport) and end the tour on Day 13 in Osaka (departures from either Osaka Kansai or Osaka Itami airport). Please refer to your final itinerary for more specific meeting instructions pertaining to your departure. An informal Welcome Dinner will be held on Day 2 of the itinerary. If you miss this due to your arrival time, all information will be provided to you at breakfast the following morning.

### ITINERARY CHANGES:

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It’s our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we’ll make the best possible arrangements maintaining the integrity of your trip.

- Please note Edo Tokyo Museum is undergoing a 2 year renovation. The visit will be replaced by a visit to Tokyo National Museum.

## DETAILED ITINERARY

### Day 1-2: Fly to Tokyo

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Fly overnight to Tokyo, the capital of Japan and transfer approximately 1 and a half hours to your hotel. The remainder of your day is at leisure.

*Please note: Early check in is not included. If your flight arrives in the morning and you wish to arrange this, please speak to your reservations consultant. You will be transferred by shared coach with other passengers who are not part of a Wendy Wu Tour. If you are on a shared bus transfer, you may have to walk for a few minutes to get to your hotel. Transfers will differ depending on group size.*



### Destination Information

**Tokyo** – One of the world's most cutting-edge capital cities, Tokyo is a city of contrasts, famous for its neon-lit landscape, towering skyscrapers, peaceful shrines and lovingly tended gardens. Although long the political and cultural centre of Japan, Tokyo became the official capital when the Meiji Emperor moved it to Tokyo in 1867.

### Day 3: Japanese Drumming

Meals: B

Begin your tour of Tokyo immersing yourself in the local culture by taking part in a traditional Japanese drumming (Taiko) class, where you will learn how to beat the 'wadaiko' with 'baichi'. Next, visit the Meiji Shrine and continue to the vibrant district of Harajuku before stopping by the famous Shibuya Crossing. Enjoy the rest of the day at leisure to further explore the city on your own.



### Destination Information

**Taiko** – Using large drums, Taiko is an ancient Japanese form of percussion which has become a popular musical art form involving tightly choreographed movements.

**Meiji Shrine** – Meiji Shrine is a Shinto shrine dedicated to the Emperor Meiji and his wife Empress Shoken. The shrine is located in an evergreen forest within in the busy city and consists of 120,000 trees which were donated by people from all over Japan when the shrine was established.

**Harajuku** – A district in Shibuya, buzzing Harajuku is the centre of teenage fashion and cosplay culture.

**Day 4: Discover Tokyo**

Meals: B

Tokyo is the ultimate 24-hour city, but look behind its high-tech frontage and you'll find plenty of tranquil backstreets and old temples to explore. Embark on a Tokyo city tour, starting with a stroll through the Imperial Palace East Garden and a visit to the 2nd observatory of the Tokyo Skytree for panoramic views over the city. Continue to the district of Asakusa, stopping at Sensoji Temple and strolling along Nakamise shopping street. In the afternoon, explore the Tokyo National Museum and enjoy the rest of the day at leisure. You will spend 3-4 hours on foot today.



*Sumo: Tickets to a Sumo tournament are included in the afternoon to some of our departures travelling in May and September. The ritual involved in the performance is just as fascinating to watch as the sport itself. Please note that the tickets are subject to availability.*

**Destination Information**

**Imperial Palace East Garden** – The Imperial Palace East Gardens are part of the inner palace area. They are the former site of Edo Castle's innermost circles of defense.

**Tokyo Skytree** – The tallest structure in Japan and the tallest tower in the world; Tokyo Skytree is predominantly a television and radio broadcast tower and is earthquake resistant.

**Sensoji Temple** – An ancient Buddhist Temple and the oldest in Tokyo, the Sensoji temple was originally founded in the 7th century. The temple adorns an image of the Buddhist Goddess Kannon, who was said to have been rescued by two fishermen from the Sumida River in Tokyo.

**Tokyo National Museum** - Located in Ueno Park, the Tokyo National Museum is Japan's oldest museum. Here you'll find the world's largest collection of Japanese art, including ancient pottery, Buddhist sculptures, samurai swords, colourful woodblock prints, eloquent kimonos and much, much more.

**Day 5: Mount Fuji**

Meals: B,D

This morning, transfer 2 and a half hours to Mt Fuji and the Fuji Five Lakes area. The region is spectacular with the calm waters of the five lakes, formed by past volcanic eruptions, reflecting Fuji's picture-perfect cone. Take a 3-hour easy walk around the base of this iconic mountain, through alpine forest. Take a short transfer to your hotel and check in for your overnight stay.



*For May departures only: A visit to the Fuji Shibazakura Festival has been included. This is the best time of the year and one of the most scenic places in Japan to see the pink moss phlox in full bloom. Please note, the flowers' bloom is weather dependant. In the Fuji Five Lakes area we use a selection of hotels, some of which are more traditional in style. The rooms in these hotels typically feature Japanese elements. You may sleep on a futon with the mattress lying directly on a tatami mat floor and experience the Japanese culture.*

*Overnight accommodation: stay overnight in a ryoken with onsen facilities. Here you will find a futon placed on top of a tatami mat.*

### Destination Information

**Mount Fuji** – At 3,776m, Mount Fuji is the highest of Japan's mountains and an iconic symbol of the country. Mount Fuji is notoriously shy and is often enveloped by clouds.

**Fuji Five Lakes** – Formed by previous Mount Fuji eruptions, the Fuji Five Lakes is a region at the base of Mount Fuji made up of five beautiful lakes.

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### Day 6: Snow Monkeys

Meals: B

Travel to Matsumoto, a journey of 3 hours 30 minutes and explore the magnificent 16th-century Matsumoto Castle, also known as 'Crow Castle', due to its intense black exterior. You will have to remove your shoes before walking along some of the wooden floors and there are some steep wooden steps to reach certain areas. From the coach parking to castle, it is around 15 minutes walk on flat road. Next, stop in Yudanaka in search for the snow monkeys (Japanese Macques) at Jigokudani Yaen-Koen Monkey Park. There is around a 30-minute walk through the forested valley along paths, occasionally on an incline, from the bus park to the main pool where the monkeys bathe. Accustomed to humans, the monkeys can be observed upclose, and they almost completely ignore their human guests. Please keep in mind that the snow monkeys are wild, not domestic animals and sighting them is never guaranteed, particularly during the breeding season which runs from late September through to November.



### Destination Information

**Matsumoto Castle** – Known as the 'Crow Castle' due to its dark black exterior, the Matsumoto Castle dates back to the 16th century and is the oldest wooden castle in Japan.

**Nagano** – The host city of the 1998 Winter Olympics, Nagano is the main access point for the Japanese Alps.

**Jigokudani Yaen-Koen** – Home to Japanese Macaques, also known as Snow Monkeys, Jigokudani literally means ‘hell’s valley’. It is named this because of the steam and boiling water that bubbles out of small crevices in the ground. It is in the baths of this hot water that the resident Japanese Macaques like to soak. The monkeys live in large social groups, and it can be quite entertaining to watch their interactions.

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**Day 7: Japanese Alps**

Meals: B, D

This morning, travel 2 hours to Hotaka to ride the Shin-Hotaka Ropeway into the Japanese Alps. You will reach the observation platform at 2,156 metres high to get stunning views of the surrounding mountains. Drive 1 and a half hours to Takayama, where you will have some free time to explore Kamisannomachi Street and sample the street food on offer (at your own expense). This evening, enjoy dinner in your ryokan.



*Please note the ropeway may be closed due to strong winds, if this is the case, you will continue directly to Takayama where alternative sightseeing will be arranged.*

*Overnight accommodation: stay overnight in a ryokan with onsen facilities. Here you will find a futon placed on top of a tatami mat.*

**Destination Information**

**Takayama** – Boasting one of Japan’s most atmospheric townscapes, the layout of Takayama dates back to the 17th century and is home to much Meiji architecture.

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**Day 8: Bullet train to Kyoto**

Meals: B

Today, take the bullet train to Kyoto. The journey consists of two trains, first the Limited express, which takes around 2 hours and 20 minutes to Nagoya, before changing to the Shinkansen bullet train for a 40-minute journey to Kyoto. On arrival this afternoon, visit the Fushimi Inari Shrine. You will walk up part of the mountain and the incline allows a steady-paced walk around 15 minutes with flat road and steps to reach torii gates. Due to the limited space of Fushimi Inari Shrine coach parking, you may need to walk from coach parking for 15 minutes. Also visit Kiyomizu Temple. Next, take a stroll around the old neighbourhoods of Higashiyama and Gion, the geisha district with a stop at Gion Corner



*Please note: Your luggage will be transferred separately and will not arrive until the following day, so you will need to pack a separate overnight bag for your first night in Kyoto.*

### Destination Information

**Kyoto** – Kyoto was the ancient capital of Japan for approximately 1,000 years until 1867 when it was moved to Tokyo. Many national treasures can be found in Kyoto and in nearby Nara, including old shrines and temples, screen paintings, beautiful gardens, and statues of Buddha.

**Fushimi Inari Taisha** – Famous for its brilliant red traditional torii gates, Fushimi Inari shrine sits at the base of the mountain also called Inari and is the head shrine for 40,000 Inari shrines throughout the country.

**Kiyomizu Temple** – Meaning ‘Pure Water Temple’, Kiyomizu is one of the most celebrated temples of Japan and houses the Jishu Shrine dedicated to the deity of love. A highlight is the Hondo’s veranda which is perched over the hillside, offering spectacular woodland vistas.

**Day 9: Japanese Tea Ceremony**

Meals: B

Start the day with a visit to Ryoanji, the ‘temple of the peaceful dragon’ and the famous Kinkakuji, also known as the ‘Golden Pavilion’ due to its gold-like exterior. You will need to remove your shoes at both temples. Continue to the Arashiyama district where you will have some free time to explore the Bamboo forest as well as enjoying a rickshaw ride. Later, witness the rituals involved in the preparation and pouring of matcha tea in a traditional tea ceremony. Due to the nature of the cultural experience, you will be required to remove your shoes before entering the venue. Sightseeing on foot will be approximately 3-4 hours on foot today.



### Destination Information

**Kinkakuji Temple** – Kinkakuji Temple is a Buddhist temple and is an excellent example of Japanese garden design. The structure is a brilliant golden hue colour and is very minimalistic.

**Ryoanji Temple** – Ryoanji Temple is a Zen temple renowned for its garden, which features a dry, sand landscape with large rocks and smooth pebbles.

**Arashiyama** – Famed for its Bamboo grove, Arashiyama is a district of Kyoto filled with temples and shrines.

**Day 10: Kyoto Culture & Koyasan**

Meals: B, D

This morning, explore the craft of Kimono creation at Nishijin Textile Centre, then continue your tour learning the art of Origami. This afternoon, travel by road to Koyasan for your overnight stay in a 13th century temple in a traditional tatami room. The journey is approximately 3 hours.





*The temple where you will lodge tonight is staffed by monks who generally do not speak English. Accommodation is traditional and basic; single mattresses known as futons will be laid on traditional tatami mats, tatami mat floors are not hard and, mattresses are designed for comfortable sleep. The doors to rooms are made from rice paper so noise will travel, and they cannot be locked. Rooms are individually heated but hallways are not. There will be shared bathrooms with shower and toilet facilities. Please note that the showers are open-plan with no screens. In the morning there is no hot water for showering or use of the public bath. The evening meal is a Buddhist vegetarian dinner, known as Shojin Ryori and is served promptly at 18:00. The evening is free for quiet reflection in your room, please note there are no TVs on the premises.*

### Destination Information

**Koyasan** – Known primarily as the centre of the Shingon sub-section of Buddhism, Koya-san sits in the mountains and is the ideal spot to get a glimpse of Japan's traditional religious life.

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### Day 11: Morning Prayers

Meals: B

Rise early this morning to join the monks in their daily morning prayers before a traditional breakfast. Take an hour walking tour of Koya-San before visiting Kongobuji Temple. Afterwards, travel by chartered coach to visit Okunoin. Here, sightseeing will be approximately 4 hours on flat but rough terrain. This afternoon, continue your journey 2 and a half hours to Osaka this afternoon and check in to your hotel for the next 2 nights.



### Destination Information

**Kongobuji Temple** – Dating back to 16th century, the Kongobuji Temple is the head temple of the Shingon Buddhist sect. The interior of the building is adorned with paintings of cranes and there are sliding doors throughout.

**Okunoin Cemetery** – Home to Kobo Daishi's mausoleum (founder of Shingon Buddhism), Okunoin Cemetery is the largest cemetery in Japan, with over 200,000 tombstones, as many wished to be buried near Kobo Daishi.

**Osaka** – Osaka is Japan's third largest city. What Osaka lacks in sightseeing locations, it makes up for with its flamboyance, fun loving people and amazing food.

**Day 12: Himeji Castle & Sake Brewery**

Meals: B, D

Today, drive 2 hours to Himeji to visit the 17th century Himeji Castle. The castle is largely in its original condition, so please use common sense and be mindful of your step when strolling around the castle. You will have to remove your shoes before walking along some of the wooden floors and there are some steep wooden steps to reach certain areas. After the reopening in March 2015, Himeji Castle has welcomed a large number of visitors. As such, they now issue numbered tickets to visitors in order to limit the number of people who can enter the Main Keep, reducing congestion, waiting time, and to protect the cultural properties. Please note that this means that there may be cases where some visitors are not allowed to enter the Main Keep. Continue on to a sake brewery to learn about the brewing process and enjoy some tasters. Travel back to Osaka, stopping at the bright lights of the Dotonbori district, where you will enjoy some free time before taking the coach back to the hotel. In the evening, enjoy a farewell dinner.

**Destination Information**

**Himeji** – Himeji is the second largest city of Hyogo Prefecture after Kobe, with approximately half a million inhabitants. It is most famous for its magnificent castle.

**Himeji Castle** – Widely considered Japan's most magnificent castle for its imposing size and beauty, the well-preserved Himeji castle is both a national and world heritage listed treasure. Himeji Castle has never been destroyed by war, earthquake or fire and survives to this day as one of the country's twelve original castles.

**Sake Brewery** – Sake is the national alcohol of Japan; a tour of the brewery offers the chance to learn about the manufacturing processes from the 1950's to the present day. Dotonbori district – Historically a theatre district and still a popular entertainment area today the Dotonbori district offer an eccentric and electric atmosphere.

**Day 13-14: Depart Osaka**

Meals: B

Transfer around 1 hour to the airport, per your international flight departure. Any time before your flight is at leisure.

*Please note: Only breakfast is included today. Late check-out is not included in our Off-Beat Japan tour. If you wish to book a late check-out for your final day in Osaka, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.*

*Transfers: In the event that your flight departs outside of the majority group departure time, you will be transferred to the airport by a shared coach (not with other Wendy Wu Tours passengers). If you are on a shared coach transfer, you may have to walk for a few minutes to get to the coach.*

**PLEASE INFORM OUR RESERVATIONS TEAM OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS AT TIME OF BOOKING.**

## OFF- BEAT JAPAN TRAVEL INFORMATION

### VISAS:

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Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia. Visas are not required for Australian passport holders for entry into Japan for stays of up to 90 days.

### INSURANCE:

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We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

### EATING IN JAPAN:

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For Go Beyond tours most meals are included (excluding drinks), please see your day-to-day itinerary for details on which meals are included. On all Group tours, Extensions and Pre & Post Stays, no refund will be given for any meals missed due to your flight timings, or personal choice.

Japanese cuisine is delicious, colourful and healthy. It is based on combining staple foods, typically rice or noodles, with a soup and okazu — dishes made from fish, meat, or vegetables to add flavor to the staple food. These are typically flavored with dashi, miso, and soy sauce. Breakfast will mostly be buffet style but maybe a set menu. Your meal at lunch and dinner will likely be a pre-set option or bento box style including a combination of the following: rice and miso soup, noodles or fish and vegetables. It is also important to note that in local Japanese restaurants, it is customary for most meals to be served at room temperature and that it is sometimes customary to remove your shoes prior to entering a restaurant.

The schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout Japan. Food is an important element of Japanese culture. It is a time for families and friends to come together and much of family life revolves around the dinner table. Most food is eaten with chopsticks so best get practicing as cutlery is not always available at restaurants.

It is imperative that you clearly communicate any and all dietary needs when booking, and don't forget to reaffirm them during your welcome briefing with your tour guide. However, it is crucial to understand that local restaurants might face limitations in accommodating specific dietary requests, particularly in the cases of gluten-free, celiac, or vegan requirements. Please bear in mind that finding gluten-free options may not be as effortless as it is in Australia. Regrettably, we cannot assure that the food served will be entirely free from allergens.

For your convenience, generally, at the end of a long travelling day your meal will be at the hotel restaurant or nearby local restaurant.

Tea and coffee facilities are not always available in all hotels so consider bringing your own supply of coffee and tea bags. Water is included with meals, but other drinks are at personal expense.

Please read your travel guide, which you will receive with your final documents for more information about eating in Japan. We recommend that when it comes to Japanese food, you stay open minded and try to be adventurous!

### **ACCOMMODATION:**

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Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. In the Fuji area, hotels tend to be more traditional in style and culture. In this area, you may be asked to take your shoes off at the door and store them in a secure locker – this is very traditional Japanese culture. Please note, double bed requests can be made at time of booking but cannot be guaranteed.

Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and Japan.

Please note that in Japan, hotel rooms and bathrooms are renowned for being small. Standard single rooms are usually smaller than a standard double or twin room, contain one small double bed (or one single bed), and are designed for one person to use. All group tour hotels have private western bathroom facilities, air conditioning, TV and a telephone. Hotels in Japan often do not have porters and you will be required to carry your own luggage. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

### **PORTERAGE:**

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Please be aware that portage is not included on our tours in Japan. You will therefore need to be able to handle your own luggage within the hotel and when using transportation like trains and coaches.

## TRANSFERS:

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As we offer our customers a variety of airlines to suit your needs, passengers will arrive/depart in Japan at various times during the day.

You will be met on arrival at the airport by an English-speaking assistant who will provide instructions for you to make your own way to your hotel using the direct airport bus. Please note the bus will be shared with other passengers and is not just for Wendy Wu Tours clients.

If your hotel is more than a 5-minute walk from the drop-off bus stop, a taxi will be arranged for you prior to leaving the airport to meet you at the drop-off bus stop.

When you check-in to your hotel, a welcome letter will be provided with details of the group's welcome dinner or first meeting point. You will meet your national escort at dinner or, if arriving late, the following morning after breakfast at the welcome meeting.

On your departure day, you will be provided with tickets for your return airport bus, to make your own way to the airport.

## TRANSPORT:

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**Coaches:** Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in Japan are extremely well maintained and are comparatively smooth compared with the rest of Asia. Coaches and mini buses do not have onboard toilet facilities, however frequent bathroom stops are made for passengers comfort.

**Bullet trains:** Second class reserved seats are booked for our groups on bullet trains; there will be toilet facilities on board. Due to the limited space on bullet trains, a separate luggage transfer service will be arranged for all suitcases (1 case per person). You will need to pack a separate overnight bag to carry on the train as your suitcase will not arrive until the following day after a bullet train journey. Your guide will indicate when you will need to prepare for this throughout your tour.

## DEVELOPMENT IN JAPAN:

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Japan is a developed country and as such matches the West in modernity and technological advances. Japan is an extremely safe country and takes great responsibility in maintaining high safety standards.

### **GROUP SIZE:**

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Most of our groups consist of 10 travellers or more and will be accompanied by a national escort. There will usually be no more than 18 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). A national escort will accompany each group of 10 or more. However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.

### **TIPPING POLICY:**

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Although tipping in Japan is not customary, if you feel you have received an excellent service, please feel free to tip your guide at your discretion.

### **CULTURAL DIFFERENCE:**

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Japanese society and culture are built on intricate social etiquette and customs. As foreigners, we are not expected to be knowledgeable about all etiquette, but it will make your time in Japan more enjoyable if you are respectful of local customs. Some examples of scenarios you may encounter include removing your shoes and hats when entering a temple or house (some restaurants as well). You may be supplied with slippers at some places, but please come prepared with plenty of spare socks, and shoes that are easy to take off for the fairly regular occasions when they must be removed. Your National Escort will advise you of some of these other customs at the beginning of your tour.

### **PUBLIC HOLIDAYS:**

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If you are travelling within the below Japan public holidays, please note that celebrations can last a couple of days and during these times some businesses will be closed. Coach, air and train travel may also be affected. Tourist attractions will be open; but may be crowded. Showa Day is on 29th April every year, which will start Golden Week which then runs from 29th April – 5th May 2024, Constitution Memorial Day is on 3rd May, and Emperor's Birthday is on 23rd February every year.

### **SOUVENIRS:**

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We want to be able to give you an opportunity to buy souvenirs, so we include some stops at museums or exhibitions which demonstrate a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

### LUGGAGE:

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All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

### PERSONAL EXPENSES AND OPTIONAL TOURINGS:

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Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of AU\$250 per person, per week should be sufficient; however, for those that cannot resist a bargain, consider allocating a higher amount.

It is highly recommended that extra care and attention is paid when exchanging money when travelling to cities outside of Tokyo. US Dollars and Australian Dollars can be exchanged at Narita Airport and in some hotels, provided the Australian currency is new and undamaged. We suggest exchanging your money before travelling to smaller towns, as exchange facilities can be very limited. Your National Escort will remind you to do this before departure.

### CLIMBING STEPS:

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Sightseeing at nearly all the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

### VACCINATIONS AND YOUR HEALTH:

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We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful [www.travelvax.com.au](http://www.travelvax.com.au)

### BEFORE YOU LEAVE:

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We strongly recommend registering your travel plans with [www.smartraveller.gov.au](http://www.smartraveller.gov.au) as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.



### AFTER YOUR BOOKING:

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Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice including a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.