



TAIWAN BY RAIL

Private Tour | 8 Days | Physical Level 1
Taipei – Hualien – Sun Moon Lake – Alishan – Taipei

This Taiwanese odyssey offers the perfect way to explore the captivating combination of old and new, natural beauty and high-tech modernity of this little explored nation. Incorporating two enchanting historic railways, alongside a taster of local life aboard a modern commuter and high-speed train, this private tour is the perfect introduction to Taiwan's most iconic rail journey's and must-visit sights.

- Ride along the historical single-track Pingxi Line, once used to transport coal to remote villages
- Travel by train down the stunning east coast from Taipei to Hualien to explore the only marble gorge in the world at Taroko National Park
- Explore the highest narrow-gauge mountain railway in Asia on the Alishan Forest Train and get a taste for the locally grown tea
- Unwind at beautiful Sun Moon Lake, a national scenic areas

To book call **1300 727 998** or visit your local travel agent

Visit wendywutours.com.au

TOUR MAP



TAIWAN BY RAIL TOUR INCLUSIONS:

- 7 breakfasts, 3 lunches & 1 dinner
- All accommodation in 3-4 star standard
- All domestic transportation trains in standard seats, transfers and sightseeing by private air-conditioned vehicles or taxi's with assistant where stated
- English speaking Local Guide/driver including entrance fees for sightseeing listed
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only things you have to pay for are international flights, meals at leisure, personal expenditure e.g. drinks, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

PRIVATE TOURS:

These tours are designed for those who want some independence and flexibility. They offer the choice to explore local cuisine, leisure time for optional activities or excursions, and travel when it suits you. Our Private Tours offer excellent value holidays alongside the assurance that most of your arrangements are taken care of. You will also be accompanied by a dedicated and professional guide for sightseeing whose knowledge will turn your holiday into an unforgettable experience.

PHYSICAL LEVEL 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Taiwan by Rail' is rated as a physical level 1 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting in and out of cars and trains, walking around the sights and climbing some steps. There will be sightseeing on foot for both short and extended periods of time

You will be reaching an altitude of 3,275 metres during the 5-hour drive over the Central Cross-Island Highway, the highest point in Taiwan. Please be prepared for symptoms of Altitude Mountain Sickness (AMS) which include dizziness, fatigue, nausea, loss of appetite, breathlessness, headache and disturbed sleep.

The following precautions may help to prevent or lessen the effects of AMS:

- Since fluid loss usually accompanies the acclimatisation process, drink plenty of fluids to keep properly hydrated (minimum of 3 - 4 litres daily) and eat carbohydrate food to keep the body properly energised and hydrated
- Do not overexert and only partake in light activity
- Don't smoke, drink alcohol or take other depressants such as tranquilisers and sleeping pills, as these depress the respiratory drive and reduce oxygen intake
- Assume any sickness at high altitude is AMS until proven otherwise
- Never ascend to higher altitudes while showing symptoms of AMS
- You must report any symptoms of AMS immediately to your guide
- Speak to your doctor prior to departure to discuss medication

Of course, our Local Guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

JOINING YOUR TOUR:

The tour is 8 days in duration. Join the tour on Day 1 in Taipei and end the tour on Day 8 in Taipei.

The price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour, or when booking pre and post night accommodation with Wendy Wu Tours.

ITINERARY CHANGES:

It's our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we'll make the best possible arrangements maintaining the integrity of your trip.

DETAILED ITINERARY

Day 1: Arrive Taipei

Meals: none

Arrive in Taiwan's capital, Taipei, where you will be met by a driver in the arrival hall and transferred by private vehicle to your hotel to check in. Depending on your time of arrival, the remainder of the day is at leisure to start soaking up the local culture.



Early check-in is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.

Accommodation: The Riviera Hotel, Taipei (or similar)

Destination Information

Taipei – Taipei has an interesting blend of Chinese culture with a fusion of Japanese, Southeast Asian and American influences. The city is a modern metropolis and is known for its lively street-food scene and many night markets.

Day 2: Pingxi Line Tour

Meals: B, L

After breakfast, meet your guide at the hotel lobby and head to Taipei railway station by public transportation. Board the train to Ruifang, where you start your guided tour along the scenic 8-mile Pingxi Line. There are 12 stations on Pingxi Line and your guide will recommend the best places to hop on and off to explore the local country villages and waterfalls. A stop at Shifen Old Street is a must for all travellers, where you can purchase a sky lantern to carry wishes and hopes for the coming year.



After touring, take train back to Taipei and return to your hotel for an evening at leisure.

Destination Information

Pingxi Line – An 8-mile long, single-track branch line originally built to transport coal. Travellers on this line can savour the beauty of mountain cliffs, streams, and waterfalls along the way and view the rustic lifestyle of country villages and small mining towns.

Day 3: Taipei City Tour

Meals: B, L

Today you will explore Taipei by public transport with your local guide, starting with visit to the National Palace Museum. Start with a visit to the Chiang Kai-Shek (CKS) Memorial Hall, a monument dedicated to the former leader. Inside are various artifacts including two of his Cadillacs, documents and items from his daily life. Take the high-speed elevator to the observation deck on the 89th floor of Taipei 101 for a birds-eye view of Taipei. Later, explore Longshan Temple, and in the evening visit one of Taipei's night market, famous for a snack-focused street food. Return to your hotel for an evening at leisure.



Please note - The National Palace Museum is closed on Mondays. Your sightseeing in Taipei will be swapped if it fall on a Monday.

Destination Information

CKS Memorial Hall – The CKS Memorial Hall is a national monument erected in memory of the authoritarian leader Chiang Kai-shek, former President of the Republic of China.

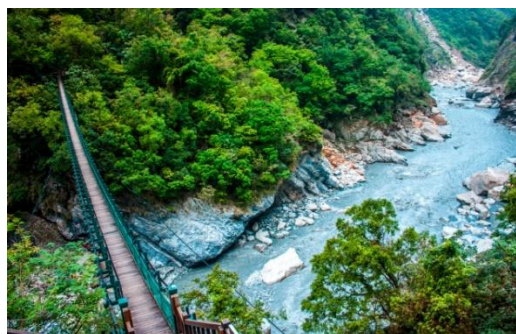
Longshan Temple – Longshan was built by Han immigrants from Fujian as a gathering place for Chinese settlers. Today it is one of the city's top religious sites, and it is a wonderful mix of the Taoist, Buddhist and Confucian faiths.

Taipei 101 – Taipei's skyline is crowned by the iconic 509m-tall, Taipei 101 skyscraper. From its opening in 2004 until 2010 it was classified as the world's tallest building.

Day 4: Train to Hualien & Explore Taroko Gorge

Meals: B, L, D

After breakfast, an English speaking assistant will accompany you by taxi to the train station for your 2-hour scenic East train to Hualien, with the coastline on the left and mountains on the right. On arrival meet your English-speaking guide/driver for your tour of Taroko Gorge, the only marble gorge in the world. Enjoy some light hiking in the national park for about 30 minutes - 1 hour, depending on your energy and interest. Explore the stunning Taroko Gorge Gateway, Tunnel of Nine Turns, Eternal Spring Shrine, Swallow Grotto and Buluowan suspension bridge. This evening, enjoy dinner at your hotel followed by an aboriginal singing and dance performance.



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Please note: you will need to carry your own luggage on and off the train. Whilst onboard, you will be unescorted by a guide.

Accommodation: Lakeshore Hotel Taroko (or similar)

Destination Information

Taroko National Park – Taroko National Park features high mountains, many of its peaks towering above 3,000m, sheer gorges, waterfalls and lush vegetation. The park was named after the Taroko Gorge, the landmark gorge of the park carved by the Liwu River. Almost all the bio-geographical zones in Taiwan are represented here, providing a sanctuary for half of the island's plant and animal species.

Eternal Spring Shrine – The Eternal Spring Shrine stands majestically on the cliffside, overlooking the Liwu River, about 300m away from the main road. It is dedicated to the workers who lost their lives building the highway. A constant flow of the natural spring water pours out onto the rocks and river below.

Swallow Grotto – The formation of Swallow Grotto was created by the erosion of Liwu River and the constant tectonic collision. Holes on the surface, formed by the swirl of the river during the erosion process, now serve as natural shelters for swallow nests.

Day 5: Hualien to Sun Moon Lake

Meals: B

This morning travel approximately 5 hours by road to Sun Moon Lake travelling along the picturesque Central Cross-Island Highway, said to be the most picturesque route in Taiwan. Stop at Wuling on Mt. Hehuan, the highest point of the highway at 3,275 metres, for a panoramic view over the Central Mountain Ranges. Continue to Sun Moon Lake, a designated National Scenic Area, and drive along the lake to indulge yourself in the natural beauty all around, visiting Wen-wu Temple with a beautiful lake view. Stay overnight at Sun Moon Lake.



Accommodation: Lealea Garden Hotel The Moon (or similar)

Max daytime altitude: 3,275 metres

Destination Information

Sun Moon Lake – Taiwan's largest lake's name is inspired by the beauty of the area.

Wen Wu Temple – Before the construction of a dam in 1919 there were two temples on the shore of Sun Moon Lake, the water level rise led to these temples being consolidated at the temple's present location and rebuilt in the Chinese palace style in 1969.

Day 6: Sun Moon Lake to Alishan

Meals: B

Depart your hotel after breakfast, travelling approximately 2-hours by road to the charming and historic Jiji Old Town. After exploring the towns sights with your guide, continue 1.5-hours to Yuyupas, an indigenous cultural park dedicated to the education of the Tsou Tribe and a part of an Alishan tea garden. Enjoy a tea-tasting experience before transferring to your Alishan accommodation for an overnight stay.



Accommodation: Longyun Leisure Farm (or similar)

Please note the accommodation in Alishan is limited to basic, 3-star hotels.

Overnight altitude: approx. 1,500 metres

Destination Information

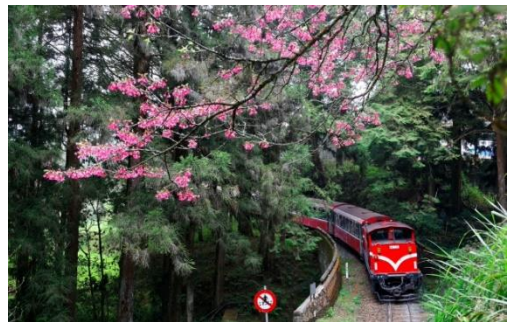
Jiji Old Town – Nestled in Taiwan's Nantou County, Jiji Old Town is a picturesque historic district celebrated for its impeccably preserved Japanese colonial-era architecture. Dominated by the iconic Jiji Train Station, the town offers a stroll through charming streets, featuring traditional buildings, Wuchang Temple and the historic Jiji Bridge over the Zhuoshui River.

Yuyupas Cultural Park – Situated at an elevation of 1,200 meters in the Alishan Mountain ranges, Yuyupas encompasses an array of cultural and historical artifacts, as well as dining areas, tea houses, a theater, millennium wood exhibits, and an arts and crafts center.

Day 7: Alishan to Taipei

Meals: B

This morning, start your exploration of the beautiful Alishan Forest Recreation Park. Enjoy a short ride on the Alishan Forest Train, the highest narrow-gauge train in Asia as it winds its way through dense forests. Continue your sightseeing around Alishan stopping at natural sights such as the Sister Pond, Brother Tree and Three Generation Tree. This afternoon, transfer 1.5-2 hours to Chiayi train station for your high-speed train, reaching speeds of up to 300km per hour, approximately 1.5 hours back to Taipei. Meet your English-speaking assistant on arrival and transfer to your hotel by taxi for an evening at your leisure.



Please note: you will need to carry your own luggage on and off the train. Whilst onboard, you will be unescorted by a guide.

Accommodation: The Riviera Hotel, Taipei (or similar)

Destination Information

Alishan Forest Recreation Park – Nestled in Taiwan's Alishan Mountain range, this area is a renowned national park celebrated for its picturesque landscapes and misty mountains. With its serene environment and lush forests, Alishan is a popular destination for those seeking a tranquil retreat and a connection with nature in the heart of Taiwan.

Day 8: Depart Taipei

Meals: B

After breakfast and check-out, the day is yours at leisure until it's time to transfer to the airport for your onward flight.

Late check-out is not included. Additional nights' before and after your tour can be arranged. Please contact our Reservations team to book.



TAIWAN TRAVEL INFORMATION

VISAS:

A visa is not required for Australian citizens visiting Taiwan for stay up to 90 days.

INSURANCE:

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance. We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

EATING IN TAIWAN:

Taiwanese cuisine is delicious, colourful and healthy. Meals are usually served with a bowl of rice and several dishes of vegetables, sea food (normally fish and/or shrimps), and meats (pork, beef or chicken). Taiwan's other main staple is noodles, most famous being beef noodle. Food is an important element of Taiwanese culture. It is a time for families and friends to come together and much of family life revolves around the dinner table. Most food is eaten with chopsticks so best get practicing as cutlery is not always available at restaurants.

Meals as listed in the itinerary (excluding drinks) are included. Breakfast will be at your hotel and mostly buffet style but may be a set-menu. Dinners where included are usually the hotel is usually buffet-style, featuring a wide selection of high-quality Taiwanese and Western dishes, whereas lunch at a local restaurant is usually Taiwanese pre-set options. We usually find this style of dining suits the wide and varied tastes of our customers on tour. Beverages will be at your own expense and are readily available.

Please note: if you have any dietary requirements, you must inform us before your tour starts, and please be aware that restaurants may not always be able to accommodate these. Gluten-free food may not be as readily available as in Australia.

PLEASE INFORM US OF ANY ALLERGIES AND/OR SPECIAL DIETARY REQUIREMENTS AT TIME OF BOOKING.

PUBLIC HOLIDAYS:

If you are travelling within the below Public Holidays please note that celebrations last for several days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded. Chinese New Year is from 8 – 14 February 2024 and 28 January – 4 February 2025. Tomb sweeping day falls between 4 April – 7 April annually. Dragon Boat Festival falls on 8 – 10 June 2024 and 30 May – 1 June 2025. Golden Week public holidays fall annually between 29 April – 3 May.

ACCOMMODATION:

Your accommodation is selected for convenience of location, comfort or character. All hotels listed are subject to change depending on availability at time of booking and we reserve the right to substitute with another hotel in similar standard. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and Taiwan. We cannot guarantee the availability of double beds. All hotels have private western bathroom facilities, air-conditioning, TV and telephone. Hotels in Taiwan often do not have porters and you will be required to carry your own luggage. If you experience any difficulty, please speak to your local guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

TRANSPORT:

High-Speed Train: On this tour, you will take a high-speed rail (HSR) in standard-class reserved seats. The seating configuration is 3 x 2 and each seat is equipped with a fold-down tray. There is free Wi-Fi available onboard along with a food trolley service, and western toilets in most carriages. Luggage should not exceed 150cm in length per piece, or 220cm in total length, width and height per piece, and 40kg in total weight.

Local Train: On this tour, you will take a local train in standard-class reserved seats. The train from Taipei to Hualien will either be on the Taroko Express or Puyuma Express which are very similar in travelling time, speed, interior and facilities. The seating configuration is 2 x 2 and each seat is equipped with a fold-down tray. There is a food trolley service available onboard, along with western toilets in most carriages.

Travelling Onboard: Tickets (provided to you locally) must be presented on both entry to and exit from the platform areas, so please do not misplace your ticket as fines apply. Prohibited items include explosive, flammable, volatile, radioactive, toxic, oxidizing, corrosive and infectious materials and other dangerous items. Keep valuable items with you and ensure your suitcase has a lock. Please refrain from smoking onboard, taking shoes off, chewing betels nuts, and odorous food. Please switch mobile devices to silent mode and talk in a low voice. Please keep the seat clean and use the trash bin and resource recycling bin at the entrance of the car.

Cars: Private cars with air conditioning are used on our Private tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. The size of the vehicle will vary between cities and dependant on the number of travellers. All vehicles have space for one suitcase and one hand luggage per person. Roads in Taiwan have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road – not just 1-2 kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only. There may be sections of road where the surface is bumpy but our drivers will do their utmost to lessen the impact.

TIPPING:

Tipping while on holiday is common in most parts of the world and Taiwan is no exception. For Private Tours, tipping is at your own discretion and we recommend the following amounts paid in the equivalent local currency.

- Tour Guide: US\$8-10 per person, per day
- Drivers: US\$3-5 per person, per day
- Hotel Maid & Porterage: US\$1-2 per use
- Restaurants (with no added service charge to the bill): 10-15% per meal

DEVELOPMENT IN TAIWAN:

Taiwan is a developed country and as such matches the west in modernity and technological advances in many aspects. Taiwan is a safe country to visit and the locals are very friendly and willing to help visitors.

VACCINATIONS AND YOUR HEALTH:

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au

BEFORE YOU LEAVE:

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

AFTER YOUR BOOKING:

Once you have booked with Wendy Wu Tours, you will receive an email with your invoice, along with a link to our website where you can find your visa information (if applicable) and other important information. Please note that it can take 2-7 business days to confirm a Private Tour. Your final documentation pack will be sent to you approximately 2 weeks prior to departure.

Updated: January 2024