



Thailand & Laos Adventure

Go Beyond Tour | 15 Days | Physical Level 2

Bangkok – Chiang Mai – Hmong Hilltribe - Chiang Rai – Pak Beng – Luang Prabang – Vientiane

Perfectly combined to create an unforgettable experience, venture off the beaten track to discover the colourful hilltribe cultures of Thailand's northern highlands and explore the tranquil treasures and rich culture of beautiful Laos.

- ▪ Cruise the Chao Phraya River
- ▪ Discover Chiang Mai charms by cyclo
- ▪ Spend a night at a Hmong Hilltribe lodge
- ▪ Stroll through laidback Chiang Rai
- ▪ Meet monks in Laos
- ▪ Bathe in the pools of the Kuang Si Falls

TOUR MAP



THAILAND & LAOS ADVENTURE TOUR INCLUSIONS:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escorts (if your group is 10 or more passengers) or Local Guides
- Visa assistance for Australia passport holders (please see visa section below for further information)
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

GO BEYOND TOURS:

Venture off the beaten track to explore fascinating destinations away from the tourist trail. You will discover the local culture in depth and see sights rarely witnessed by other travellers. These tours take you away from the comforts of home but will reward you with the experiences of a lifetime. These tours include:

- Walking through classic sites
- Unique cultural experiences and encounters
- Off the beaten track destinations
- More evenings at leisure for independent exploration

PHYSICAL LEVEL 2:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights. 'Thailand & Laos Adventure' is rated as a **physical level 2** tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

- There will be sightseeing on foot for both short and extended periods of time
- You will be required to get on and off small boats without assistance

Of course, our National Escort and local guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

JOINING YOUR TOUR:

The tour is 15 days in duration including overnight international flights in one direction as this is the most likely flight option from Australia.

Travellers booked on 'Land Only', the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour, or when booking pre and post night accommodation with Wendy Wu Tours. Please email your international flight times to info@wendywutours.com.au so we can arrange your transfers accordingly.

Join the tour on Day 1 in Bangkok and end the tour on Day 14 in Vientiane. Please refer to your final itinerary for more specific meeting instructions pertaining to your departure. An informal Welcome Dinner will be held on Day 1 of the itinerary. If you miss this due to your arrival time, all information will be provided to you at breakfast the following morning.

ITINERARY CHANGES:

It's our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we'll make the best possible arrangements maintaining the integrity of your trip.

DETAILED ITINERARY

Day 1: Bangkok

Meals: D

You will be met at Bangkok airport in the arrivals hall by your Local Guide or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will transfer approximately 1 hour to your hotel and check-in to your room. There is no sightseeing today.

Meeting point at the airport is located at Exit B Gate no.6. Your National Escort/ Local Guide will welcome you there holding a signboard.

**Destination Information**

Bangkok - Bangkok has been Thailand's dominant city since the 18th century. It was established as the capital after the former capital Ayutthaya was attacked by the Burmese and burned down. The emerging city, which was protected by a wall, was occupied by a large number of stilt and floating houses built to adapt to common seasonal flooding. Up until the Vietnam War, Bangkok was still largely undeveloped until it became a popular place of rest and relaxation for the American soldiers, which resulted in a boom of nightclubs, massage parlours and bars. However, in the 80's and 90's, Bangkok underwent rapid modernisation and exploded into the metropolis it is today; a city that is lined with skyscrapers and is full of life. Bangkok's dazzling neon signs, charming architecture, spicy Thai cuisine and colourful markets make for an exciting first few days of our tour.

Day 2: Bangkok

Meals: B, L, D

Enjoy a sightseeing tour of the city today. Tour the Grand Palace, Wat Pho and Chinatown before taking a cruise down Chao Phraya River on a longboat to Pak Khlong Talaat Flower Market, whilst enjoying an alternative view of the city. Sightseeing involves around 5 hours on foot today and involves hopping on and off the boats, often on unsteady and sometimes slippery surfaces, without handrails or assistance. This evening, have a delicious Thai meal for dinner and enjoy a performance of traditional Thai dancing.



Destination Information

Wat Pho - One of Bangkok's largest temples. Experience the monk's chant as you explore the grounds of Wat Pho, which is over eight hectares. The largest reclining Buddha and the largest collection of Buddha images in Thailand are housed here.

Grand Palace - The Grand Palace is the city's most famous landmark. Built in 1782, for 150 years it was the home to the Thai King, the royal court and administrative seat of government. Within the Palace are several impressive buildings, including the Temple of the Emerald Buddha.

Pak Khlong Talaat Flower Market - The biggest wholesale and retail fresh flower market in Bangkok.

Chinatown - Teeming with market stalls and side street restaurants, Chinatown is a not to be missed experience in Bangkok.

Day 3: Bangkok- Chiang Mai

Meals: B, L, D

Explore the Maeklong Railway Market, a market that makes its home right on the tracks. Drive to Damnoen Saduak Floating Market where you will travel by a motorised or paddle wooden boats through the canals.

Return to Bangkok ahead of this evening's 1-hour flight to Chiang Mai.



Destination Information

Maeklong Railway Market – As the train rolls slowly through eight times a day, inches away from the goods for sale, this market makes for an unusual spectacle and an interesting place to walk and shop on the tracks.

Damnoen Saduak Floating Market - Step back in time to experience the traditional way farmers would trade their produce. The canals are lined with boats that are paddled by local women and piled high with vegetables, fruit and even souvenirs for the tourists. Sit back and soak up the atmosphere as the locals go about their daily life and entertain with their haggling techniques.

Chiang Mai - Located among tall mountains, Chiang Mai is the largest and most culturally significant city in northern Thailand. The city was founded in 1296 and was the capital of the Lanna Kingdom, which was eventually occupied by the Burmese. For the next 200 years Chiang Mai was virtually abandoned until it was again taken over by Siam in the 18th century. During the 20th century, Chiang Mai became a thriving centre for handicraft pottery, weaving, silverwork and woodcarving; however, tourism took over in the 1960's as the main source of income. Today, Chiang Mai is famous for its hilltribes, tea plantations and elephants

Day 4: Chiang Mai

Meals: B, L, D

Begin by taking a cyclo tour of the city. Then you will visit Folk Life Museum, Wat Chedi Luang and Wat Prah Singh before enjoying lunch at a local restaurant. This afternoon Wat Doi Suthep offering a panoramic view of Chiang Mai, you will have the option to climb the Naga staircase or catch the cable car to visit the exquisite Golden Pagoda. This evening we will enjoy a typical Thai (Kantoke) dinner while watching a performance of ancient dances and songs from northern Thailand by various hill tribes. Afterwards we will have an opportunity to visit the colourful Chiang Mai Night Market.

**Destination Information**

Folk Life Museum – The museum recreates traditional Lanna village life inside a former Thai Colonial-style provincial court.

Wat Chedi Luang – This famous ruined temple is where the ‘Emerald Buddha’ was once enshrined.

Wat Phra Singh – A Buddhist temple, Wat Phra Singh was founded in the 14th century to enshrine the ashes of King Kam Fu.

Wat Doi Suthep - One of Thailand’s most sacred temples. Tucked away in the mountains at 1,056 metres above sea level, it offers a panoramic view of Chiang Mai. Here we can climb the Naga staircase or catch the cable car to visit the exquisite golden pagoda.

Day 5: Chiang Mai - H’mong Hilltribe Lodge

Meals: B, L, D

This morning, visit the local yoga centre, and enjoy a meditation session. Later this morning journey into the hills surrounding Chiang Mai. Transfer approximately 1 and a half hours by minivan, crossing the countryside, passing forests, farms and villages reaching the village where you will spend the night in a traditional Hmong Hilltribe Lodge. The H’mong Hilltribe Lodge is made up of ten individual houses, each comprising of four separate rooms with private bathrooms, arranged around a central communal area. Optional activities this afternoon include a short hike to the village, hire a bike, have a massage or relax by the pool. You also have the chance to join in a meditation or yoga session (depending on availability). This evening, enjoy a barbecue and a cultural show



Destination Information

Hilltribes - Northern Thailand is home to various tribal people who migrated from China and Tibet over the past few centuries. They now inhabit the remote border areas between northern Thailand, Laos and Myanmar (Burma). The six major hill tribes within Thailand are the Akha, Lahu, Karen, Hmong, Mien and Lisu, each with a distinct language and culture.

Day 6: H'mong Hilltribe Lodge - Chiang Rai

Meals: B, L, D

This morning, visit the Thai Elephant Care Centre in Mae Rim. The centre is located in the beautiful Mesa valley and is the peaceful final resting place for old elephants. You will be met by one of the local caretakers at the gate and he will guide you through the centre, explaining about the centre and its inhabitants, and you will of course have a look at the impressive beasts and their lifelong caretakers.



Continue 90 minutes to Tha Ton, a small town by the Mae Kok River and board your long tail motor boat for your cruise to Baan Pha Tai. Upon arrival drive a further 2 hours to Chiang Rai and take a walk around the night market.

Destination Information

Thai Elephant Care Centre – a care centre dedicated to looking after elderly elephants in their final stage of life.

Chiang Rai – The northern-most province of Thailand sharing borders with Myanmar and Laos, and also one of the most ethnically diverse provinces in Thailand. The province is abundant with natural scenery; lush rice terraces, hills scattered with orchids and the mountains of Myanmar and Laos are visible in the distance.

Day 7: Chiang Rai

Meals: B, L, D

Today take a peek into some of the hidden artistic gems of Chiang Rai with a visit to Wat Rong Kun, also known as the White Temple. After lunch visit a tea plantation on Doi Mae Salong to taste the local tea.



Destination Information

White Temple - One of the most recognisable temples in Thailand, the White Temple is a contemporary Buddhist and Hindu temple designed by Thai artist Chalermchai Kositpipat in 1997.

Mae Salong - Once known as a centre for opium trade in the golden triangle, Mae Salong is now associated with tribal villages and for the production of excellent local tea.

Day 8: Chiang Rai - Pak Beng

Meals: B, L, D

Rise early to reach the border into Laos and join your Mekong cruise to Pak Beng. The boat is a local wooden slow boat with a roof and toilet. You will be travelling for approximately 6 to 7 hours today, depending on the water level and will be served lunch on board your cruise. Stop along the way to observe rural life visiting Ban Houy Lumpair H'mong village, arrive in Pak Beng before sunset to check in to your hotel.



You will need to pack a smaller overnight bag for your trip to Pak Beng. Main luggage will be left in safe storage on the boat and picked up on arrival in Luang Prabang

Destination Information

Pak Beng – A traditional village on the Mekong River, Pak Beng is the first stop in Laos for travellers crossing the border by slow boat.

Day 9: Pak Beng – Luang Prabang

Meals: B, L, D

After breakfast, board the boat for the second leg of the cruise. Continue to Pak Ou village at the mouth of the Nam Ou River, where you visit the Pak Ou Caves of a Thousand Buddha's. Arrive in Luang Prabang and check in to your hotel



Destination Information

Pak Ou Caves - The caves are noted for their miniature Buddha sculptures. Hundreds of very small and mostly damaged wooden Buddhist figures are laid out over the wall shelves. They take many different positions, including meditation, teaching, peace, rain, and reclining (nirvana).

Luang Prabang - The capital of the province of the same name, Luang Prabang lies in a valley at the confluence of the Mekong and Nam Khan rivers. It is known for its many Buddhist temples, including the gilded Wat Xieng Thong, dating to the 16th century, and Wat Mai, once the residence of the head of Laotian Buddhism.

Day 10: Luang Prabang

Meals: B, L, D

Visit Ban Xangkhong Craft Village, where you can see Sa Paper and local handcraft production. Later visit Wat Xieng Thong, the finest example of Luang Prabang architecture, and Wat Visoun. Talk with local monks and young people at a local temple

**Destination Information**

Wat Xieng Thong - A Buddhist temple (wat), located on the northern tip of the peninsula of Luang Prabang, Laos. Wat Xieng Thong is one of the most important of Lao monasteries and remains a significant monument to the spirit of religion, royalty and traditional art. There are over twenty structures on the grounds including a sim, shrines, pavilions and residences, in addition to its gardens of various flowers, ornamental shrubs and trees.

Day 11: Luang Prabang

Meals: B, L, D

Rise early this morning to view Takbat, a Buddhist ceremony before visiting the Phousi Temple and the National Museum. Drive 1 hour to Kuang Si Waterfall, visiting a local market en route. Sightseeing at the waterfall will involve around 1 hour of light walking and on the way up to the waterfall you follow a bush walking track which has a slight upward gradient. Return to Luang Prabang stopping at Ock Pop Tok Weaving Centre.

**Destination Information**

Kuang Si Waterfalls - A three tier waterfall about 29 kilometres south of Luang Prabang. The falls begin in shallow pools atop a steep hillside. These lead to the main fall with a 60 metres cascade. The falls are accessed via a trail to a left of the falls. Water collects in numerous turquoise blue pools as it flows downstream. The many cascades that result are typical of travertine waterfalls. There are walkways and bridges for your enjoyment. Most of the pools are open to swimming.

Day 12: Luang Prabang - Vientiane

Meals: B, L, D

Enjoy a day at leisure until your 45 minute flight to Vientiane. On arrival check in to your hotel.



Destination Information

Vientiane - Vientiane, Laos' laid-back capital, mixes French colonial architecture with Buddhist temples such as the golden, 16th-century Pha That Luang, a national symbol. Along broad boulevards and tree-lined streets are notable shrines including Wat Si Saket, which features thousands of Buddha images, and Wat Si Muang, built on a Hindu shrine. Many bakeries, cafes and villas seem straight out of 19th-century Paris.

Day 13: Vientiane

Meals: B, L, D

This morning visit Talaat Sao - Vientiane's Morning Market. Then continue to Wat Sisaket, the oldest original temple in Vientiane. Head out of town to visit one of Laos' slightly stranger attractions - Xieng Khuan Buddha Park. En route take a look at the impressive Friendship Bridge which spans the Mekong River. This evening, enjoy dinner with some traditional Laos music and dance.



Destination Information

Wat Si Saket - Wat Si Saket is a Buddhist wat built in 1818 on the order of King Anouvong (Sethathirath V.) built in the 'Siamese style' of Buddhist architecture, with a surrounding terrace and an ornate five-tiered roof, rather than in the Lao style. This may have kept it safe, since the armies of Siam that sacked Vientiane following Anouvong's rebellion in 1827 used the compound as their headquarters and lodging place. It may be the oldest temple still standing in Vientiane. The French colonial government restored Wat Si Saket in 1924 and again in 1930. Wat Si Saket features a cloister wall with more than 2,000 ceramic and silver Buddha images.

Xieng Khuan Buddha Park - Built in 1958 this park on the banks of the Mekong River approximately 35 kilometres from the city is the site of a large collection of many kinds of Buddhist and Hindu Sculptures.

Day 14-15: Depart Vientiane

Meals: B

Today is at leisure until transferring to Vientiane airport for your final flight home, arriving the following day.

Late check-out is not included in our South East Asia group tours. If you wish to book a late check-out for your final day, please contact our reservations department who can confirm additional pricing and make this arrangement for you, subject to availability at the hotel.

THAILAND & LAOS ADVENTURE TRAVEL INFORMATION

VISAS:

Thailand: Australian passport holders do not need a visa for Thailand if they are travelling for less than 30 days for tourist purposes.

Laos: Entry visas are required by all visitors to Laos. As this tour enters by cruise, this is payable locally on arrival (approximately \$40 USD). Two 2 x professional passport photos are required for the visa process. Your guide will assist you with this process.

Please be advised that your passport must have at least six months validity left on it when you arrive back into Australia.

Please note the visa procedures and requirements may change at any time. These changes are often made by the relevant embassy or consulate, Wendy Wu Tours acts as a third party and has no influence on the process of a visa. All information with regards to visas will be updated regularly on our website as we find visas process' are changing on regular basis. For the latest information on visa procedures, processing times and requirements, please kindly refer to our website <https://www.wendywutours.com.au/help-and-advice/passports-and-visas/>

INSURANCE:

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original.

EATING IN SOUTHEAST ASIA:

Southeast Asia is home to an incredibly rich food history. The local cuisine is known for its intense flavours, spices and some of the freshest ingredients you can find. In general, meals include either rice or noodles and are packed full of flavour. Lemongrass, ginger, lime leaves, coriander, fish sauce and soy sauce are used in most local dishes. Whilst Southeast Asian food has a reputation for being hot and spicy, each region has its own distinct characteristics.

Your itinerary has been carefully crafted to introduce you to a range of local dishes and we hope that you enjoy the culinary adventure ahead. All meals (excluding drinks) are included in our fully inclusive group tours from dinner on the day of your groups' arrival until breakfast on your day of departure.

Determining when it's appropriate to use chopsticks, forks or spoons can be challenging for some travellers, even other Asians, as each country has different customs. In Thailand and some other countries in Southeast Asia, fork and spoon are used for most dishes and chopsticks are typically provided to eat noodles. Usually chopsticks or other utensils are provided to scoop the food into your bowl to prevent your own chopsticks from touching the food that remains on the table. Dining in Southeast Asia is fairly casual with not too many rules. Leaving food on the plate is not considered rude.

Those with dietary requirements will be well catered for - just make sure to inform your booking agent of any specific requirements well in advance of your trip.

GROUP SIZE:

Most of our groups consist of 10 travellers or more and will be accompanied by a national escort. There will usually be no more than 18 travellers on a Go Beyond group, although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so. For groups with fewer than 10 travellers, departures will operate with local guides only.

ACCOMMODATION:

Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between Australia and Southeast Asia. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Plumbing and electricity supplies can be erratic and quite often the power in hotel rooms is turned off while guests are out of the room. If you experience any difficulty, please speak to your National Escort/Local Guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

Solo travellers: If you are a solo traveller and willing to share a room, you will not have to pay a single supplement for any hotel rooms. Willing to share single travellers booking within 75 days of the first day of a group tour will be subject to availability. If no suitable match is available at time of booking you will be required to pay all single supplements.

PORTERAGE:

Please be aware that portorage is not included on our tours in Southeast Asia. You will therefore need to be able to handle your own luggage within the hotel and when using transportation like trains and coaches.

TRANSPORT:

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. **However, mini buses may be used for smaller groups (under 10 passengers).** Roads in Southeast Asia have generally improved over recent years, but traffic and/or weather conditions may extend driving times. Road construction work usually covers an enormous section of road - not just one or two kilometres as you may be used to. For this reason, the timings listed in the itinerary are approximations only.

Planes: Internal flights are based on economy class, with reputable airlines.

Boats: You will travel by speedboats and slow boats during various portions of your Thailand and Laos itinerary.

TIPPING POLICY:

Tipping while on holiday is common in most parts of the world and Southeast Asia is no exception. However, it is not always clear who it is appropriate to tip and how much. Furthermore, travellers may not have the right amounts of cash available at the right time. In order to avoid any inconvenience Wendy Wu Tours operates a tipping policy where a stated amount is given to your national escort at the beginning of your tour and tips are disbursed to local guides and drivers throughout your tour. The amount is designed to be at a reasonable level for travellers while being fair to the local people and includes a gratuity for the national escort.

If you are travelling in a smaller group with local guides only, then tipping is paid in each destination. To be fair to the guides we ask for slightly higher amounts per traveller with small groups.

We generally find that most customers appreciate the convenience of our tipping policy but we do recognize that it may not suit everyone. However, as this is a group tour we ask that everyone follows the same protocol to be fair to other group members and to ensure smooth operation of your tour.

DEVELOPMENT IN SOUTHEAST ASIA:

Although Southeast Asia is developing quickly, it still lacks the international standards of civil infrastructure and tourist facilities. Concepts of personal responsibility are also different to those in Australia. Consequently, tourist and public facilities may not uphold the same safety standards as in Australia; for example, you may see a hole in the road without a warning sign or safety barricade. All of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday

so we ask that you take extra care, use your common sense, refer to notices and follow advice from your National Escort or Local Guides.

PUBLIC HOLIDAYS:

If you are travelling within Thailand and Laos Public Holidays please note that celebrations can last a couple of days and during these times some businesses will be closed and coach, air and train travel may be affected. Tourist attractions will be open, but may be crowded.

Christmas Day, New Year's Day, Chinese New Year and Good Friday –

Thailand: Chakri Memorial Day - 8th April, Songkran Festival 13th – 16th April, Labour Day – 1st May, Coronation Day – 6th May, the Queen's Birthday – 3rd June, the King's Birthday – 29th July, Chulalongkorn Memorial Day – 23rd October.

Laos: International Women's Day is 8th March and Laos New Year Holiday 13th – 16th April
Dates are an example and subject to change.

SOUVENIRS:

We want to be able to give you an opportunity to buy souvenirs, so we include some stops at museums or exhibitions which demonstrate a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

LUGGAGE:

All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of 5kg. It is essential that your luggage is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

PERSONAL EXPENSES AND OPTIONAL TOURINGS:

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you. Based on the advice of previous customers an approximate amount of \$300AUD per person, per week should be sufficient; however, for those that can't resist a bargain or may wish to participate in all of the optional excursions, consider allocating a higher amount.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available. In your Final Documentation an Optional Excursion Sheet will be included outlining the activities available in each city and local cost associated. Please ensure you have additional funds available if you feel you may

wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

CLIMBING STEPS:

Sightseeing at nearly all of the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defense against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Hindu and Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries, who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully.

VACCINATIONS AND YOUR HEALTH:

We recommend that you contact either your GP or Travelvax (1300 360 164) for advice on vaccinations and travel health. Travelvax has a comprehensive website that you may also find useful www.travelvax.com.au

BEFORE YOU LEAVE:

We strongly recommend registering your travel plans with www.smartraveller.gov.au as in the event of an emergency, Australian Consular assistance will be more readily available. You can also access the Australian Government's travel advisory service for up to date information about your destination on the same website.

AFTER YOUR BOOKING:

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice including a visa application form (if applicable), and a help sheet. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.

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